



Life Group Discussion Guide
“Finding Joy in Uncertainty” – Philippians 1:18-30
Scott Paulson – October 12, 2025

Main thought:

We can find joy in uncertain times when we are confident in our eternal future with Christ, which frees us to live boldly, focus on others, and live as true citizens of His kingdom today.

Ice-Breaker

- What funny, unique, or irrational fear sometimes runs through your mind?

Questions

1. What stood out to you from Philippians 1:18-30?
2. Paul found joy even in prison because he was confident in his ultimate future with Christ. How does having an eternal perspective change the way we face today's challenges and uncertainties?
3. In what ways does fear of the future steal joy from us?
4. According to verse 19, what two things give Paul confidence?
 - a. How do prayer and the Spirit of Jesus Christ work together in our lives today?
5. Read verse 21 and talk about who you know that lives with this kind of mindset and how it connects to living a life of Joy?
6. What stands out to you about the living and dying principles that were highlighted from verse 21?
7. Paul's confidence in his future freed him to focus on others rather than himself. How does fear make us self-focused? Can you think of a time when confidence in Christ freed you to serve or love others more boldly?
8. Paul says he wants to remain for the progress and joy in the faith of others.
 - a. What does it look like to live for someone else's faith progress and joy?
 - b. Who might God be asking you to help progress in their joy and faith right now?
9. Paul calls the believers to “live worthy of the gospel of Christ”. What does a life worthy of the gospel look like in practical terms?
10. What does it mean to “stand firm in one Spirit” and “strive together as one”? What makes unity so important in gospel witness?
11. Who around you might need encouragement, courage, or hope right now—and what could you do this week to come alongside them and pray for them?
12. Pray that God would help us as a group and as a church to live as people who are secure in Christ's future promise and bold in our present mission.

Prayer: Take some time to pray for each other.