

1. **How is everyone doing this week? Any new challenges? How have you seen God at work? (make this a regular feature, nothing encourages like reports of what God is doing in our lives)**
2. **How has God's word impacted your life this week?**
3. **What resonated with you the most from today's message and why?**
4. **How do you normally initially view storms and trials that you face? As a punishment? As a test? As an opportunity for God to reveal Himself? For our growth?**
5. **If our storms are sometimes the place that God directs us, why do we often still feel shame, embarrassment, and a need to hide from others what we are going through?**
6. **What role has community played in helping you navigate times of suffering?**
7. **Why do you think it was important for Jesus to reveal both his humanity and then his divinity in this moment to his disciples? How are both an encouragement to us today?**
8. **When facing storms, what false beliefs sometimes begin to creep in? What have you done to combat those thoughts?**
9. **When we are in the midst of storms, is our first response to run to God or to try something else? If something else, what do we normally try first? What do we need to do now to ensure that we are always going to God first?**
10. **What is one practical thing that you can take away from today and apply to your life?**