

# Life Group Lesson Outline

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## Jesus First Week 1

*Date of sermon given:* September 28, 2025

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## Icebreaker (10-15 minutes)

**Purpose:** Encourage fellowship and set a comfortable tone.

**Example Questions:**

- What is your high and low for the week?
  - In what ways did you see God working in our world this week?
  - What are some things that gave you joy this week?
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## Lesson / Discussion (30-40 minutes)

**Opening Scripture Reading:** Colossians 1:15-20

**Theme =** It is the first week of our series where we will be looking in detail at Paul's amazing hymn and writing about who Jesus is in Colossians 1. Pastor Sam talk about how we can only find our true selves in Jesus, the one who knows us and the one who made us.

**Question 1 =** what do these passages show us about God?

**Question 2 =** Where do you feel like our culture is trying to find identity for people? What are places or spaces that are tempting for you to find your identity in (meaning, purpose, life)? What did you find your identity in when you were growing up?

**Question 3 =** How have you seen Jesus change people in your life? In what was do you long for or wish to know Jesus better?

**Question 4 =** Take some time to read the passage 2-3 times slowly and out loud as a group. As you sit with it those times what words, phrases encourage you?

**Reflection / Prayer =** Take some time to pray for each other and our church.

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## Prayer Requests (10-30 minutes)

- Invite group members to share prayer needs. It would be good for the Leader to start this sharing time.
- Close with prayer, praying for each request. (if they are comfortable, rotate who prays for the group)

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- **Leader Notes** [Space for personal notes or reflections]

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