



Impact Kids Fall 2025

Leader Devo

October 1, 2025– Pajama Night

Psalm 23- God is my shepherd, I have all I need, and He helps me feel safe.

Psalm 23:1

Bible- Oct 1- *Psalm 23:2-3 & Matthew 11:28-30* God gives us rest.

Read: Psalm 23:2-3; Matthew 11:28-30

In This Passage: In these peaceful verses from Psalm 23, David writes that our shepherd, God, lets us rest in green meadows and leads us beside peaceful streams, renewing our strength. Jesus makes a similar promise when he invites us to take our heavy burdens to him and find rest.

You'll Be Teaching: God gives us rest. To a kid, rest can sound boring. Help kids get past the idea of lying bored in a meadow and understand that the rest Jesus offers is a rest from the worries, stresses, and troubles that overwhelm us with anxiety.

Think About: What do you need rest from? Take your troubles and cares to God.

Dig In to Prayer: Talk to God about any specific challenges you know kids are facing, such as preparing to move across the country, the loss of a grandparent, or a parent with cancer. Ask God to give kids rest from their troubles.

Quick Tip: There's one thing that's critical to a successful ministry; it's even more important than your curriculum! That key ingredient is relationship. This lesson is a great opportunity for you to build your relationship with kids. Share your own stresses and struggles, and listen well to theirs. As you share vulnerably and authentically, you'll build a trust with kids that encourages them to continue bringing their struggles to you and finding rest in the love of Jesus you show.

prayer challenge

Pray Psalm 23.
Read it and think about how God
has shown you rest.