

The LORD's Prayer

Deliver us from Evil

Day 1: The Father's Love

Reading: *Matthew 6:9-13, John 3:16-17*

As we begin our journey through the Lord's Prayer, we start by addressing God as "Our Father." This intimate form of address reminds us of the profound love God has for us. Just as Jesus taught us to approach God with the trust of a child, we are invited into a deep, personal relationship with our Creator. Today, reflect on what it means to be a beloved child of God. How does knowing God's unconditional love change your perspective on life's challenges? Consider ways you can rest in and respond to this love throughout your day.

Day 2: Daily Bread and Divine Provision

Reading: *Matthew 6:11, Exodus 16:1-18*

"Give us this day our daily bread" speaks to more than just physical sustenance. It points to a mysterious, spiritual nourishment that God provides. Like the Israelites receiving manna in the wilderness, we are called to trust God for our daily needs. This petition invites us to recognize our dependence on God and to seek His provision in all areas of our lives. Today, consider what "daily bread" means for you. What are you hungering for spiritually? How can you open yourself to receive God's provision, both tangible and intangible?

Day 3: Forgiveness and Grace

Reading: *Matthew 6:12, Colossians 3:12-14*

Forgiveness is at the heart of the Christian faith, yet it's often one of the most challenging aspects to live out. When we pray "forgive us our debts, as we also have forgiven our debtors," we're acknowledging our own need for grace while committing to extend that same grace to others. Reflect on areas in your life where you need to receive or extend forgiveness. How can embracing God's forgiveness help you forgive others? Consider a practical step you can take today to move towards reconciliation in a relationship.

Day 4: Resisting Temptation

Reading: *Matthew 6:13a, James 1:12-15*

"Lead us not into temptation" is a plea for God's guidance and protection in times of testing. It recognizes our human vulnerability and our need for divine strength. This part of the prayer invites us to be honest about our weaknesses and to rely on God's power to overcome them. Today, reflect on areas where you feel particularly vulnerable to temptation. How can you invite God's presence and power into these situations? Consider developing a specific strategy, rooted in prayer and Scripture, to help you stand firm in moments of testing.

Day 5: Deliverance from Evil

Reading: *Matthew 6:13b, Romans 12:17-21*

The final petition, "deliver us from evil," acknowledges the reality of evil in our world and in our hearts. It's a cry for God's protection and a commitment to stand against evil in all its forms. Paul's exhortation in Romans provides practical guidance on how to overcome evil with good. Today, reflect on how you can be an agent of God's goodness in the face of evil. Are there situations where you're tempted to repay evil with evil? How can you instead choose to respond with love and grace? Consider one specific way you can "overcome evil with good" in your interactions today.