

**IMPACT
KIDS**

**LIVE
IT OUT**

Impact Kids Fall 2025 Younger Kids Leader Guide October 15, 2025

next steps
IN DISCIPLESHIP

Psalm 23- God is my shepherd, I have all I need, and He helps me feel safe.
Psalm 23:1

Bible- Oct. 15- *Psalm 23:5-6 & Ruth 2-4-* God blesses us.



At a Glance



The Code



Gospel Page



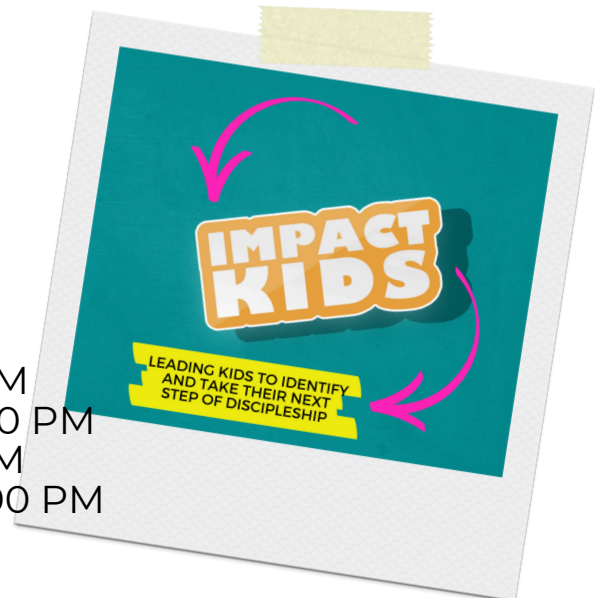
**Psalm 23
Leader Devo**

prayer challenge

Pray Psalm 23.
Read it and think about how God
has shown you blessings.

Wednesday Group Schedule

Leaders Arrive: 6:15 PM
Family Dinner: 6:30 PM – 6:50 PM
K-3rd Outside Play: 6:50 PM- 7:20 PM
4th & 5th Small Group: 6:50 PM- 7:30 PM
K-3rd Small Group: 7:25 PM- 8:00 PM
4th & 5th Outside Play: 7:30 PM- 8:00 PM
Dismiss: 8:00 PM- 8:05 PM



Low Energy Game:

Supplies

- upbeat music (optional)
- music player (optional)

Talk About Showing Love

Say: God blesses us in so many ways, but the best blessing of all is his love. There are lots of different ways to show love to someone.

Share a way you show love to people, like helping them with something, encouraging them, or listening to them when they need a friend.

Ask: • How do you show people you love them? Kids may say by giving them a present, saying “I love you,” or giving them a hug.

Give a Hug

Say: A hug is a great way to show love to someone. Let's show our friends we love them in a game!

- Choose one willing child for every 15 kids to be Huggers. Ask everyone else to spread out around the room and freeze in place.
- On your cue, the Huggers will each go to one frozen friend and give him or her a hug. That child will link arms with the Hugger, and they will hug the next friend together.
- Each child who is hugged will link arms with the Huggers and join in to give the next frozen child a group hug.
- Continue playing until the last child has been unfrozen with a giant hug.
- If time allows, choose new Huggers and begin again.
- If you'd like, play upbeat music while kids play.

Say: In our game, our friends showed their love to us with a hug. God blesses us with food, friends, and a wonderful world to live in. Those are all ways he shows his love.

Talk About Video:

Discuss and Watch “Melda’s Story”

Say: God blesses us. In our Bible story, God blessed Ruth with a family and food.

Ask: • What are you glad God has blessed you with?

Ask: • What blessings did you see in Melda’s life?

• When we say “God blesses us,” does that mean nothing bad will ever happen? Explain.

Say: Melda lost her dad, kind of like Ruth lost her husband. But then God blessed them! God gave both Melda and Ruth new people to love and people to care for them. No matter what’s going on in our lives, God is ready to overflow our cups with blessings. God blesses us, so be sure to count his blessings!

Deeper Bible:

Supplies

- Bible
- “Counting Blessings” handout (1 for every 4 kids)
- crayons
- small cups (1 per child)
- Rice Chex or other classroom snacks (enough to fill 1 small cup per child)
- 1-inch squares of brown paper (1 per child)
- glue sticks (1 per child)
- fun nature stickers
- cross stickers
- wet wipes
- Allergy Alert Poster- snack or Rice Chex

Easy Prep

Cut apart the “Counting Blessings” handouts.

Thank God for Food and Clothing

Say: Today we’re talking about the ways God blesses us. Let’s make a picture to remind us of some of God’s blessings. *Give each child a picture from the “Counting Blessings” handout and some crayons.*

Say: There are so many ways God blesses us. He gives us things we need, like clothes. Let’s start by drawing some clothes on the person in the picture.

As kids begin drawing, **Ask:** • What does your favorite outfit look like?

Give kids a minute to draw clothes on the picture. Wow! These pictures are already getting crowded with all the clothes that are blessings to us!

Say: God blesses us with clothes to wear. He also blesses us with good things to eat. We can thank God for blessing us with clothes and yummy food.

Give each child a cup of snacks, and lead kids in a quick prayer thanking God for food and clothes. Help kids clean their hands, and let them eat their snacks.

After kids finish eating, **Say:** Let’s add something to our pictures to remind us that God blesses us with good food. *Give each child a paper square and a glue stick. Help kids glue the square on the person’s mouth.* I know your pictures are already getting full and maybe overflowing, but squeeze the food blessings in there, too!

Deeper Bible: cont

Thank God for Other Blessings

Say: Not only does God bless us with clothes and good food to eat, but he also sends special people into our lives who love us and take care of us.

Share about someone who loves you.

Ask: • Who loves you and takes care of you? Kids may say their parents, grandparents, or a special friend.

Say: Let's draw some of those special people on our pictures. *While kids are drawing, encourage adult or teen helpers to write the names of people kids draw on their pictures.* Look at all those blessings! They're overflowing off the page!

After kids finish drawing people, **Say:** God made such an amazing and beautiful world for us to live in. That's a way God blesses us, too. Let's add some fun stickers to our pictures to remind us of all the wonderful things God put in our world. *Give kids nature stickers to add to their pictures.* Great job squeezing those nature stickers into your pictures of overflowing blessings!

Let's pray and thank God for surrounding us with people who love us and a wonderful world to live in. *Lead kids to pray and thank God for loved ones and a wonderful world.*

Thank God for His Love

Say: God has given us so many blessings. But the greatest blessing is his love for us. God loved us so much that he sent his Son, Jesus, to help us be his friend forever. Listen to this!

Read aloud John 3:16.

Say: Let's put these cross stickers over the person's heart to remind us of God's love. *Give each child a cross sticker, and encourage kids to add the stickers to their pictures.*

Say: Now let's thank God for his love and all the ways he blesses us!

Lead kids to pray and thank God for all his blessings, especially his love.

Life Application:

Supplies:

- tub/tarp setup
- 3-ounce cups (1 per child)*
- pitcher of water that contains more than the large bowl can hold*

Pour It

*Gather kids around the tub/tarp setup, and give each child a cup. **Say:** Today we learned God blesses us. Let's think of some things God blesses preschoolers with and thank God for those things. God blesses kids with food to keep their bodies healthy and strong. *Pour water into each child's cup.**

Pray: Thank you, God, for blessing kids with food to eat. *Have kids pour their water into the bowl.*

Say: God blesses kids with people to take care of them and keep them safe. *Pour water into each child's cup.*

Pray: Thank you, God, for blessing kids with people to take care of them. *Have kids pour their water into the bowl. Add extra water as needed to ensure the bowl overflows at the end of the activity.*

Say: God blesses kids with friendship and love. *Pour water into each child's cup.*

Pray: Thank you, God, for blessing kids with your friendship and your love. *Have kids pour their water into the bowl so it overflows.*

Overflow It

Say: Think of some more blessings from God, and thank him for those blessings. *Invite children to share more ideas, adding water to the cups for everything they share and letting kids pour the water into the bowl so that it continues to overflow. Have kids thank God for each of the ideas mentioned.*

Close in prayer, and then thank kids for coming and ask them to come back next week to learn more about God.

Activity Page with a Point:

Younger Kids: Color a Coloring/Activity Page

Supplies Needed: Coloring Page, pencils, crayons,

Distribute the coloring pages and crayons. **Say:** Psalm 23 talks about how God is a shepherd. And it says God blesses us. It's like he's filling our cups until they overflow! In the Bible, Ruth lost her husband and all she had. But God blessed her with food and family! Let's color Ruth with her blessings.

Allow time for kids to color.