



Impact Kids Fall 2025

Younger Kids Leader Guide

October 8, 2025



Psalm 23- God is my shepherd, I have all I need, and He helps me feel safe.

Psalm 23:1

Bible- Oct 8- *Psalm 23:4 & Exodus 13:17-22* God is with us in hard times.



At a Glance



The Code

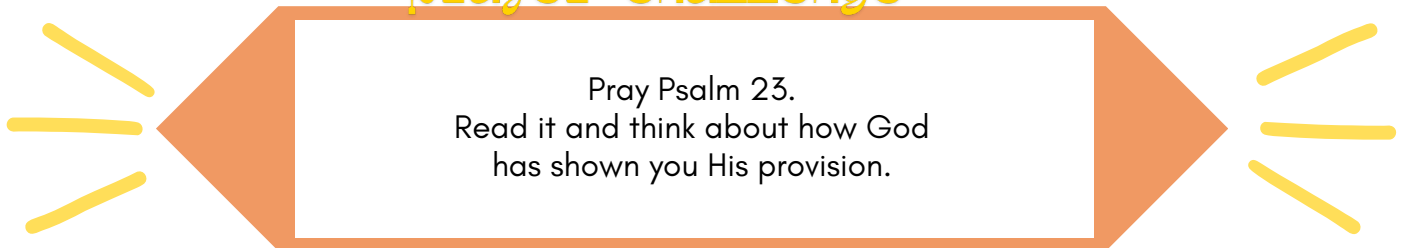


Gospel Page



**Psalm 23
Leader Devo**

prayer challenge



Wednesday Group Schedule

Leaders Arrive: 6:15 PM
Family Dinner: 6:30 PM – 6:50 PM
K-3rd Outside Play: 6:50 PM- 7:20 PM
4th & 5th Small Group: 6:50 PM- 7:30 PM
K-3rd Small Group: 7:25 PM- 8:00 PM
4th & 5th Outside Play: 7:30 PM- 8:00 PM
Dismiss: 8:00 PM- 8:05 PM



Low Energy Game:

Supplies

- empty water bottles (4 per adult or teen helper)
- small foam balls (1 per adult or teen helper)
- pool noodles
- upbeat music (optional)
- music player (optional)

Easy Prep

Provide 1 pool noodle per child, or cut the pool noodles into sections so every child can have a piece.

Guide the Ball

Say: Today we heard that God led his friends with a cloud and with fire. God is also called a shepherd who uses his staff to lead his sheep and keep them on a safe path. Let's use a pool noodle like a shepherd's staff to help a ball stay on its path.

- Form as many groups as you have adult or teen helpers, dividing kids evenly among the groups. Give each adult or teen leader four empty water bottles and a ball. Give each child a pool noodle piece.
- Ask leaders to set up the water bottles as bowling pins on one side of the room. They can reset the bottles when they're knocked down.
- Encourage kids to lay their pool noodles on the floor to create a narrow path for the ball to get to the bottles. They can push the ball back onto the path with the noodle if it veers to one side or the other.
- Allow kids to take turns rolling the ball to knock down the bottles.
- If you'd like, play upbeat music while kids play.

Talk About Guides

Say: We used our noodles to help the ball get where it needed to go in our game.

Share about someone who helps you get where you need to go, like an usher helping you find a seat at church, a store clerk helping you find a product, or an app on your phone helping you find a new restaurant.

Ask: • Who helps you get where you need to go? Kids may say a parent, a teacher, or an older sibling.

Say: When we are having a hard time, we might not know what to do or where to go. But God is with us in hard times. He guides us just like he did his friends in the Bible.

Talk About Video:

Discuss and Watch “Bryan’s Story”

Say: God is with us in hard times. Sometimes it can be hard to remember God is there when things get really scary or sad. Let’s see how a boy named Bryan saw God during hard times.

Ask: • What do you think is the hardest thing Bryan had to go through?

• How did you see God at work even though Bryan had a hard time?

• Tell about a story of your own that Bryan’s story reminded you of.

Share your own story first.

Say: Bryan lost his home and all his stuff. He had to move far away. He was really scared of the storm! But God kept Bryan and his family safe from the storm and even helped Bryan’s friends remake the picture he lost. God is with us in hard times, so let’s remember to look for him!

Deeper Bible:

Supplies

- Bible
- paper grocery bags (1 per adult or teen helper)
- small stuffed animals (1 per adult or teen helper)
- facial tissues (1 per adult or teen helper)
- adhesive bandages (1 per adult or teen helper)

Easy Prep

Place a stuffed animal, a facial tissue, and an adhesive bandage in each paper bag.

Talk About Storms

Say: Today we heard that God was with his friends in a hard time. They knew God was there because they saw the cloud in the daytime and a column of fire at night. Even in the dark, they knew they were never alone. God is right there with us in hard times, too. Let’s use some things in these bags to think more about hard times.

Form as many groups as you have adult or teen helpers, dividing kids evenly among the groups.

Have each group sit in a circle. Give each leader a paper bag.

Say: When there’s a loud storm outside, we might feel scared. Let’s see if there’s something in the bag that helps us when we’re scared in a storm.

Have kids pass the bags around their circles and reach in to feel what’s inside.

Encourage kids not to take anything out of the bag yet.

Have kids guess what object in the bag might help them feel better in a storm.

After kids guess the stuffed animal, allow a member of the group to pull it out of the bag without looking at the other items.

Say: When we’re scared, a stuffed animal can make us feel better when we hug and snuggle with it. God is with us when we’re scared. He takes care of us and helps us feel better, too! *Allow kids to pass around the stuffed animal and give it a hug.*

Deeper Bible: cont

Talk About Sad Times

Say: People sometimes do things that are unkind.

Without naming any names, share about something unkind someone has done to you. Maybe someone pushed you out of the way in a store, wrote something unkind about you on the internet, or yelled at you from a car.

Ask: • Tell me about a time someone wasn't kind to you. *Encourage kids to answer without naming any names. For example, they might share that "someone" took their favorite toy, pushed them on the playground, or said something unkind.*

Say: When people are unkind to us, it makes us sad. We might even start to cry. Let's see if there's something in the bag for times we cry. *Have kids pass the bags around the circles and feel what's inside. Encourage kids not to take anything out of the bag yet. Have kids guess what object in the bag might help them when they cry. After kids guess the tissue, allow a member of the group to pull it out of the bag.*

Say: When we're sad, we might need one of these. We know God is with us when we're sad. His love can help us feel better. *Allow kids to pass around the tissue and pretend to wipe tears off their cheeks.*

Talk About Getting Hurt

Say: Sometimes we get hurt while we're playing.

Share about a time you were injured. Maybe you twisted your ankle playing basketball, tripped and scraped your knee, or stubbed your toe on a piece of furniture.

Ask: • Tell me about a time you got an owie. Kids may say they fell off their bike and scraped an elbow, hit their head on the slide, or scraped a toe on the bottom of the pool.

Say: Let's see if there's something in the bag for an owie. Have kids pass the bags around the circles and feel what's inside. *Encourage kids not to take anything out of the bag yet. Have kids guess what object in the bag might help with an owie. After kids guess the adhesive bandage, allow a member of the group to pull it out of the bag.*

Say: When we're hurt, someone could put one of these on our owie. God is with us when we're hurt. He helps us get better. *Have kids pass around the bandage and place it over an owie they have without taking off the paper backing.*

Gather the items back in the bags and set them aside.

Say: The Bible promises that God is always with us. Listen to this.

Read Isaiah 41:10 aloud. Say: Knowing God is with us helps us in hard times. Let's thank God that he is with us in hard times. Lead kids to pray and thank God for being with them in hard times.

Life Application:

Supplies:

- flashlight
- pillow

Huddle Together

Have kids sit shoulder to shoulder in a circle. **Say:** Today we learned that God is with us in hard times. We heard how God led his friends using a cloud in the sky during the day and a fire in the sky at night. Hold the “fire/flashlight” and “cloud/pillow” over kids’ heads.

Say: God is with us in hard times, too. He led his friends in the Bible, and we can follow him today. Let’s thank God for always being with us.

Pray

Lead kids in a brief prayer as you continue to hold the “fire/flashlight” and “cloud/pillow” over kids’ heads.

Say: I’m so happy you came to learn with us today! This week, whenever you’re having a hard time, look up at the sky for clouds and remember God is with you in hard times.

Activity Page with a Point:

Younger Kids: Color a Coloring/Activity Page

Supplies Needed: Coloring Page, pencils, crayons,

Distribute the coloring pages and crayons. **Say:** Psalm 23 talks about how God is a shepherd. God is with us in hard times, just like a shepherd walks with his sheep through scary places like dark valleys. When God’s people were in a scary situation, God was with them. He even led them by giving them a flame in the sky to follow! Let’s color a sheep walking through a scary place.

Allow time for kids to color.