

Note: Because of the AI technology used in the transcription of the video, the message below is accurate, but not an exact translation.

Discipleship Groups — Level 4

WEEK 4 The Gift of Healings

Hello everyone,
Welcome to the fourth Level of our discipleship groups.

Today I want to talk to you about the **Gift of Healings**.

About spiritual gifts, the apostle Paul writes in 1 Corinthians 12:7-9 (CEM):

“God teaches us that when the Holy Spirit gives us some special ability, he does so that we may seek the good of others. To some, the Spirit gives the ability to speak with much knowledge, to others it gives great trust in God (or FAITH), and to others it gives the power to heal the sick.”

Today I want to talk to you about that power of healing the sick, or the Gift of Healings.

The Gift of Healings can be defined as:

The supernatural ability that the Holy Spirit grants to some believers to Heal physical, emotional, and spiritual illnesses, at a specific time or progressively.

The Gift of Healings is given by the Holy Spirit to glorify God and do good to others. This gift is not a medical or psychological skill, it is a supernatural manifestation of God's power.

The Gift of Healings:

1. No prior medical knowledge is required.
2. It does not depend on human techniques.

The Gift of Healings can be manifested:

1. At public meetings,
2. In private meetings,
3. Through the laying on of hands,
4. From a distance.

In the Bible we find that healing can occur instantaneously or progressively.

1. Instant Healing

It is when the person is healed immediately by receiving prayer or ministry.

Here are some biblical examples of instant healing:

- a. Jesus and blind Bartimaeus (Mark 10:52, NLT).
Mark tells us that Jesus sees the faith of blind Bartimaeus and says to him, *“Your faith has healed you. Instantly the man could see and followed Jesus on the road.”*

Another example

- b. Peter and the lame man at the Temple Gate, Acts 3:7 (NLT)
relates that Peter commands the lame man to get up and walk.
"Then Peter took the lame man by the right hand and helped him up. And as he did, the man's feet and ankles were instantly healed and strengthened."

As we can see, these healings were immediate and evident. The key word—"Instantly."

2. Progressive Healing

This is when healing happens in stages.

Biblical examples of progressive healing: :

- a. Jesus and the Blind Man of Bethsaida (Mark 8:23-25 NLT)
In this scene Jesus prays for the blind man and asks him.
"Can you see anything now? The man looked around and said, 'Yes, I see some people, but I can't see them clearly; they look like trees walking around.' Then Jesus placed his hands on the man's eyes again and his eyes were opened. His sight was completely restored, and he could see everything clearly."

Another example of progressive healing

- b. The prophet Elijah and Naaman the Syrian (2 Kings 5:10-14, NLT)
Naaman was sick with leprosy, and 2 Kings tells us:
"But Elisha sent a messenger out to him with this message: Go and wash yourself seven times in the Jordan River. Then your skin will be restored, and you will be healed of your leprosy. So Naaman went down to the Jordan River and dipped himself seven times, as the man of God had instructed him. And his skin became as healthy as the skin of a young child, and he was healed!"

These healings were progressive or on the way. In this type of healing, the person with the disease must manifest obedience, faith, and perseverance to receive progressive healing.

The Bible teaches us that healings are an integral work that encompasses the whole human being:

There is healing of the body, soul, and spirit.

- 1. The Healing of the Body or Physical Healing.
This type of health refers to the health of bodies affected by diseases or disabilities. The examples above show us this type of healing.
- 2. Emotional or soul healing
This type of healing refers to the healing of internal wounds, traumas, harmful thoughts, anxiety, depression, fear, guilt, rejection etc.

Some biblical examples

- a. The woman with the flow of blood (Mark 5:34, NLT).
Mark tells us that this woman received a double healing. She was physically healed—The flow of blood she had suffered for 12 years and had spent a lot of money on doctors, but wasn't healed—stopped

completely. Verse 29 says that when she touched Jesus' robe, *"Immediately the bleeding stopped, and she could feel in her body that she had been healed of her terrible condition."*

But Mark also relates that this woman was healed emotionally—her soul was restored. She had been rejected by everyone because of her physical condition, and this caused her emotional damage.

Jesus gives her physical healing and emotional, or soul, healing. She was healed of the fear and rejection she had suffered for 12 years. Her dignity and worth as a woman were restored.

Another example of healing of the soul

- b. The demoniac of Gadarenes (Luke 8:35, NLT).
The Bible tells us that his mind was completely healed. Before his deliverance, he manifested madness and now the Bible says that people saw him, *"...sitting at Jesus' feet, fully clothed and perfectly sane."* His mind was healed.

1. Spiritual Healing

Remember we are tripartite beings, we are body, soul, and spirit. Spiritual healing refers to the *restoration of the human spirit*.

Spiritual healing includes:

- a. Forgiveness of sins,
- b. Release from condemnation,
- c. Release from demonic bondage,
- d. Reconciliation with God or salvation.

Biblical Examples of Spiritual Healing

- 1. The demoniac of Gadarene (Luke 8, NLT)
This man who was possessed by demons was spiritually healed by Jesus. He was set free from all the demons that tormented him, and his spirit was restored

Another example of Spiritual Healing

- 2. The child with a mute and deaf spirit (Mark 9:14-29, NLT).
In verses 25-26, Jesus says to the demon who had spiritually bound this child, *"I command you to get out of this boy and never enter him again!" Then the spirit cried out, caused the boy another violent convulsion, and came out of him."*

Spiritual healing occurred and the child was free.

The Gift of Healings and all spiritual gifts are bestowed by the Holy Spirit

Jesus, being a man, received spiritual gifts through the Holy Spirit.

Philippians 2:7, (KJV) tells us, *"... He emptied Himself, taking the form of a servant, made in the likeness of men."* Although Jesus is God, he lived as a man. During His ministry on earth, He did not operate in His divine power but willingly submitted to the power of the Holy Spirit.

Jesus as a man was baptized in water and received the infilling with the Holy Spirit.

Luke 3:21-22 (KJV) tells us, *"...and praying, the heaven was opened, And the Holy Ghost descended in a bodily shape like a dove upon him.."*

Jesus received the spiritual gifts bestowed by the Holy Spirit and this enabled Him to act with power, do good, and heal all who were oppressed by the devil. So says Acts 10:38 (NTV), *"And you know that God anointed Jesus of Nazareth with the Holy Spirit and with power. Then Jesus went around doing good and healing all who were oppressed by the devil, for God was with him."*

Jesus, after being anointed by the Spirit:

1. Healed lepers (Matthew 8:2-3)
2. Restored sight to the blind (John 9)
3. Made paralyzed people walk (Matthew 9:6-7)
4. Cast out demons (Matthew 12:22)
5. Raised the dead (John 11:43-44)
6. Granted us His forgiveness and salvation

If you don't have the Gift of Healing, what should you do?

1. Ask the Holy Spirit.
Pray: *"Holy Spirit, if you want to use me with the Gift of Healings, here I am, give me the Gift of Healings."*
2. Constantly seek to be filled with the Holy Spirit.
3. Crave this gift.

In closing, I want to pray for you,

I pray that the Holy Spirit will fill you and pour out his anointing upon you.

I pray that the Holy Spirit will give you the Gift of Healings, now, in Jesus' name.

We will see you in the next round of Discipleship Groups—Level 5!

A thousand blessings