



Impact Kids Fall 2025

Younger Kids Leader Guide

September 24, 2025

Psalm 23- God is my shepherd, I have all I need, and He helps me feel safe.
Psalm 23:1

Bible- Sept 24- Psalm 23:1 & John 10:1-16 God guides us.



At a Glance



The Code



Gospel Page



**Psalm 23
Leader Devo**

prayer challenge

Pray Psalm 23.
Read it and think about how God
has shown you his will.

Wednesday Group Schedule

Leaders Arrive: 6:15 PM
Family Dinner: 6:30 PM – 6:50 PM
K-3rd Outside Play: 6:50 PM- 7:20 PM
4th & 5th Small Group: 6:50 PM- 7:30 PM
K-3rd Small Group: 7:25 PM- 8:00 PM
4th & 5th Outside Play: 7:30 PM- 8:00 PM
Dismiss: 8:00 PM- 8:05 PM



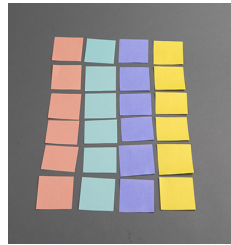
Low Energy Game:

Supplies

- card stock in 4 different colors (3 pieces of each color per adult or teen helper)
- painter's tape
- upbeat music (optional)
- music player (optional)

Easy Prep

Cut the card stock pieces in half. For each adult or teen helper, tape card stock to the floor in a grid pattern with a row of each color.



Follow a Guide

Say: Today we're learning that God guides us. That means God helps us know where to go and what to do. Let's play a game and follow a guide.

- Form as many groups as you have adult or teen helpers, dividing kids evenly among groups. Lead each group to a colored grid.
- The first child in each group will be the guide, hopping from one piece of card stock to the next to create a path through the grid. Encourage older kids to move to a variety of colors along the way.
- The rest of the group members will take turns following the same path as their guide.
- Continue as time allows, giving each child at least one chance to create a path.
- If you'd like, play upbeat music while kids play.

Talk About Following a Guide

Say: We followed our friends' paths in our game. They were our guides and showed us which way to go. We often need help to know which way to go. Share an example of a time you needed directions. Maybe it was a friend directing you to his or her home, a co-worker directing you to a new worksite, or a tour guide helping you find something you wanted to see.

Ask: • Tell me about a time you needed a guide. Kids may say when walking to the park, going to a friend's house, or finding their classroom. Encourage kids to share who guided them.

Say: God has put lots of special people into our lives to help us know where to go. But he's the best guide of all. God is always there to guide us and show us where to go.

Talk About Video:

Discuss and Watch “Chex’s Story”

Say: We’re learning that God is our shepherd. Just as a shepherd guides sheep, God guides us. You might not know that much about shepherds; they were a lot more common in Bible times. But I bet you’ll love the shepherd we’re about to meet.

Ask: • What did you learn about sheep or shepherding from this video?

- Theresa said that God watches over us with his eye and helps us get back in line. How did you see Chex doing something like that?
- Why do the sheep follow Chex?
- How does it help you to know that God guides you like Chex guides sheep?

Say: Sheep don’t always know where to go. They can’t follow whistle or voice commands like Chex can. But they can follow Chex’s guidance! We don’t always know where to go or what to do either, but God guides us and we can follow him.

Deeper Bible:

Supplies

- Bible

Learn a Special Rhyme

Say: God is with us wherever we go. He takes care of us and helps us know what to do. God sends special people to take care of us and help us, too. Let’s think about some of those people while we pretend to go to fun places. To begin, let’s learn a special rhyme.

Encourage kids to clap to create a steady beat as you say together:

God is our Shepherd.
He guides us every day.
He sends special people
To help us on our way.

Talk About Guides

Repeat the rhyme a few times together, and then **say:** Let’s say our special rhyme together while we head to the swimming pool. *Continue clapping and saying the rhyme while you walk around the room.*

Say: Let’s pretend we’re at the swimming pool. *Encourage kids to pretend they’re swimming in a pool.*

Ask: • Who helps you know what to do and keeps you safe at a swimming pool? *Kids may say a lifeguard, their mom, or their grandpa.*

Say: Now let’s head to the playground. We’ll say our special rhyme again as we go. *Lead kids around the room again, clapping and saying the rhyme once or twice.*

Say: *Let’s pretend we’re at the playground. Lead kids to run and jump in place.*

Ask: • Tell me who guides you and keeps you safe at the playground.
Kids may say their dad, their big sister, or their grandma.

Say: Next, let’s head to school. We can take a bus! *Encourage kids to sit down in rows like they’re on a bus. They can say the rhyme while they pretend to ride the bus. Add a little fun to the bus ride with some bumps by having kids bounce or lean to one side.*

Ask: • We’re almost there. But while we’re riding, I wonder who helps us know what to do and stay safe on a bus? *Kids may say the bus driver, a parent, or a sibling.*

Deeper Bible: cont

Say: Now we're at school. *Lead kids to pretend to walk off the bus.*

Ask: • Who helps you learn and guides you at school? *Kids may say the teacher, the principal, or a teacher's aide.*

Say: Wow, we've had a busy day! Let's pretend to walk home. *Lead kids to walk around the room saying the rhyme again. Encourage them to stop and look both ways as they cross a "street."*

Ask: • Now let's pretend we're home. Who guides you and helps you know what to do at home? *Kids might say their mom, a big brother, or a babysitter.*

Thank God for Guides

Say: God puts lots of special people into our lives to take care of us and show us the way to go. God is always there to guide us, too, no matter where we go. That's a promise from the Bible. *Read aloud Psalm 32:8.*

Say: Let's pray and thank God that he always guides us and sends special people to watch over us, too. *Lead kids to pray and thank God for guiding them and sending people*

Life Application:

Stand Inside the Sheep Pen

Say: Today we learned God guides us. We heard how Jesus is like a shepherd and we're like his sheep. The shepherd keeps his sheep safe inside the sheep's pen. *Lead kids into the sheep pen.*

Say: Let's thank God for guiding us into safety like a shepherd guides sheep. *Lead kids in a brief prayer, thanking God for guidance.*

Walk Around the Sheep Pen

Say: We can always ask God to guide us wherever we are. *Lead kids in walking around the outside of the sheep pen.* Let's ask God to lead us whenever and wherever we go. *As kids continue walking around the circle, lead them in a brief prayer asking for God's guidance.*

Thank kids for coming, and ask them to come back next week.

Activity Page with a Point:

Younger Kids: Color a Coloring/Activity Page

Supplies Needed: Coloring Page, pencils, crayons,

Distribute the coloring pages and crayons. **Say:** Psalm 23 talks about how God is a shepherd. God guides us, like a shepherd guides his sheep. Jesus said he is a shepherd, and he knows us by name. Let's color a shepherd with his sheep.

Allow time for kids to color.