



LIVE IT OUT

next steps
IN DISCIPLESHIP

Impact Kids Spring 2026 Older Kids Leader Guide January 14, 2026

Psalm 119- God's Word is like a light that helps us see the right way to go. When we read the Bible, it shows us how to make good choices and follow God's path. Psalm 119:105

Bible- Jan 14- Daniel 5- God's Word helps me delight in right living.

Memory Verse: Psalm 119:105



At a Glance



The Code



Gospel Page



**Psalm 119- Leader
Devos**

Memory Verse Mania

We'll focus on one key Bible verse connected to what we're learning in Impact Kids. Kids will have a chance to memorize it, live, and share it.

Memory Verses:

Psalm 119:105, 1 Corinthians 12:4-5,

John 15:5, Ephesians 6:13

Bonus: Eph 6:10, Psalm 23:1, Matt 6:9-13, Psalm 100:2, Favorite Verse and extra bonus

Wednesday Group Schedule

Leaders Arrive: 6:15 PM

Family Dinner: 6:30 PM – 6:50 PM

K-3rd Outside Play: 6:50 PM- 7:20 PM

4th & 5th Small Group: 6:50 PM- 7:30 PM

K-3rd Small Group: 7:25 PM- 8:00 PM

4th & 5th Outside Play: 7:30 PM- 8:00 PM

Dismiss: 8:00 PM- 8:05 PM



Opening Game:

Supplies:

- Bible
- poster board
- markers
- tape
- washable ink pad

Easy Prep

Draw a large open book on the poster board. Leave the pages of the book blank. Hang the poster on the wall.

Welcome

- Thank kids for coming.
- Introduce new kids.

Introduce the Lesson

Say: We're learning a chapter of the Bible called Psalm 119. Psalm 119 is a song, but we don't know the tune. It's all about how awesome God's Word is! Today's part of Psalm 119 tells us that God's Word helps us live right, so let's make thumbprints representing "thumbs-up" to decorate our Bible.

Indicate the poster on the wall.

- Have each child press a thumb in the ink pad and then hold the thumb in a thumbs-up position while pressing the thumb on the left-hand page of the book you drew.
- You'll continue to add to the poster for two weeks, so leave it hanging.

Share

- Tell kids about a good choice you made in the last week.
- Have kids form pairs. Ask kids to share about good choices they made in the last week.
- After partners have shared, ask two or three kids to share with the whole group.

Summarize

Open a Bible to Psalm 119, and say: Sometimes it's hard to make good choices. But we can find so much joy in the Bible because God's Word helps us live right. Let's dive into God's exciting, true book! And let's talk with God.

Pray, thanking God for helping us live right through his Word.

Talk About Video:

Discuss and Watch Watch “The Right Choice”

Say: God’s Word helps us live right. How? Let’s look at some practical examples of God’s Word helping a girl make the right choice.

Watch “The Right Choice.”

Ask: • When have you been in situations like the ones in the video?

Share your own answer first.

• How did you know what to do?

• What other examples can you think of to show that God’s Word helps us live right?

Say: Wow! In this girl’s life, no matter what happened she had a Bible verse that helped her make the right choice. When we don’t know the right thing to do, we can always turn to the Bible, because God’s Word helps us live right.

Deeper Bible:

Supplies

- Bibles
- butcher paper or poster board and markers
- 11x17 paper (3 sheets)
- washable markers

Make a List of Lessons

Say: Have you ever seen those posters that say things like “Everything I need to know I learned from...”? For example, “Everything I need to know I learned in kindergarten,” or “Everything I need to know I learned from watching ‘Sesame Street.’ ” Usually they include a list of funny or meaningful lessons. We’re going to make a poster like that now.

- Make two columns on the poster board. Label the first one “I learned...” and the second one “from...”

Say: I’ll start with an example. I learned to fly a kite from watching Mary Poppins. Fill in the chart with “fly a kite” in the first column and “Mary Poppins” in the second column. Feel free to use a different example if you prefer. Allow time for kids to call out their own funny life lessons, then add them to the list.

- When you have a fairly robust list, point to it and say: Wow! We’ve learned great lessons from a lot of different places. So if we can learn important lessons like these from all sorts of places, what’s so special about the Bible?
- After all, it was written a long time ago—before computers or smartphones or lots of things we have today. Can the Bible really show us how to live better than anything else can? Let’s dig in to what the Bible can do for us that’s unlike any other book.

Deeper Bible: cont

Dig Deeper

- Form three groups. Give each group a Bible, an 11x17 sheet of paper, and some markers.

Say: Let's see what the Bible can do.

- Read 2 Timothy 3:16-17.
- Assign each group one of the following topics from 2 Timothy 3:16-17, and have kids write it as a header at the top of their paper. They can also make a small note on the back of the paper of which references they should look up.
- Everything I know is true I learned from the Bible. (John 3:16; 1 John 3:1; Psalm 139:16)
- Everything I know about right and wrong I learned from the Bible. (Philippians 2:14; Romans 12:9; Romans 12:17-18)
- Everything I'm prepared to do I learned from the Bible. (James 1:27; Philippians 2:4; Colossians 3:23)

When groups have their headers written, they can start looking up the passages and making lists of what they can learn about what is true, what is right and wrong, or what they're prepared to do. They may come up with more than one thing per verse! Kids can also decorate their posters if they have extra time.

- When everyone is ready, allow time for groups to present their posters and the lessons they learned.

Say: God's Word helps us live right. The verse we read earlier said God's Word teaches us what's true, makes us realize what's wrong, and prepares us to serve God. How cool that the Bible is jam-packed with awesome life lessons for us!

Memory Verse Mania:

Supplies:

- Leader Tracking Sheets (1 set per group in leader folder)
- Memory Verse Mania Instruction Page (1 per leader in leader folder)
- Memory Verse Posters (1 copy for each kid)

Explain Memory Verse Mania

Say: This Spring Impact Kids groups will be taking a Memory Verse Challenge called Memory Verse Mania. In this challenge, each week we will practice the verse. If you think you have it memorized before we practice, leaders will take time during Family Table to listen to you and mark on their Leader Tracking Sheets. Then on Feb 4, Mar 4, Mar 11, and April 29 you will get the chance to win a prize in our drawing. On May 6, we will celebrate everyone who memorized all the verses. If you can do it, we will share other verses from our lessons in the Fall to add to your memory banks. Storing God's Word in our hearts, helps us in the future. Are you ready to take the challenge? Here is your chance to practice the verse for this week. (Send Posters home with kids)

“Your word is a lamp to guide my feet and
light for my path.” Psalm 119:105

Follow Action Cues

Say: In today's Bible story, Daniel explained the mysterious words God wrote on a wall. He said the king wasn't honoring God or living right and his time as king was over. God's Word helps us live right, so let's learn a Bible verse that can help us do the opposite of the king.

The Bible was written by people who wrote just what God wanted them to say. We can do what the Bible tells us to, knowing it leads us to live the way God says is right.

Psalm 119:105 says, “Your word is a lamp to guide my feet and a light for my path.” Lead kids in repeating the verse together a few times.

Ask: • Tell about a time you tried to walk around in the dark. How did that go?

Say: Lights are helpful to stay on the right or safe path! They can help us spot cues and clues about where to go and what to do. Let's practice following some cues in a game to do the right action.

- Lead kids in the classic game of “Simon Says,” but tell everyone you'll replace “Simon” with your name.
- Kids will need to listen for “[your name] Says” as the clue for doing the action you say.
- For some of the tasks, include “[your name] Says, say ‘Your word is a lamp to guide my feet’ ” or “[your name] Says, say, ‘and a light to guide my path.’ ”

Talk About It

Ask: • How did you know what to do in this game? When did you get tricked?

• How does the Bible help you know what to do?

Say: The words in the Bible are like a light that show us how to stay on God's path—the path to live right. And while I may have tried to trick you in our game, God's Word doesn't trick us! God's Word helps us live right.

Activity Page with a Point:

Older Kids: Color a Coloring Page

Supplies Needed: Coloring Page, pencils, crayons

Say: Psalm 119 is about how amazing God's Word, the Bible, is. God's Word helps us live right. And God even wrote words on a king's wall one time to help the king know how he needed to change to do the right thing. But the king needed help to understand the words. Let's see if you can figure out a message that looks confusing at first.

Distribute the activity pages and pencils. Kids will decode the message.

Ask: • How did it feel to try to solve this code?

- Does reading the Bible ever feel [words kids shared]? Tell me more.
- Who helps you when God's Word doesn't feel clear?

Say: God's Word helps us live right. We can ask God to help make it clear to us so we know how he wants us to live. And we can also ask other people to help us understand God's Word, just like the king did when he saw the writing on the wall.

ANSWER KEY: Your word is a lamp to guide my feet and a light for my path.