

ALIGNMENT — PART 3

Holding the Line Before the Next Chapter

These notes are designed to help us process the message, recognize misalignment, and practice realignment together—not just agree with it.

GROUP GOAL

To help each person identify where alignment may be off, understand why life feels harder than it should, and practice daily realignment before stepping into a new chapter.

ICEBREAKER (5–7 MINUTES)

Question: What’s something in life that becomes *much harder* when it’s out of alignment?

(Car tires • posture • sleep schedule • relationships • finances)

Leader Insight: Misalignment doesn’t usually break things immediately—it just makes everything harder.

KEY ANCHOR STATEMENT

“When alignment is off, everything feels harder than it should.”

Read it together. Say it out loud. Let it settle.

SECTION 1: RECOGNIZING MISALIGNMENT

Discussion Prompt: Which description resonates most with you right now?

- Busy, but empty
- Faithful, but frustrated
- Active, but not anointed
- Reading Scripture, but not being shaped by it
- Loving God, but people feel heavy

Group Question:

“Why do you think being out of alignment with God often shows up as frustration or heaviness, rather than obvious disobedience?”

Leader Note: Normalize the conversation. Misalignment isn’t failure—it’s drift.

SECTION 2: ALIGNMENT BEGINS WITH SURRENDER

Read Together — Luke 22:42 (NKJV):

“Father, if it is Your will, take this cup away from Me; nevertheless not My will, but Yours, be done.”

Discussion Questions:

- What stands out to you about Jesus' prayer?
- What does this verse teach us about surrender and alignment?
- Why do we often ask God for clarity before offering surrender?

Key Thought: Alignment doesn't start with answers—it starts with yielding.

Optional Reflection: Is there something you're asking God to explain that He's asking you to trust?

SECTION 3: ALIGNMENT IS SUSTAINED BY CONNECTION

Read Together — John 15:4–5 (NKJV):

“Abide in Me... for without Me you can do nothing.”

Discussion Questions:

- What's the difference between being productive and being connected?
- How can spiritual drift happen without intentional disobedience?
- What does abiding look like in daily life?

Read Together — 2 Corinthians 3:17 (NKJV):

“Where the Spirit of the Lord is, there is liberty.”

Group Insight: When alignment is off, we strive for what was meant to flow.

Say Together: “I don’t need more motivation — I need more connection.”

2–3 PERSON BREAKOUT (10–12 MINUTES)

Form groups of **2–3 people**. Keep it honest and simple.

1. Name the Tension

Where does life feel heavier than it should right now?

2. Locate the Alignment

Which area might God be gently highlighting?

- God’s Word (listening vs. letting it lead)
- God’s Work (overflow vs. obligation)
- God’s House (connected vs. isolated)
- God’s Heart (compassion, patience, tenderness)

3. Practice Surrender (Out Loud)

Each person finishes this sentence:

“Holy Spirit, one thing You’re inviting me to surrender is _____.”

(No fixing. No teaching. Just listening.)

4. Pray for One Another

One short, sincere prayer per person.

SECTION 4: ALIGNMENT AND THE NEXT CHAPTER

Read Together — Psalm 37:23 (NKJV):

“The steps of a good man are ordered by the LORD...”

Discussion Questions:

- Why do you think God orders *steps* instead of leaps?
- How can misalignment cause us to rush seasons God meant us to walk through?

Read Together — Hebrews 12:11 (NKJV):

“...afterward it yields the peaceable fruit of righteousness...”

Key Insight: Correction is not rejection—it’s preparation.

THE REALIGNMENT PRACTICE (THIS WEEK)

Commit to this daily practice:

Morning — One Surrendered Question

“Holy Spirit, what are You inviting me to surrender today?”

Midday — One Connected Moment

“Jesus, I choose to abide, not strive.”

Evening — One Aligned Step

“Did my choices today make things harder—or lighter?”

Write it down. Share one insight next week.

CLOSING PRAYER

“Jesus, we surrender again.

Align our hearts before You align our steps.

Teach us to abide, not strive.

Prepare us for the chapter You’re writing next.

We trust You. Amen.”

TAKE-HOME TRUTH

When alignment is right:

- Obedience feels lighter
- Faith feels steadier
- The next chapter feels possible

Aligned people don’t fear turning the page — they trust the Author.