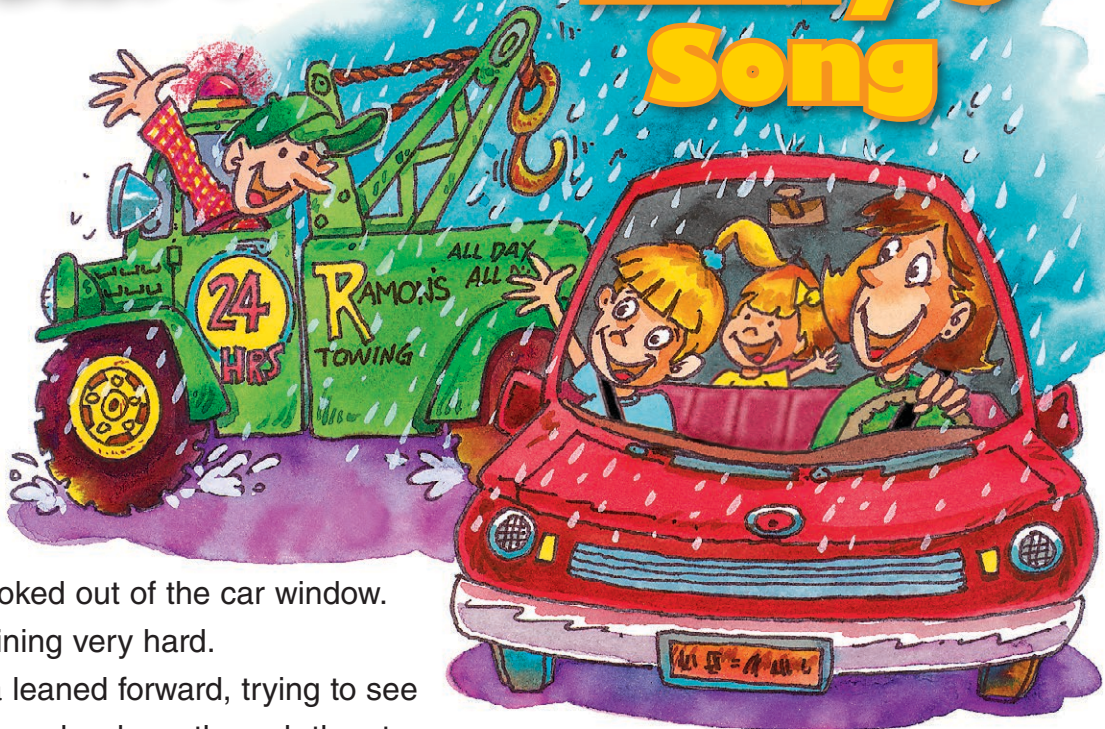


FRIENDS

Lesson 12

Emily's Song



Emily looked out of the car window. It was raining very hard.

Mama leaned forward, trying to see the road as she drove through the storm. "Keep Ava still, Emily," she said.

All at once the car stopped running. "Oh, no!" Mama cried. "We are stalled in an underpass!"

Mama called Ramon's Towing on her cell phone.

Emily felt like crying. But then Ava would cry too. Instead, Emily thought of a song Mr. Walker taught them in Sunday school. She began to sing to Ava, "Jesus can do anything, anything, anything."

Mama flashed the headlights for help. "Keep singing, Emily," she said.

"Jesus can do anything," sang Emily. "He is the Son of God."

Suddenly Emily saw lights ahead. It was Ramon in a tow truck.

Mama lifted Ava out of the car into

Ramon's arms. Emily and Mama climbed into the truck too. They thanked Ramon for coming to help them.

"No problem," said Ramon. "I'm just glad I saw your lights in this heavy rain."

Emily snuggled up close to Mama and put her arm around Ava. She whispered to Jesus, "Thanks for helping Ramon see us. You can do anything!"

Talk-a-Bit

- Have you ever been afraid? Did you ask Jesus to help you? How did He help?
- Think of a song about Jesus that you can sing or a Bible verse you can say the next time you are afraid.

What I learned about Jesus this week: Jesus can help when I'm afraid.

Jesus Stops a Storm

Bible story from Mark 4:1-2a, 35-41

Jesus was very tired. All day long He had talked about God. He had helped many people. Now the day was almost over.

“Let’s go across the lake,” Jesus said to His disciples.

So they got into a boat. Jesus lay down in the back of the boat. He fell asleep there.

The wind began to blow. It made the waves get bigger. Water began to splash into the boat.

Jesus’ disciples were afraid of the storm. They didn’t know what to do. But they did know that Jesus was special. Maybe Jesus could help them.

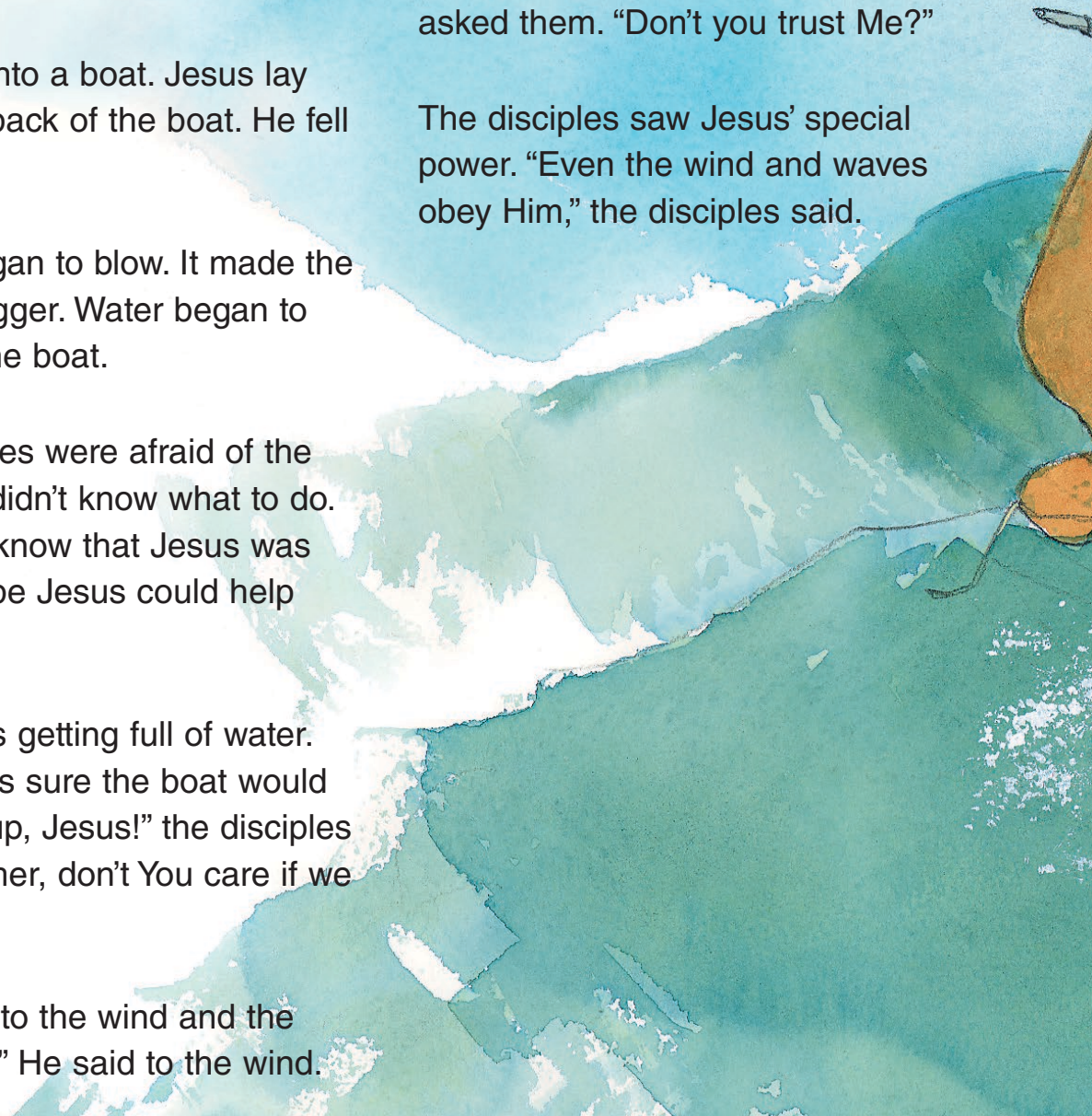
The boat was getting full of water. Everyone was sure the boat would sink. “Wake up, Jesus!” the disciples called. “Teacher, don’t You care if we drown?”

Jesus spoke to the wind and the waves. “Stop,” He said to the wind.

“Quiet! Be still!” He said to the waves. The wind stopped and the waves were still. Everything was quiet on the lake.

Jesus looked at His disciples. “Why were you afraid?” Jesus asked them. “Don’t you trust Me?”

The disciples saw Jesus’ special power. “Even the wind and waves obey Him,” the disciples said.





This Week's Bible Memory Verse:

I can do all this through him who gives me strength.
Philippians 4:13

When You're Afraid

Just remember this message from Jesus.
Connect the dots of the same color to finish the message.



When you're afraid,
Jesus is with you.

From Matthew 28:20

Family Faith Fun

Lesson Focus:

Jesus can help when I'm afraid.

Scary Face Contest

■ Have a scary face contest, letting each family member try to look the most scared. Then tell each other something that makes you feel scared. Close by reading together a comforting psalm, such as Psalm 23.

Going through the Motions

■ Help your child practice this week's memory verse using these motions:

I (Point to self.)
can do all this (Throw arms out.)
through him who (Point up.)
gives me strength. (Flex arm muscles.)
Philippians 4:13
(Place hands as if holding a book.)