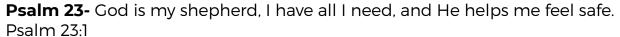


Impact Kids Fall 2025 Leader Devo

October 1, 2025 – Pajama Night



Bible-Oct 1- Psalm 23:2-3 & Matthew 11:28-30 God gives us rest.

Read: Psalm 23:2-3; Matthew 11:28-30

In This Passage: In these peaceful verses from Psalm 23, David writes that our shepherd, God, lets us rest in green meadows and leads us beside peaceful streams, renewing our strength. Jesus makes a similar promise when he invites us to take our heavy burdens to him and find rest.

You'll Be Teaching: God gives us rest. To a kid, rest can sound boring. Help kids get past the idea of lying bored in a meadow and understand that the rest Jesus offers is a rest from the worries, stresses, and troubles that overwhelm us with anxiety.

Think About: What do you need rest from? Take your troubles and cares to God.

Dig In to Prayer: Talk to God about any specific challenges you know kids are facing, such as preparing to move across the country, the loss of a grandparent, or a parent with cancer. Ask God to give kids rest from their troubles.

Quick Tip: There's one thing that's critical to a successful ministry; it's even more important than your curriculum! That key ingredient is relationship. This lesson is a great opportunity for you to build your relationship with kids. Share your own stresses and struggles, and listen well to theirs. As you share vulnerably and authentically, you'll build a trust with kids that encourages them to continue bringing their struggles to you and finding rest in the love of Jesus you show.

<u>prayer challenge</u>

Pray Psalm 23.
Read it and think about how God
has shown you rest.

