



Life Group Discussion Guide
“Finding Joy in Knowing Christ” – Philippians 3:1-11
Scott Paulson – November 2, 2025

Main thought:

True joy is found not in what we achieve for God, but in what we receive from God through knowing Christ—letting go of self-confidence and embracing His power, righteousness, and life within us.

Ice-Breaker

- If you could speak another language, what would you choose and why?
- What stood out to you from video of the missionaries we support as a church, Caleb & Emily Arnold?

Questions

1. What stood out to you from Philippians 3:1-11?
2. Paul says that he’s writing these things again as a safeguard. Why does he need to repeat this message? Why is it ok to repeat it?
3. Paul warns about “those who put confidence in the flesh”. What does this mean?
4. What are some modern equivalents of the things Paul listed—credentials, performance, reputation, or religious activity—that people use to measure spiritual worth and to supposedly gain a better standing with God?
5. How can focusing on outward appearances or religious activity steal your joy?
6. Paul says he came to “consider all things loss because of the surpassing worth of knowing Christ Jesus”. What helped Paul make that shift in values?
7. What are some things that might be hard for you to “move from the profit column to the loss column”? What are some things that you have been able to recognize and shift your focus with?
8. What does it mean to have “a righteousness that comes through faith in Christ”? How does this differ from trying to earn righteousness through the law or good works?
9. If the Christian life is not what you can do for Jesus, but what Jesus can do through you, what would need change the way you approach serving, praying, or working for God?
10. How does “participating in Christ’s sufferings” lead to deeper joy rather than less joy?
11. How might the “power of His resurrection” give you strength in a specific area of weakness, loss, or weariness right now?
12. How could you express to someone you know what it means to find joy in knowing Jesus this week?
 - a. What might that conversation look like in a natural, relational way?
 - b. Who in your life needs to see or hear about the joy that comes from knowing Christ?

Prayer: Take some time to pray for each other and for the Arnold Family serving the Tepehuan people in Mexico.