



## FUTURE

January 11, 2026

### ECCLESIASTES 1

## SUNDAY REFRESHER

We spend much of our lives leaning forward, believing the next thing will finally settle our restlessness - the job, the relationship, the milestone, the version of life that has not arrived yet. Ecclesiastes names the ache honestly: the eye is never satisfied, the ear never filled, and the future keeps promising what it cannot deliver.

This message invites us to shift our perspective. The future is not where contentment is found; Christ is. When Jesus becomes the lens through which we view what is ahead, we stop chasing satisfaction and begin living from it.

## PERSONAL REFLECTIONS

- What did God say to you through this passage and teaching?
- Did God reveal anything new to you?
- How is this relevant in your journey to make disciples who Love God and Love people?

## QUESTIONS

- *What is the “thing” in your future that makes your heart skip a beat, and why does it carry so much weight for you?*
- *Can you remember a time when you finally got what you wanted, only to feel the hunger return shortly after? What did that reveal?*
- *How would your outlook on the future change if you truly believed Christ has already given you everything you need?*

## SCRIPTURE REFERENCES

Ecclesiastes 1:8–10 (ESV) | Mark 8:36 (ESV) | Revelation 21:5 (ESV) | Philippians 4:13 (ESV)

## CONCLUSION

Ecclesiastes refuses to flatter us. It tells the truth we often try to outrun - there is nothing in this world that can carry the weight of our longing. New things lose their shine, dreams reach completion and still leave a quiet emptiness, and the future keeps asking for more faith than it can ever repay.

Jesus does not point us toward a better version of tomorrow; He anchors us in what is already true today. If you are in Christ, you are already new. Contentment is not found by arriving somewhere else but by resting in what He has done. As you look ahead, do not ask the future to save you. Let it be shaped by the One who already has.

