

# **NCAA Eligibility for Homeschooled Athletes**

## **NCAA Eligibility for Homeschooled Athletes**

- D1 and D2 require 16 core-course credits with specific subject distribution
- Must complete 10 of the 16 credits before 7th semester (including 7 in English, Math, or Science)
- Minimum GPA: 2.3 for D1, 2.2 for D2
- D3 requirements vary by institution
- Eligibility and college admission are separate processes

## **Transcript Requirements**

- Include course titles, credits, grades, grading scale
- Label as 'Homeschool Transcript' and sign as administrator

## **NCAA vs. State Homeschool Law**

- Comply with both NCAA and your state's homeschool regulations
- Track dual requirements (e.g., NY's IHIP + NCAA's CCWs)

## **Curriculum Flexibility**

- NCAA accepts eclectic, unaccredited programs with documentation
- Use traditional course titles (e.g., 'English 11')
- Use CCWs for non-approved courses; use NCAA-approved providers if available

## **Core Course Worksheets (CCWs)**

- Required for each core course
- Include: title, curriculum/materials, description, objectives, grading method, scale
- Use descriptions provided by your curriculum provider

## **Common Pitfalls to Avoid**

- Missing CCWs or transcript
- Vague course titles
- No grading scale
- Late registration or missing the 10/7 rule
- Not tracking eligibility 'clock'

## **Tips for Late Starters**

- Create retroactive transcripts and CCWs
- Consider NCAA-approved online courses
- Dual-enrollment can help meet credit requirements

## **College Athletics Pathway**

- Contact coaches by junior year
- Create athletic resume and highlight video
- Complete NCAA Eligibility Center registration
- Scholarships are rare-pursue academic and external funding too
- Be cautious about 'test optional' policies

## **Lessons Learned**

- Start planning in 9th grade
- Keep all course materials, records, and assessments
- Academics and documentation must be a priority
- Exposure and training may involve personal expense

## **Helpful Resources**

- Website: [www.natalie-mack.com](http://www.natalie-mack.com)
- Email: [hello@natalie-mack.com](mailto:hello@natalie-mack.com)
- NCAA Eligibility Center: [eligibilitycenter.org](http://eligibilitycenter.org)
- NCAA Homeschool Page
- Facebook Group: NCAA and Homeschooling
- YouTube: <https://www.youtube.com/@natalie-mackhomeschool>

Notes

Jot down reminders, questions, or checklist items:

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