



WEEK 5: INTEGRITY — THE WAY TO BE MADE WHOLE

Talk-it-Over-Notes | July 26-27, 2025

REVIEW IT

The world is looking for the breath of fresh air that is integrity. Integrity is the quality of being honest and having strong moral principles. Integrity is the state of being whole and undivided. Paul told Timothy to “Watch your life and doctrine closely.” To live with integrity... 1) I must be honest about my value and worth to God. 2) I must be honest about my struggles and sin. 3) I must be honest about the consequences of sin. 4) I must be honest with others.

*Watch your **life** and **doctrine** closely.
1 Timothy 4:16 NIV*

Spend some time in Scripture: Read Psalm chapter 139

TALK IT OVER

1. Look over the message outline. What stood out to you about this message?
2. Who is someone you know who lives with integrity? What makes you think of them?
3. Why do you think it's so easy for people to be “religious” and so hard to be real? In other words, why do they play pretend in front of different groups of people?
4. What is your biggest barrier to truly seeing yourself as deeply loved and valued by God?
5. How has being honest with others impacted your life? How would a regular practice of being honest with others set you free?

ACT ON IT

Who is a safe person with whom you can begin to be known? Look over the four points of the message. How can you begin to walk with integrity?

Celebrate Recovery is a great place to begin to be known and walk with integrity.
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PRAY ABOUT IT

Finish by asking how you can pray for one another. And then close in prayer.

Take a moment to look at Luke 21:1-4 again. Take some time and reflect on Jesus watching this offering. Place yourself in the story. What would Jesus say about the posture of your heart when you give?