

The Divine Mentor – Chapter 7
Study Notes Wed. Dec. 17, 2025

1. Introduction to Learning and Growth: 1 Corinthians 8:2
 - a. Humility and continual learning are _____ for personal _____.
 - b. Experiences alone do not _____; it's about the _____ and the biblical interpretation of _____.
 - c. Suffering can _____ us, but we must choose to _____ from it.
2. The Importance of Self-Feeding:
 - a. The self-feeding program is crucial for _____ and _____ growth, encouraging _____.
 - b. A _____-_____ approach in the 21st century emphasizes self-care, which _____ spiritual self-feeding.
3. SOAP Method Overview:
 - a. The SOAP method—S_____, O_____, A_____, P____—is a structured approach to _____ daily devotions.
4. S = Scripture: Jeremiah 17:16; Proverbs 25:11
 - a. Choose one _____ from daily readings to focus on; it encourages personal _____ and _____.
5. O = Observation: Mark 12:30; Matt. 22:37; Luke 10:27; Psalm 37:37; Luke 12:27; Galatians 3:6-7; Mark 12:41-42
 - a. Spend time _____ and _____ the scripture's meaning, context, and its message for you.
 - b. Engage _____ and _____ with the text to deepen understanding.
6. A = Application: John 8:37; 1 Corinthians 8:1-2; James 1:23-25; John 13:17
 - a. Determine how the scripture _____ to your life and how you will _____ as a result.
 - b. Application _____ mere knowledge from _____; true growth comes from living out _____.
7. P = Prayer:
 - a. Conclude your journaling with a _____ asking for_____ and expressing _____ for insights gained.
 - b. Writing out prayers provides a _____ of your spiritual journey.
8. Creating a Spiritual Resource:

- a. Keep a "T _____ of C _____" in your journal to track _____ and _____ for future reflection.
- b. This practice helps remember G _____ and _____ your faith journey.

9. Timing for Devotions:

- a. Devotional times should be aligned with _____; choose when you are _____ sharpest.

10. Cultivating Fertile Soil: Psalm 1:1-3

- a. R _____ journaling using the SOAP method fosters _____ and prepares your heart for God's word.
- b. Focus on _____ and _____ what you can—trust that God will reveal more as you demonstrate _____ in learning.

11. Conclusion: Matthew 25:28

- a. Engage actively with _____ to nourish your spirituality, ensuring your heart remains _____ to God's _____ work.

Here are a few common ways to fast.

Daniel fast

A partial fast focusing on simple meals , usually fruits, vegetables, and water, based on Daniel's pattern of setting aside rich foods for a season of seeking God.

Partial fast

Choosing specific times or meals to fast, like skipping breakfast and lunch each day, fasting one meal a day, or fasting certain days each week.

Sunup to sundown fast

Fasting from food during daylight hours, then eating a simple meal in the evening.

Liquid fast

Drinking liquids only for a set period. Some do water only, others include broths or juices. If you have medical concerns, please consult a doctor first and choose a safe option.

I am genuinely excited about what God is going to do in these 21 days. We are asking God to let us live under the open Heaven of his Favor and Blessing. We believe this is going to be a defining start to our year, because we chose to come close to God. Mark your calendar. Plan to fast and pray. Invite a friend. Let's seek the Lord together.

Isaiah 64:1-4 *Oh, that you would rend the heavens and come down, that the mountains would tremble before you! 2 As when fire sets twigs ablaze and causes water to boil, come down to make your name known to your enemies and cause the nations to quake before you! 3 For when you did awesome things that we did not expect, you came down, and the mountains trembled before you. 4 Since ancient times no one has heard, no ear has perceived, no eye has seen any God besides you, who acts on behalf of those who wait for him.*

Isaiah 6:1-6 Isaiah's Cleansing and Call

It was in the year King Uzziah died that I saw the Lord. He was sitting on a lofty throne, and the train of his robe filled the Temple. 2 Attending him were mighty seraphim, each having six wings. With two wings they covered their faces, with two they covered their feet, and with two they flew. 3 They were calling out to each other, "Holy, holy, holy is the Lord of Heaven's Armies! The whole earth is filled with his glory!" 4 Their voices shook the Temple to its foundations, and the entire building was filled with smoke. 5 Then I said, "It's all over! I am doomed, for I am a sinful man. I have filthy lips, and I live among a people with filthy lips. Yet I have seen the King, the Lord of Heaven's Armies." 6 Then one of the seraphim flew to me with a burning coal he had taken from the altar with a pair of tongs. 7 He touched my lips with it and said, "See, this coal has touched your lips. Now your guilt is removed, and your sins are forgiven." 8 Then I heard the Lord asking, "Whom should I send as a messenger to this people? Who will go for us?" I said, "Here I am. Send me."