

The Divine Mentor – Chapter 7  
Study Notes Wed. Dec. 17, 2025

1. Introduction to Learning and Growth: 1 Corinthians 8:2

- a. Humility and continual learning are \_\_\_\_\_ for personal \_\_\_\_\_.
- b. Experiences alone do not \_\_\_\_\_; it's about the \_\_\_\_\_ and the biblical interpretation of \_\_\_\_\_.
- c. Suffering can \_\_\_\_\_ us, but we must choose to \_\_\_\_\_ from it.

2. The Importance of Self-Feeding:

- a. The self-feeding program is crucial for \_\_\_\_\_ and \_\_\_\_\_ growth, encouraging \_\_\_\_\_.
- b. A \_\_\_\_\_-\_\_\_\_\_ approach in the 21st century emphasizes self-care, which \_\_\_\_\_ spiritual self-feeding.

3. SOAP Method Overview:

- a. The SOAP method—S\_\_\_\_\_, O\_\_\_\_\_, A\_\_\_\_\_, P\_\_\_\_\_—is a structured approach to \_\_\_\_\_ daily devotions.

4. S = Scripture: Jeremiah 17:16; Proverbs 25:11

- a. Choose one \_\_\_\_\_ from daily readings to focus on; it encourages personal \_\_\_\_\_ and \_\_\_\_\_.

5. O = Observation: Mark 12:30; Matt. 22:37; Luke 10:27; Psalm 37:37; Luke 12:27; Galatians 3:6-7; Mark 12:41-42

- a. Spend time \_\_\_\_\_ and \_\_\_\_\_ the scripture's meaning, context, and its message for you.
- b. Engage \_\_\_\_\_ and \_\_\_\_\_ with the text to deepen understanding.

6. A = Application: John 8:37; 1 Corinthians 8:1-2; James 1:23-25; John 13:17

- a. Determine how the scripture \_\_\_\_\_ to your life and how you will \_\_\_\_\_ as a result.
- b. Application \_\_\_\_\_ mere knowledge from \_\_\_\_\_; true growth comes from living out \_\_\_\_\_.

7. P = Prayer:

- a. Conclude your journaling with a \_\_\_\_\_ asking for \_\_\_\_\_ and expressing \_\_\_\_\_ for insights gained.
- b. Writing out prayers provides a \_\_\_\_\_ of your spiritual journey.

8. Creating a Spiritual Resource:

a. Keep a "T\_\_\_\_\_ of C\_\_\_\_\_" in your journal to track \_\_\_\_\_ and \_\_\_\_\_ for future reflection.

b. This practice helps remember G\_\_\_\_\_ and \_\_\_\_\_ your faith journey.

9. Timing for Devotions:

a. Devotional times should be aligned with \_\_\_\_\_; choose when you are \_\_\_\_\_ sharpest.

10. Cultivating Fertile Soil: Psalm 1:1-3

a. R\_\_\_\_\_ journaling using the SOAP method fosters \_\_\_\_\_ and prepares your heart for God's word.

b. Focus on \_\_\_\_\_ and \_\_\_\_\_ what you can—trust that God will reveal more as you demonstrate \_\_\_\_\_ in learning.

11. Conclusion: Matthew 25:28

a. Engage actively with \_\_\_\_\_ to nourish your spirituality, ensuring your heart remains \_\_\_\_\_ to God's \_\_\_\_\_ work.

***Here are a few common ways to fast.***

**Daniel fast**

*A partial fast focusing on simple meals , usually fruits, vegetables, and water, based on Daniel's pattern of setting aside rich foods for a season of seeking God.*

**Partial fast**

*Choosing specific times or meals to fast, like skipping breakfast and lunch each day, fasting one meal a day, or fasting certain days each week.*

**Sunup to sundown fast**

*Fasting from food during daylight hours, then eating a simple meal in the evening.*

**Liquid fast**

*Drinking liquids only for a set period. Some do water only, others include broths or juices. If you have medical concerns, please consult a doctor first and choose a safe option.*

*I am genuinely excited about what God is going to do in these 21 days. We are asking God to let us live under the open Heaven of his Favor and Blessing. We believe this is going to be a defining start to our year, because we chose to come close to God. Mark your calendar. Plan to fast and pray. Invite a friend. Let's seek the Lord together.*

**Isaiah 64:1-4** Oh, that you would rend the heavens and come down, that the mountains would tremble before you! <sup>2</sup>As when fire sets twigs ablaze and causes water to boil, come down to make your name known to your enemies and cause the nations to quake before you! <sup>3</sup>For when you did awesome things that we did not expect, you came down, and the mountains trembled before you. <sup>4</sup>Since ancient times no one has heard, no ear has perceived, no eye has seen any God besides you, who acts on behalf of those who wait for him.

**Isaiah 6:1-6 Isaiah's Cleansing and Call**

It was in the year King Uzziah died that I saw the Lord. He was sitting on a lofty throne, and the train of his robe filled the Temple. <sup>2</sup>Attending him were mighty seraphim, each having six wings. With two wings they covered their faces, with two they covered their feet, and with two they flew. <sup>3</sup>They were calling out to each other, "Holy, holy, holy is the Lord of Heaven's Armies! The whole earth is filled with his glory!" <sup>4</sup>Their voices shook the Temple to its foundations, and the entire building was filled with smoke. <sup>5</sup>Then I said, "It's all over! I am doomed, for I am a sinful man. I have filthy lips, and I live among a people with filthy lips. Yet I have seen the King, the Lord of Heaven's Armies." <sup>6</sup>Then one of the seraphim flew to me with a burning coal he had taken from the altar with a pair of tongs. <sup>7</sup>He touched my lips with it and said, "See, this coal has touched your lips. Now your guilt is removed, and your sins are forgiven." <sup>8</sup>Then I heard the Lord asking, "Whom should I send as a messenger to this people? Who will go for us?" I said, "Here I am. Send me."