
CHAMPION GROUP STUDY

ALIGNED – *To What Matters Most*

Part 2 of 2

Core Truth for the Week

Alignment isn't about fixing what's broken—it's about lining up to what matters most.

1. OPENING CONNECTION (5–7 minutes)

Icebreaker (choose one):

- What's something in life that works better after a small adjustment (car alignment, schedule change, attitude shift, etc.)?
- When life feels “off,” what's usually the first area you notice it—work, family, energy, or faith?

Leader Note:

This week is not about guilt or pressure. It's about clarity. Keep the tone invitational, not corrective.

2. MESSAGE RECAP (READ ALOUD)

Most people don't drift because everything is wrong.
They drift because everything looks fine.

Burnout doesn't always come from doing too much.
Sometimes it comes from doing the right things in the wrong order.

Alignment fixes what seasons cannot.

3. ANCHOR SCRIPTURE: NEHEMIAH'S STORY

Nehemiah 1:3–4 (NKJV)

“The wall of Jerusalem is also broken down, and its gates are burned with fire.”

“So it was, when I heard these words, that I sat down and wept... fasting and praying before the God of heaven.”

Discussion Questions

1. Why do you think this report affected Nehemiah so deeply when he wasn't living in Jerusalem?
2. What's the difference between reacting emotionally and responding with alignment?
3. Have you ever felt a burden from God before you had clarity on what to do about it?

4. THE FOUR AREAS OF ALIGNMENT

A. ALIGNMENT WITH GOD'S WORD

Key Scripture: Romans 12:2 (NKJV)

“Be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.”

Discussion

- What voices most influence your thinking during the week?
- Where do feelings most often override truth in your life?
- What is one practical way to bring God's Word back to the center of your thinking?

Reflection

Alignment begins when truth—not emotion—sets direction.

B. ALIGNMENT WITH GOD'S WORK

Key Scripture: Ephesians 2:10 (NKJV)

“For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.”

Discussion

- What's the difference between being busy and being purposeful?
- Where might God already be working that you've been overlooking?
- What's one area where you may be asking God to bless your plans instead of joining His?

Reflection

Burnout often comes from success without assignment.

C. ALIGNMENT WITH GOD'S HOUSE

Key Scripture: Psalm 92:13–14 (NKJV)

“Those who are planted in the house of the Lord shall flourish...”

Discussion

- What does being “planted” look like beyond attending church?
- How does community help keep us aligned when life gets heavy?
- Where could you move from participation to contribution?

Reflection

You don't flourish by floating—you flourish by being planted.

D. ALIGNMENT WITH GOD'S HEART

Key Scripture: Matthew 22:37–39 (NKJV)

“You shall love the Lord your God... and your neighbor as yourself.”

Discussion

- Why is it possible to be productive for God but misaligned with God's heart?
- Who in your life might God be calling you to see differently?
- How do stress and busyness affect how you treat people?

Reflection

How we treat people is God's greatest test of alignment.

5. PERSONAL ALIGNMENT CHECK (QUIET MOMENT)

Have group members reflect silently for 30–60 seconds.

Ask them to consider:

- Is my thinking aligned with **God's Word**?
- Is my purpose aligned with **God's Work**?
- Is my commitment aligned with **God's House**?
- Is my love aligned with **God's Heart**?

Encourage honesty, not perfection.

6. GROUP PRAYER (LEADER READS OR OPENS UP)

Prayer Prompt:

“Lord, we don’t want activity without alignment.
We don’t want success without peace.
Adjust our lives to what matters most.
Align our thinking with Your Word,
our purpose with Your Work,
our commitment with Your House,
and our love with Your Heart.
In Jesus’ name, amen.”

7. TAKE-HOME PRACTICE (THIS WEEK)

Choose ONE alignment action:

- Read one short passage of Scripture daily before checking your phone.
- Ask God daily: *‘What are You already doing that I can join?’*
- Take one step toward deeper connection or service in God’s House.
- Intentionally show patience, kindness, or grace in a strained relationship.

Reminder for the Week:

Alignment isn’t about fixing what’s broken—it’s about lining up to what matters most.
