





# **How to Study the Bible**

- 1. Write the date and the passage you are studying at the top of the page in your journal.
- 2. Take a moment to pray. Ask God to speak clearly to you through his Word.
- 3. Read the entire passage at least twice. It helps to read a few translations.
- 4. Give each section a heading (e.g., "Meaning") and answer one or two questions from each COMMA section.
  - **C Context** is taking note of what comes before and after the selected passage.
  - **O** *Observation* is looking for the big picture and then zooming in to get the details.
  - **M** *Meaning* is understanding what the author intended to say to the original audience.
  - **M** *Main Idea* is finding the center of the circle, the bull's eye. What is God saying?
  - **A Application** is responding to God's Word with repentance, faith, and obedience.
- 5. Spend a few minutes in silence, meditating on what God has said to you in the Scripture.

# **How to Study the Bible**

- 1. Write the date and the passage you are studying at the top of the page in your journal.
- Take a moment to pray. Ask God to speak clearly to you through his Word.
- Read the entire passage at least twice. It helps to read a few translations.
- Give each section a heading (e.g., "Meaning") and answer one or two questions from each COMMA section.
  - **C Context** is taking note of what comes before and after the selected passage.
  - **O** *Observation* is looking for the big picture and then zooming in to get the details.
  - **M** *Meaning* is understanding what the author intended to say to the original audience.
  - **M** *Main Idea* is finding the center of the circle, the bull's eye. What is God saying?
  - A *Application* is responding to God's Word with repentance, faith, and obedience.
- 5. Spend a few minutes in silence, meditating on what God has said to you in the Scripture.

# **How to Study the Bible**

- 1. Write the date and the passage you are studying at the top of the page in your journal.
- 2. Take a moment to pray. Ask God to speak clearly to you through his Word.
- 3. Read the entire passage at least twice. It helps to read a few translations.
- Give each section a heading (e.g., "Meaning") and answer one or two questions from each COMMA section.
  - **C Context** is taking note of what comes before and after the selected passage.
  - **O** *Observation* is looking for the big picture and then zooming in to get the details.
  - M Meaning is understanding what the author intended to say to the original audience.
  - **M** *Main Idea* is finding the center of the circle, the bull's eye. What is God saying?
  - **A** *Application* is responding to God's Word with repentance, faith, and obedience.
- 5. Spend a few minutes in silence, meditating on what God has said to you in the Scripture.

New City Fellowship's COMMA Journal is a modified version of the COMA method found in *One-to-One Bible Reading* by David Helm, published by Matthias Media and Holy Trinity Church in 2011.

New City Fellowship's COMMA Journal is a modified version of the COMA method found in *One-to-One Bible Reading* by David Helm, published by Matthias Media and Holy Trinity Church in 2011.

New City Fellowship's COMMA Journal is a modified version of the COMA method found in *One-to-One Bible Reading* by David Helm, published by Matthias Media and Holy Trinity Church in 2011.

#### Context

- · What was written right before this and right after this?
- What sort of writing is this (history, law, story, poetry, gospel, prophecy)?
- · What do you know about the human author?
- Who was the original audience? What background information would be helpful?
- What has happened so far in the story?
- Why was it written? What questions are being answered?
- How does it fit into the larger story of the Bible (i.e., creation, fall, redemption, glory)?

#### Observation

- How is the text divided? Look for transition words (i.e., therefore, and, but, thus).
- · Can you outline the passage?
- What is the plot? Where are the high points and low points in the story?
- What is the tone? What is the mood?
- What people, places, things, and ideas are mentioned?
- Are there any words you need to define or look up?
- · What words or ideas are repeated?
- What jumps out to you?
- · What are you curious about?

# Meaning

- What questions do you have about this passage?
- · What is the logical flow of thought?
- What is the author trying to communicate to the original audience?
- · What does this passage teach about God?
- · What does this passage teach about ourselves?
- · What does this passage reveal about Jesus?
- How does this passage point to the need for God's grace?
- What other parts of the Bible shed light on the meaning of this passage?

### Main Idea

- · What is God communicating to us?
- Can you summarize the passage in one sentence?
- · Are there any summary statements in the text?
- · What would you title a book about this passage?
- · What would you post on social media about this passage?
- · What does God want you to know?
- · How does God want you to feel?

# **Application**

- How does God want you to respond to this Scripture?
- How does this passage challenge (or confirm) your understanding?
- · How should this passage impact your emotions?
- Did God reveal any sin that you need to turn away from?
- How does your heart attitude need to change?
- What is something you need to believe?
- · How do you need to change the way you are living?

#### Context

- What was written right before this and right after this?
- What sort of writing is this (history, law, story, poetry, gospel, prophecy)?
- · What do you know about the human author?
- Who was the original audience? What background information would be helpful?
- What has happened so far in the story?
- Why was it written? What questions are being answered?
- How does it fit into the larger story of the Bible (i.e., creation, fall, redemption, glory)?

#### Observation

- How is the text divided? Look for transition words (i.e., therefore, and, but, thus).
- · Can you outline the passage?
- What is the plot? Where are the high points and low points in the story?
- What is the tone? What is the mood?
- What people, places, things, and ideas are mentioned?
- Are there any words you need to define or look up?
- What words or ideas are repeated?
- What jumps out to you?
- · What are you curious about?

### Meaning

- What questions do you have about this passage?
- · What is the logical flow of thought?
- What is the author trying to communicate to the original audience?
- · What does this passage teach about God?
- What does this passage teach about ourselves?
- · What does this passage reveal about Jesus?
- How does this passage point to the need for God's grace?
- What other parts of the Bible shed light on the meaning of this passage?

### Main Idea

- · What is God communicating to us?
- Can you summarize the passage in one sentence?
- Are there any summary statements in the text?
- What would you title a book about this passage?
- · What would you post on social media about this passage?
- What does God want you to know?
- · How does God want you to feel?

### **Application**

- · How does God want you to respond to this Scripture?
- How does this passage challenge (or confirm) your understanding?
- How should this passage impact your emotions?
- Did God reveal any sin that you need to turn away from?
- How does your heart attitude need to change?
- What is something you need to believe?
- · How do you need to change the way you are living?

#### Context

- What was written right before this and right after this?
- What sort of writing is this (history, law, story, poetry, gospel, prophecy)?
- What do you know about the human author?
- Who was the original audience? What background information would be helpful?
- What has happened so far in the story?
- Why was it written? What questions are being answered?
- How does it fit into the larger story of the Bible (i.e., creation, fall, redemption, glory)?

#### Observation

- How is the text divided? Look for transition words (i.e., therefore, and, but, thus).
- · Can you outline the passage?
- What is the plot? Where are the high points and low points in the story?
- · What is the tone? What is the mood?
- What people, places, things, and ideas are mentioned?
- Are there any words you need to define or look up?
- · What words or ideas are repeated?
- What jumps out to you?
- · What are you curious about?

## Meaning

- What questions do you have about this passage?
- What is the logical flow of thought?
- What is the author trying to communicate to the original audience?
- What does this passage teach about God?
- · What does this passage teach about ourselves?
- · What does this passage reveal about Jesus?
- How does this passage point to the need for God's grace?
- What other parts of the Bible shed light on the meaning of this passage?

# Main Idea

- What is God communicating to us?
- Can you summarize the passage in one sentence?
- Are there any summary statements in the text?
- What would you title a book about this passage?
- What would you post on social media about this passage?
- · What does God want you to know?
- · How does God want you to feel?

# **Application**

- How does God want you to respond to this Scripture?
- How does this passage challenge (or confirm) your understanding?
- How should this passage impact your emotions?
- Did God reveal any sin that you need to turn away from?
- · How does your heart attitude need to change?
- What is something you need to believe?
- How do you need to change the way you are living?