

“Commitment Sunday”

Open It:

- What’s something you’ve committed to that ended up being harder and more rewarding than you expected?
- When you hear the word “commitment,” what feelings or thoughts come to mind?
- Why do you think it’s often easier to start something new than to stick with it over time?



Read It:

-  Proverbs 16:3
-  Galatians 6:7-10

Explore It:

Commit It to the Lord (Proverbs 16:3)

-  Proverbs 16:3 says, “Commit to the Lord whatever you do, and he will establish your plans.” What does it mean to “commit” something to the Lord?
- The Hebrew word for “commit” means “to roll.” How does that image help you understand what it means to trust God with your plans?
- What are some burdens or plans you might need to “roll” onto God right now?
- Why is it sometimes difficult to surrender our plans—even good ones—to God’s leadership?

Aligning and Acting with God’s Leadership

- The message said we should “Pray. Align. Act.” How does that process describe healthy decision-making for believers?
- What does it look like to “roll with God’s leadership” after you’ve rolled your burdens over to Him?
- How can aligning your plans with God’s purpose bring peace or clarity in seasons of uncertainty?
- Why is dependence on God so essential in both small and large decisions?

Sowing and Persevering (Galatians 6:7–10)

- Galatians 6:7 teaches that “a man reaps what he sows.” What do you think Paul means by that?
- The message pointed out that we can sow in two fields: the flesh or the Spirit. What does it practically look like to “sow to please the Spirit”?
- What does it mean to “not become weary in doing good”? What are some reasons we become weary?
- How does this passage encourage us to keep serving, giving, and doing good even when results aren’t immediate?

Encouragement for the Journey

- Where in your life right now do you need the reminder, “Don’t give up—keep sowing”?
- How have you seen God produce fruit in a season that once felt fruitless or discouraging?
- How does Jesus model perseverance and faithful sowing for us?
- The message repeated, “Jesus is with you, and Jesus is for you.” How does that truth sustain you when you feel weary or unsure?

Do It:

- What’s What specific plan, project, or problem do you need to “roll over” to God this week?

- What's one "good work" you need to keep doing even though you're tired or discouraged?
- How can you create rhythms in your week that help you pray, align, and act with God's leadership?
- Who in your life might need encouragement to keep sowing good seeds?
- How could your small group help one another avoid weariness in doing good?
- What would it look like for your group to commit together to God's plans for this season?