



Impact Kids Fall 2025

Older Kids Leader Guide

November 5, 2025

The Lord's Prayer- We can trust God for food, forgiveness, and help. Matthew 6:9-13

Bible- Nov 5- *Matthew 6:11 & Psalm 121-* Asking for help is part of prayer.



At a Glance



The Code



Gospel Page



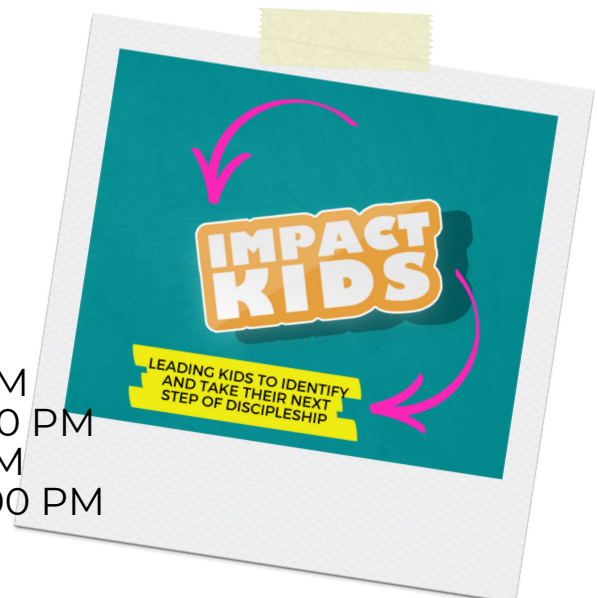
**The Lord's Prayer-
Leader Devos**

prayer challenge

Write The Lord's Prayer- Matt 6:9-13 in a Prayer Journal.
List 2 things you don't have enough strength to do.
Ask God to show you how He can help you.

Wednesday Group Schedule

Leaders Arrive: 6:15 PM
Family Dinner: 6:30 PM – 6:50 PM
K-3rd Outside Play: 6:50 PM- 7:20 PM
4th & 5th Small Group: 6:50 PM- 7:30 PM
K-3rd Small Group: 7:25 PM- 8:00 PM
4th & 5th Outside Play: 7:30 PM- 8:00 PM
Dismiss: 8:00 PM- 8:05 PM



Low Energy Game:

Supplies:

- mini marshmallows
- toothpicks
- upbeat music (optional)
- music player (optional)
- Allergy Alert Poster- marshmallows

Build Marshmallow Towers

Say: Let's see who can build the tallest marshmallow tower. But here's the catch: As you build, you'll be able to touch only one type of building material. That means you'll need each other's help to get your towers off the ground.

- Form teams of four.
- Designate two team members as Toothpick People who can touch only the toothpicks and two members as Marshmallow People who can touch only the marshmallows.
- Give teams about seven minutes to work together to make a tall tower by connecting the toothpicks and marshmallows. If you'd like, play upbeat music as kids build the towers.
- When time is up, measure with your hand to see whose tower is the tallest.

Cheer for everyone's towers, celebrating each team's creativity.

Talk About It

Ask: • What was it like to be able to touch only one of the building materials?

• What's something you can do only with God's help?

Say: Sometimes we'd rather try to do things on our own. But asking for God's help is part of prayer. When we realize we can do only so much, we can trust that God will give us the help we need.

Talk About Video:

Discuss and Watch “Carl’s Big Adventure”

Say: We’re learning that asking for help is part of prayer.

Ask: • Tell about something you need to ask for help with. Share your own example first.

• What could happen if you tried to do that without help?

Say: Sometimes we just need help. Let’s see what happens when our friend Carl didn’t ask for help.

Ask: • Why was it such a big deal that Carl didn’t ask for help?

• What did it cost him to try to do things on his own?

• What could it cost us if we try to do things without God’s help?

Say: Silly Carl flew all over the world—which takes a lot of time and money—because he didn’t ask for directions to Bill and Violet’s house. He learned a big lesson about asking for help! We may not end up in Russia or Thailand when we forget to ask God for help, but we could end up doing things the hard way when God wants to help us. That’s why asking for help is part of prayer.

Deeper Bible:

Supplies

- Bibles
- paper
- pens

Ask Permission

- Have kids line up along one wall of the room while you stand on the opposite wall.
- Play a game of Mother, May I? in which kids ask for your permission to take a certain number of steps to get to you. Kids may ask to take baby steps, giant steps, hops, or somersaults.
- Whenever anyone asks for four or more of any kind of step, say no. Whenever anyone asks for three or fewer steps, say yes. Kids may learn the pattern and revise how they ask, but don’t tell them your reasoning. (If you’re finding that kids aren’t asking for bigger numbers, you could adjust the reasoning to be two or fewer steps are a yes.)
- The game ends when someone can touch the wall you’re standing against.

Ask: • Did you figure out why I sometimes said yes and sometimes said no? What was my pattern?

• If you did figure out my pattern, how did that change what you asked for?

Say: In this game, sometimes I said yes, and sometimes I said no. I had a reason for my answers, even if you didn’t know what the reason was. God has good reasons for saying yes or no when we ask for his help, but sometimes we don’t know what his reasons are. So what should we do if God doesn’t give us what we ask for? Let’s dig in to that.

Dig Deeper

Say: We’re going to learn five things to do if God doesn’t give us what we want. When we ask for something, we often put out our hands to receive it. So let’s use our hands to remember what to do. *Set out paper and pens, and have kids each trace one of their hands.*

Say: The first thing to do when God doesn’t give us what we want is to keep asking. Jesus said to do that!

Deeper Bible: cont

Read Matthew 7:7-8.

Have kids write "Keep asking—Matthew 7:7-8" on the thumbs in their hand outlines.

Ask: • If this promise is true, why don't we always get what we ask for?

Say: Jesus did say to keep asking. But he followed it up by saying this.

Read Matthew 7:11.

Say: God will give us only good gifts. And sometimes even if what we're asking for seems good, it might not be good for us at that time. But we might find that God's different answer is actually good, if we look for the good. That's what happened with a guy named Paul. He had a problem he described as a "thorn in his flesh." We don't know what it was, but he asked God for help.

Here's what happened. As you hear it, listen for what good things God gave Paul.

Read 2 Corinthians 12:7-10.

Ask: • What good things did God give Paul?

• Why were those better than what he was asking for?

Say: God didn't take away Paul's thorn, but he gave him grace and power. That's really cool! On another finger of your handprint, write, "Look for the good—2 Corinthians 12:7-10." If God doesn't answer your prayers with what you want, look for the good things he's giving you instead. Another place we can look for God's answers to prayer is with other people.

Read James 5:16.

Ask: • What are some problems kids might have that they could ask adults to help with?

• What are some problems that a friend could help with?

Say: Asking for help is part of prayer, so we can always turn to God for help. Sometimes his help comes through a person he sends to help us. So if you're facing a really big problem, talk to a trusted friend or adult who might be able to help and pray with you.

Have kids write "Ask other people for help—James 5:16" on another finger.

Say: Sometimes God's not answering our prayers because we're asking for the wrong things. Remember, God gives only good gifts. Sometimes you might need to change what you're asking for. You might be praying for your sister to be nicer to you when you really need to ask God to change your heart toward your sister. Or you might be asking God to give you a new phone when you really need to ask God to change your heart to be more grateful for what you have. Let's read an example of a prayer you could pray.

Read Psalm 51:10.

Ask: • What are some other examples of prayers that might need to be more focused on your heart?

Have kids write "Change how you're asking—Psalm 51:10" on another finger.

Say: There's one more thing we can do when God isn't giving us what we want: Trust God! Here's why we can trust him.

Read Isaiah 55:9. Have kids write "Trust God—Isaiah 55:9" on the last finger.

Ask: • Tell about a time you disagreed with the way God worked in your life. Examples could include moving, losing a close friend, or parents getting divorced.

Say: When those types of things happen, it's clearly not the way we think is best. But we can trust that God's ways are higher than our ways, and he's doing what's ultimately best. Even if his answer doesn't make sense to us, we can trust him. And we can keep on turning to him because asking for help is part of prayer.

Have kids place their hands on their handprints as you pray: God, thank you that we can always ask for your help and we can trust you to do the very best thing. Help us trust you even when we don't get what we want. In Jesus' name, amen.

Have kids take their handprints home as a reminder of what to do when God doesn't give them what they want.

Life Application:

Supplies:

- Bible
- paper cups (green if possible)
- fine-tipped permanent markers

Build a Prayer Mountain

- Read Psalm 121:1.
- Have each child write something he or she needs on a cup. (Let kids know others will read what they wrote.)
- Have kids stack their cups together to make a mountain of prayer needs.
- Read Psalm 121:2.

Wrap Up

Pray: God, thank you that our help comes from you. We ask for your help with everything we wrote on our cups. In Jesus' name, amen.

- Have kids each take a cup and pray for the need written on it.
- Thank kids for coming, and encourage them to come back next week.

Activity Page with a Point:

Older Kids: Color a Coloring Page

Supplies Needed: Coloring Page, pencils, crayons

Say: Jesus taught us how to pray and taught that asking for help is part of prayer. Let's play a little game where you may need to ask for help.

Distribute the activity pages. Kids have one minute to study the picture. Then have kids form pairs. The older child will put the picture face down, and the younger child will keep looking at the picture, without letting the older child see. Older kids will try to answer your questions but can ask for help from their partners as needed.

Ask: • How many bears are there? (Answer: 3)

• How many furry tails can we see? (Answer: 3)

• How many things are flying? (Answer: 5)

Have partners switch roles so the younger partners are answering questions and the older partners are available to help.

Ask: • How many birds are there? (Answer: 5)

• True or false: There are two butterflies. (Answer: False, only 1.)

• What are the fish doing? (Answer: jumping out of the water)

Say: Let's talk about what happened.

Ask: • How did it help to have a partner who had the answers in front of them?

• How does God do the same kind of thing your partner did?

Say: Asking for help is part of prayer. We learned a psalm about people traveling through dangerous mountains and asking for help. That's because God has the power to help us! Just as your partner had all the answers to the questions I was asking, God has all the answers about anything! That's why we can trust him to help us.