

THE JOY CHALLENGE

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PHILIPPIANS

CHAPTER 3

TO HAVE JOY DESPITE MY PAST:

- ▶ Stay clear of legalism.
VERSES 1-6
- ▶ Recalculate what really matters.
VERSES 7-11
- ▶ Put the past behind me.
VERSE 13A
- ▶ Focus on the future.
VERSE 13B
- ▶ Surround myself with the right people.
VERSES 17-21

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CHAPTER 2

TO HAVE JOY DESPITE PEOPLE:

- ▶ Get on the same page with my community.
VERSES 1-2
- ▶ Elevate others above myself.
VERSES 3-11
- ▶ Stop being a grump.
VERSES 12-18
- ▶ Celebrate other people's success.
VERSES 19-24
- ▶ Do right by other people.
VERSES 25-30

FACTS ABOUT THE BOOK OF PHILIPPIANS

- ▶ The words "joy" and "rejoice" occur 16 times in the book of Philippians.
- ▶ The book is a letter written by Paul while under house arrest in Rome.
- ▶ Epaphroditus carried the Philippian letter from Rome back to Philippi, approximately 800 miles.

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CHAPTER 4

TO HAVE JOY THAT DEFEATS WORRY:

- ▶ Seek reconciliation in my relationships.
VERSES 1-3
- ▶ Give what troubles me to God.
VERSES 6-7
- ▶ Rehearse my blessings daily.
VERSE 8
- ▶ Accept that more money and stuff isn't the answer.
VERSES 11-13
- ▶ Let people help me.
VERSES 14-19

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CHAPTER 1

TO HAVE JOY DESPITE MY CIRCUMSTANCES:

- ▶ Despite my happy memories.
VERSES 1-8
- ▶ Learn how to love.
VERSES 9-11
- ▶ See the glass as half full.
VERSES 12-14
- ▶ Endure my "no lose" situation.
VERSES 15-26
- ▶ Always take the high road without fail.
VERSES 27-30