



**My Rock
Desperation in Prayer
Confidence in the Storm
Psalm 28 & 29**

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Psalm 28:1–9

“To You, LORD, I call; My rock, do not be deaf to me, For if You are silent to me, I will become like those who go down to the pit. Hear the sound of my pleadings when I cry to You for help, When I raise my hands toward Your holy sanctuary. Do not drag me away with the wicked And with those who practice injustice, Who speak peace with their neighbors, While evil is in their hearts. Give



back to them according to their work and according to the evil of their practices; Give back to them according to the work of their hands; Repay them what is due them. Because they do not regard the works of the LORD Nor the deeds of His hands, He will tear them down and not build them up. Blessed be the LORD, Because He has heard the sound of my pleading. The LORD is my strength and my shield; My heart trusts in Him, and I am helped; Therefore my heart triumphs, And with my song I shall thank Him. The LORD is their strength, And He is a refuge of salvation to His anointed. Save Your people and bless Your inheritance; Be their shepherd also, and carry them forever.” (NASB 2020)

I love how David prays. There is no posturing, no pretension, no talking to others while praying, no preaching while praying, just honesty and relationship. He is teaching us as he prays.

If you have ever heard anyone teach that we are not to ever pray anything negative, David did because he is honest with the Lord.

David has a close relationship with the Lord and as such, he is into open and honest conversations with the Lord even to the point of asking the Lord if He is listening to him.

Yes, it is ok to question God as we pray. It is also okay to be fully conversant with Him about your fears and struggles, literally our own lack of faith and trust, as we begin telling the Lord what will happen if He doesn't answer timely. I mean, He really does know, He is God after all and is omniscient, omnipresent and omnibenevolent.

Here in Psalm 28, David is desperate, again. The only reason we can say that is because he is so open and honest with the Lord. “How often do we pray? Most will answer “not often enough.” When do you pray? Regularly, only when we think of it, only when you're in trouble? Many of us neglect our prayer life and feel guilty for doing so. But if we fail to pray, we are not only guilty, but foolish. God wants to give and we will not ask! But God is not just concerned with how often we pray; he also cares how we pray. This is why James warns us how not to pray.” (Holloway 1996)

James 4:2b

“You do not have, because you do not ask.” (ESV)

Ouch. David prayed about everything; we tend not to. Then there are those times that we pray, and we are only praying because we want something, we are being selfish. Those who push the prosperity gospel would tell you pray and claim, but James says otherwise.

James 4:3

“You ask and do not receive, because you ask wrongly, to spend it on your passions.” (ESV)

We are going to see David, desperate needing the Lord to hear him. Life and death stuff, not bigger bank account stuff.

So, we don't have what it is that we need because we don't talk to the Lord about it and do not let Him know what our needs are. Not our wants, our needs.

This is the problem, if we only come to the Lord in prayer with what we want, why do we want what we want? Is it to spend on our passions? James is most likely hitting it right on the button there. God promises to meet our needs; we do not need to come to Him in prayer and verbally create the need for something we really do not need.

Again, He can see through us.



One more not to do, and this really shoots holes in the prosperity gospel game plan, don't pray with worldly motives. In other words, there is no such thing as being a Christian and then having it all in the world too.

James 4:4

"You adulterous people! Do you not know that friendship with the world is enmity with God? Therefore whoever wishes to be a friend of the world makes himself an enemy of God." (ESV)

The sad news here is that all of those who teach you can have your best life now and all the goodies to go with it, that person is an enemy of God. Pray for them as they are living the lie.

David reflects for us how to pray and how to do so when under pressure.

Psalms 28:1

"To You, LORD, I call; My rock, do not be deaf to me, For if You are silent to me, I will become like those who go down to the pit." (NASB 2020)

I love how David starts; the Lord is my rock. With everything that he is threatened with externally, and those fears that are generated internally, it would seem to be rather overwhelming but "the insistence of the opening line is that nothing we may think of is severe enough to shake confidence in Yahweh who is light, salvation, and stronghold. The assertion is vigorously put as the first two lines begin with the naming of the sure one: Yahweh!" (Brueggemann 1984, 152)

This is the same attitude Paul would encourage us to have in Romans 8. No matter what is going on all around us, we know who it is we trust in.

Romans 8:26–28

"Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. And he who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. And we know that for those who love God all things work together for good, for those who are called according to his purpose." (ESV)

"What Paul apparently has in mind is that inability to discern clearly God's will in the many things for which we pray; note that the "as it is necessary" of this verse is paralleled by "according to God," that is, "according to his will," of v. 27. All our praying is conditioned by our continuing "weakness" and means that—except perhaps on rare occasions—our petitions must be qualified by "if it is in accordance with your will."" (Moo 1996, 524)

David is surrounded by those who are not his friends, but they should be, yes, he also had issues with those who would slander him while smiling and saying bless you.

He has been delivered in the past, and he is asking for deliverance again. He is not presuming upon the Lord to deliver him, he is asking.

He wants God to hear him. God who is his rock, is the only one he relies on because He is the only one who can and will deliver.

As David cries out to be heard, he asks God to not be deaf to him. I find that interesting in light of the Hebrew word we see translated as call. The word is קָרָא (qara) and means to call, shout...at the top of one's voice. (Koehler, et al. 1994-2000, 1129)



This is not a quiet little prayer off somewhere in a corner, this is a prayer from someone who is invested emotionally and physically in what is going on and the need to be delivered. To You , Lord, I call at the top of my lungs.

Have you ever lived with those who are deaf or very hard of hearing? The very first thing I learned as a child was how to speak and enunciate each of the words I was saying loudly and clearly. My great grandmother was almost deaf, my great grandfather used an ear trumpet, my grandmother and uncle used hearing aids and mom was totally deaf in one ear and had difficulty hearing with the other.

The one thing you do learn is to speak loudly enough to be heard and to look at the one you are talking to right in the eyes. Otherwise, you might not be heard at all. I learned that very quickly growing up. David must have had some experiences like that as well. He is praying very loudly to the Lord and asks him not to be deaf to him. It isn't Lord, see how loudly I am praying this, it is that his heart is so moved as a result his prayer is loud, urgent, and he does indeed want the Lord to hear him. Here is the good news, it is not necessary to pray to the Lord in command voice. But there are those times where the volume goes up because the heat has been turned up.

David is not bargaining here with God, the matter is urgent, and his emotions are indeed tied into this. This is not David trying to manipulate God, it is him being honest with God. If God doesn't move on his behalf, he will be like those who go down to the pit, in other words, dead. That is a serious problem bringing him to prayer.

There may be times where our prayers echo the same urgency, the situation is desperate and if God does not move on our behalf, the consequences could be severe. I am not talking about situations that have come up because of our sin or consequences for our sin, we are talking about trials and tests here.

If the circumstances are due to our sin, the first thing to do is confess it and repent. 1 John 1:9 comes into play. Then pray and ask for wisdom about what to do about the mess you made. He will indeed provide the wisdom needed.

I remember counseling a man who wanted me to help him financially because of his sin, except he did not see it as sin. He had a wife, correct, he also had a girlfriend in another home which he was renting for her, and he was beginning to run out of cash.

I did indeed tell him his need to repent and send the girl friend packing. Which he refused to do. I also said he needed to confess his sin to his wife to which he said she would leave him.

Since he refused to repent, there was nothing more to discuss and I wished him the best trying to sort it all out on his own. Come on back if you want to repent. He never did come back.

David did not, through his sin, create this situation. His is telling the Lord truthfully what will take place if he is not delivered, death.

Psalms 28:2

"Hear the sound of my pleadings when I cry to You for help, When I raise my hands toward Your holy sanctuary." (NASB 2020)

David is still going to the Tabernacle to worship.

Some commentaries say he is going to the Temple, tough to do since the Temple is not built until after he has died. But he has gone to the Tabernacle and later there would also be a tent in Jerusalem where he has the Ark of the Covenant placed. Literally a separate Holy of Holies.



What he is saying is that as he prays in the Tabernacle or in the tent in Jerusalem, he lifts his hands to the mercy seat on the Ark where the priest would meet God annually. There, between the two cherubim is the location of the Mercy Seat and there is where the blood would be applied annually as the priest would make atonement for the people.

Thanks to the work of Jesus Christ on the cross, we no longer have to endure that Day of Atonement annually.

Hebrews 9:24–26

“For Christ did not enter a holy place made by hands, a mere copy of the true one, but into heaven itself, now to appear in the presence of God for us; nor was it that He would offer Himself often, as the high priest enters the Holy Place year by year with blood that is not his own. Otherwise, He would have needed to suffer often since the foundation of the world; **but now once at the consummation of the ages He has been revealed to put away sin by the sacrifice of Himself.**” (NASB 2020)

As David lifts his hands up to the Mercy Seat on the other side of the veil, he is allowing us to see our great privilege we now have, thanks to the blood of Christ, to come straight into the Holy of Holies right up to the Mercy Seat and talk directly to the Lord. We don’t have to come as close as possible and then pray, we enter into the throne room.

Hebrews 10:19–22

“Therefore, brothers and sisters, since **we have confidence to enter the sanctuary by the blood of Jesus, by the fresh and living way that he inaugurated for us through the curtain, that is, through his flesh**, and since we have a great priest over the house of God, **let us draw near with a sincere heart in the assurance that faith brings**, because we have had our hearts sprinkled clean from an evil conscience and our bodies washed in pure water.” (NET 2nd ed.)

When David lifts up his hands to the Lord, he is putting himself into a vulnerable position and showing his complete dependence on the Lord. “Open hands and raised hands have often symbolized surrender or even worship and honor.” (Wilson and Taylor 2015, 121)

Uplifted hands have ever been a form of devout posture, and are intended to signify a reaching upward towards God, a readiness, an eagerness to receive the blessing sought after. We stretch out empty hands, for we are beggars; we lift them up, for we seek heavenly supplies; we lift them towards the mercy seat of Jesus, for there our expectation dwells. (Spurgeon n.d., 21)

Are we surrendered wholly and completely to the Lord? What that means in practice is we want His will over our own. As we lift our hands, are they in total surrender to the King?

David wants to be in the place of total submission and surrender to the will of God.

Part of the problem he is praying about, has been caused by those who feign to be in the same place, but they really aren’t.

They act outwardly like they are brothers, but inwardly they are something else entirely. We would call them hypocrites, or worse, narcissistic abusers of others.

Psalms 28:3

“Do not drag me away with the wicked And with **those who practice injustice, Who speak peace with their neighbors, While evil is in their hearts.**” (NASB 2020)



David knows what happens to those who are hypocrites. They practice injustice yet present a totally different face to those who live next door. He knows he is not like that, but he is concerned that if the Lord does not deliver, his fate will be the same as those who are wicked and there will be those who will then conclude he must have been as well. Yet, David doesn't even want to associate with them.

I understand that.

Hypocrisy is not anything that is new. People would say one thing and do another then just as they do today. Apparently, what David is praying about has something to do with what is taking place in his life right now because he will add to his prayer to not even be found with them. And he adds how he would like to see the Lord judge them.

Psalms 28:4–5

"Give back to them according to their work and according to the evil of their practices; Give back to them according to the work of their hands; Repay them what is due them. **Because they do not regard the works of the LORD Nor the deeds of His hands, He will tear them down and not build them up.**" (NASB 2020)

The identifying marks of the one being discussed here is two-fold, they say one thing and do another, in other words they are hypocrites. Additionally, they manipulate and abuse others. That would most likely be narcissism among other things.

David sees their crime, wants nothing to do with it and asks the Lord to pay them back what they deserve.

Welcome to sowing and reaping 101. David is obviously dealing with those who are speaking well to him, yet at the same time are engaged in conspiracy against him. This sounds a lot like what he encountered with Absalom, yet we are not sure of the timing of this psalm.

Paul also discussed the concept of sowing and reaping in his letter to the church in Galatia.

Galatians 6:7–9

"Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap. For the one who sows to his own flesh will reap destruction from the flesh, but the one who sows to the Spirit will reap eternal life from the Spirit. Let's not become discouraged in doing good, for in due time we will reap, if we do not become weary." (NASB 2020)

The problem of abuse and hypocrisy eventually became a serious problem for the nation way after David passed from the scene. He dealt with it at his time. But it grew and we read what Ezekiel was told to say.

Ezekiel 34:1–4

"Then this message came to me from the LORD: **"Son of man, prophesy against the shepherds, the leaders of Israel.** Give them this message from the Sovereign LORD: What sorrow awaits you shepherds who feed yourselves instead of your flocks. Shouldn't shepherds feed their sheep? **You drink the milk, wear the wool, and butcher the best animals, but you let your flocks starve. You have not taken care of the weak. You have not tended the sick or bound up the injured. You have not gone looking for those who have wandered away and are lost. Instead, you have ruled them with harshness and cruelty.**" (NLT)

Yes, the leadership, spiritually as well as the Judean kingdom government, all have become narcissistic abusers.



Instead of taking care of the flock, the narcissistic pastor (leader) tends only to himself. He profits from the flock, failing to offer self-sacrificial love. He shows no care or empathy. Indeed, this passage reminds us that clergy narcissism is not a new phenomenon. Narcissistic leaders display a constellation of troubling characteristics. (DeGroat 2020, 69)

All around us today in business, government, families and the church we see that demonstrated almost daily. The sowing of division and anger solely to build up the one causing the damage winds up eventually being reaped by that person, but there is almost always the collateral damage of those they victimized.

David gives his diagnosis of those who engage in this kind of behavior and it is brutal, and also still applicable today.

Psalm 28:5

“Because they do not regard the works of the LORD Nor the deeds of His hands, He will tear them down and not build them up.” (NASB 2020)

Narcissistic abusers, hypocrites, do not regard the works of the Lord or the deeds of His hands. Not my words, this is what God’s word says about them. God Himself will tear them down.

Stop and consider that for a moment. Politicians who act in this manner will tell you they are Christians, but are they? The harder thing to consider are those leaders who say they are serving the Lord but are serving themselves.

Are those who engage in this activity even saved? Some might be, but David, under the inspiration of the Holy Spirit tells us that God Himself will tear them down. He has done so in the past and still does so today.

All of them will reap what they sow. “We must remember, once again, that God’s ways are higher than our ways; we do not—and cannot—comprehend everything about Him. When we cannot understand His ways, we must believe what we do know about God from His Word: He is loving, righteous, and just. We must also remember that God is not neglecting justice just because he does not carry it out immediately. God acts according to His schedule, not ours.” (Leadership Ministries Worldwide 2013, 224)

Whenever we see a business leader fall, or a politician or a pastor or church leader, we are seeing God do exactly as He said He will do here in psalm 28.

In his prayers, David is asking the Lord for deliverance, he is also asking that he not be lumped in with those who are the cause of the issues he is dealing with. He wants nothing to do with the hypocrites and the narcissistic abusers.

He is also listening while praying. That too is part of prayer. As we pray, we listen to what the Holy Spirit is telling us. But while we wait on the Lord, Satan will use that time of waiting to challenge us about our faith in the Lord, and sometimes that is why He doesn’t answer us immediately is to do exactly that, test us. Do we trust Him enough to wait on Him to act on our behalf?

Here is the real problem, how many times does God answer our prayers, but we don’t hear Him because we are too busy trying to help Him out or solve the problem on our own. His answers to our prayers are not always a yes, it could be a no, or even not right now, wait a bit. If that is the case, we must remember what His word tells us.



Philippians 4:6–7

“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.” (NLT)

He replaces our anxiety with the peace of assurance, the confidence that He is aware of our situation and has it under control. In addition, when we are praying about a specific decision, God’s peace is often His answer to us. Along with His peace, God gives us the grace to endure our trials when His answer is no or wait. (Leadership Ministries Worldwide 2013, 223)

As David continues, we see that the prayer of Psalm 28:1-5 has been answered. We don’t know how long David waited, but the entire tone of the psalm changes. God answers prayer.

Psalm 28:6

“Blessed be the LORD, Because He has heard the sound of my pleading.” (NASB 2020)

When God answers our prayers, when He shows up, do we thank Him?

David asked for God to hear him in verse 2. God did and now David is thanking and praising the Lord for hearing him. David had fully surrendered to the will of God. He prayed with his hands up lifted and was as close as he could be to where God would meet man there at the Mercy Seat. As followers of Christ, we are allowed even closer and go right on in before the Lord Himself.

God has indeed heard him, and his prayers have been answered. This is the first time we see, in the psalms, the phrase, blessed be the Lord. This is two words in the Hebrew, baruch YAHWEH. We will see this phrase many times in this book.

When the phrase does occur in prayers for help, it does so in those poems that do not have a mere mention of trust or praise, but which seem to transform fully into songs of thanksgiving (cf. 31:21). (Jacobson and Tanner 2014, 277)

David has flipped from begging to be heard to praise over having been heard. You can almost hear the band warming up behind him getting ready to knock out another song of worship.

Here is the thing, God’s promises are indeed all true and He does indeed protect His own. This is why David is praising the Lord here and why we do so as well.

Psalm 28:7. **“The LORD is my strength and my shield; My heart trusts in Him, and I am helped; Therefore my heart triumphs, And with my song I shall thank Him.” (NASB 2020)**

God is power; He is mighty. And He is a shield for protection. He is power and protection. But you say, “Is He my power? Is He my protection?” He is if your heart trusts in Him. If you trust God, He will help you. He will hear and answer prayer. (McGee 1997, 722)

Earlier, David felt powerless to what was happening to him, but now that God has answered his pleadings, his prayer, he relishes in the strength given to him by the Lord. He moves from feeling vulnerable, to bullet proof and invisible. Well, maybe not that invulnerable.

His attitude is changed because the Lord is his, personal, shield. In the Hebrew he brings up the past. As David continues he relates that “all this is so much in line with previous experiences that the author gives a resume of them all in the words: “My heart has always trusted [perfect equal to a gnomic aorist, expressing what is always true] in Him, and I received help.” **This is no new experience** for a man like



the psalmist. And whenever he had such an experience, the sequel always was: "And my heart exulted, and with my song I praised Him." Both these statements are retrospective, a fact lost sight of by the current translations, also RSV, yet demanded by the forms of the Hebrew verb." (Leupold 1959, 243)

David's praise is due to God answering his prayers today and also confirming once again the experience he has had in his life of God answering prayer and providing His protection to him.

As you and I come to the Lord in prayer, we do indeed bring to Him our supplications, those things we desire to see Him do and intervene in. But do we fully remember how faithful He has been to us in the past?

If you are one of us who tends to forget, then a prayer journal might be the ticket. That can be a good thing especially if you are praying for many others just to keep straight what you are interceding for them about. But it can also be a means of reminding ourselves of how God has moved in our lives in the past. As we pray in the present, and look at His faithfulness in the past, we praise Him. His answer in the present is His faithfulness to us.

David, in his praise, also intercedes for the nation. He is a shepherd after all and not is the Lord faithful to him, He is also faithful to His people.

Psalm 28:8–9

"The LORD is their strength, And He is a refuge of salvation to His anointed. Save Your people and bless Your inheritance; Be their shepherd also, and carry them forever." (NASB 2020)

David provides an example for us, also an example for those who would be King after him, pray for those you are shepherding.

David wanted "divine salvation and guidance for Israel from her true Shepherd forever. This is a long-range petition for God's sustenance in the years that lay ahead. God's people can appeal for help in distress to their great Shepherd and can rely on His guidance and salvation in view of His commitment to them." (Constable 2003, Ps 28:9)

As he prays for the people of Israel, interceding for them, he also leaves a lesson for us as well. The leaders of God's people should pray for and intercede for His blessing to be upon them.

Unfortunately, way too many are still looking at their position as a job, not as a calling or ministry. There really is a difference between those who are hirelings versus those who the Lord has truly called to shepherd His people.

David was concerned for the Lord's people and he intercedes for them.

This brings us to the next psalm, which is a picture, per David, of a thunderstorm there in Israel. As he watches the storm, he is led to praise.

Psalm 29

"A Psalm of David. **Ascribe to the LORD, sons of the mighty, Ascribe to the LORD glory and strength. Ascribe to the LORD the glory due His name; Worship the LORD in holy attire.** The voice of the LORD is on the waters; The God of glory thunders, The LORD is over many waters. The voice of the LORD is powerful, The voice of the LORD is majestic. The voice of the LORD breaks the cedars; Yes, the LORD breaks the cedars of Lebanon in pieces. He makes Lebanon skip like a calf, And Sirion like a young wild ox. The voice of the LORD divides flames of fire. The voice of the LORD shakes the wilderness; The LORD shakes the wilderness of Kadesh. **The voice of the LORD makes the deer give**



birth And strips the forests bare; And in His temple everything says, “Glory!” The LORD sat as King at the flood; Yes, the LORD sits as King forever. The LORD will give strength to His people; The LORD will bless His people with peace.” (NASB 2020)

David describes a thunderstorm, and, in the storm, he sees the Lord.

I remember returning to Texas from New Mexico one time and watched a thunderstorm of in the distance, miles away but clearly visible. The rain, the lightening, and in this one, the tornado that was on the ground for miles tearing through empty fields.

It was awesome to watch, but I was glad I was not in the storm. It appeared to be rather violent, but as I watched, I too was reminded of the glory of God. But what about if you are in the storm.

The first two verses are the prologue to the storm. They are there to prepare us, the readers, for what is to come, a display of the glory of God.

The goal is to prepare us to worship, to prepare our minds to enter into the presence of the Lord. To proclaim, to give Him His glory and His strength as we come to worship Him.

In other words, to ascribe glory and strength to the name of the Lord is to acknowledge that glory and strength belong only to the Lord and to none other. (Jacobson and Tanner 2014, 284)

This psalm is all about His glory. The reason why those who find themselves suddenly in the presence of the Lord fall overwhelmed with a sense of how far they are from His Holiness, as did Isaiah.

As we come to verse 3, now we get the description from David of the revelation, in the storm, of God's power and His glory. Hearing the thunder and the volume of it reminds David of the voice of God. Later John will also relate that in Revelation 10:3. And as in Revelation 10, we see His voice, the thunder, referenced seven times here in Psalm 29.

For David, God is revealing His voice in the thunder and revealing Himself in the storm. As he watches the storm move from the Mediterranean inland, we hear and see the impact of lightening on the trees. For David, all the voice of God.

Psalm 29:3–5

“The voice of the LORD is on the waters; The God of glory thunders, The LORD is over many waters. The voice of the LORD is powerful, The voice of the LORD is majestic. The voice of the LORD breaks the cedars; Yes, the LORD breaks the cedars of Lebanon in pieces.” (NASB 2020)

He hears the thunder and witnesses lightning strike the cedars there in Lebanon and how this causes the trees to split, catch fire while hearing the rumble go over the countryside.

The sound of this storm, the voice of God, has other impacts as well.

Psalm 29:6

“He makes Lebanon skip like a calf, And Sirion like a young wild ox.” (NASB 2020)

You can almost see the animals react to the thunder off in the distance. Everything is looking for shelter as the mountains, Sirion, rumble with the sound of the thunder, the sound of God's voice.

David has described for us watching the storm move in from the Mediterranean and then cause problems with livestock as well as what is taking place from the storm effects.



Psalm 29:7–9

“The voice of the LORD divides flames of fire. The voice of the LORD shakes the wilderness; The LORD shakes the wilderness of Kadesh. The voice of the LORD makes the deer give birth And strips the forests bare; And in His temple everything says, “Glory!”” (NASB 2020)

The flames of fire are the results of the various strikes in the trees and even the desert in and around Damascus was shaken by the storm.

Kadesh was a town about 75 miles north of Damascus, not Kadesh in the south. As the storm moved on, it shook the fauna and flora in the eastern wilderness. The storm made the hinds calve (as most versions translate the Heb.; cf. KJV, NASB, NIV marg.) prematurely due to fear, and stripped the leaves from the trees in the forests. (Ross 1985, 816)

This causing animals to give birth is not an unusual impact and it is still seen today. From the Aberdeen News in South Dakota.

Grandpa told dad, and dad told me that more cows will calve when a spring storm is rolling through. But is there any truth to this? Well, at home on the range it does seem to be the case. However is there any science to back this up? Yes, there is, and it turns out that dad and grandpa were right! Changes in weather patterns, in particular the change in barometric pressure, have been associated with increased incidence in labor in term pregnancies. (Waters 2013)

For those who are in worship and watching, it is a time of praise.

A cry of glory arises from those who are spiritually attuned to what is taking place. God is revealing Himself in the storm and those who know what they are looking at can only say, glory.

Psalm 29:10–11

“The LORD sat as King at the flood; Yes, the LORD sits as King forever. The LORD will give strength to His people; The LORD will bless His people with peace.” (NASB 2020)

In the storm, we find the King. He has been the King all along. In the midst of the flood and all that took place, He was King. He has never ceased being King. Nothing can undermine His rule.

When you and I are in the middle of the storm, and it is feeling like no one is in control of what is taking place, we learn here, God is still on the throne.

Here at the end of the psalm, we find out that we are indeed, as His people, empowered to go through the storm with Him. Why?

Psalm 29:11

“The LORD will give strength to His people; The LORD will bless His people with peace.” (NASB 2020)

We can make it through the storm because of His strength, not ours, His. He give us His strength and also provides us His peace as well.

Outside, the wind is howling. The rain is moving sideways and there are lightning strikes everywhere along with a spin up tornado every now and then. Where are we, sitting right in the middle of the storm allowing His strength and peace to meet our needs as we understand fully, He is still on the throne today.

Let's pray.



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