



## Older IK Groups- 2nd - 5th Grades

**April 9, 2025**

**Bible Story:** Worry- Matthew 6: 19-34

**Big Idea:** God takes care of us.

**The Win:** Kids who can identify and take their next step of discipleship by embracing a preschooler's physical needs or engaging an elementary kid in things that interest them.

### Wednesday Share:

Tonight during Impact Kids, we looked at Matthew 6:19-34. Jesus tells his listeners not to store up treasure on earth or love money, which adds more worry to our lives. Instead, we don't need to worry about anything! Just as God clothes the flowers and provides food for the birds, he'll give us everything we need. We don't need to worry, because God takes care of us. What are you worried about? Write your worries on a piece of paper. Then fold it in half and hold the crease as you make it flap like a bird. While your paper bird flies, ask God to help you trust him.

### Leader Devo:

<https://parkwaychurch.tv/blog/2025/04/02/apr-9>

### Dig In to Prayer:

Ask God to take care of the kids in your group. If you know of any specific needs, pray for them. If not, try to find out during class and pray for them through the coming week.

### Quick Tip:

Does your church provide a snack for kids? Due to allergy concerns, many churches shy away from snacks. But remember that there may be kids in your ministry who do worry about getting enough food, and God could use your Dig In time as a place to provide for them. Having basic snacks on hand, with Rice Chex as an allergy-friendly option, can be one way for God to use your ministry.

### Wednesday Group Schedule

Leaders Arrive: 6:15 PM  
Family Dinner: 6:30 PM – 6:50 PM  
K-3rd Outside Play: 6:50 PM- 7:20 PM  
4th & 5th Small Group: 6:50 PM- 7:30 PM  
K-3rd Small Group: 7:25 PM- 8:00 PM  
4th & 5th Outside Play: 7:30 PM- 8:00 PM  
Dismiss: 8:00 PM- 8:05 PM

## Low Energy Game:

### Play a Game Like 20 Questions

**Say:** Today we're talking about how God takes care of us, which means we don't have to worry! But we still do worry, so let's talk about what in life is worrying us right now.

- Form pairs, and have partners sit facing each other. Have pairs spread out around the room so pairs don't distract each other.
- Explain that each child should think of something that's a worry. Maybe a child is facing a tough school assignment, has had a fight with a friend, or has a serious allergy that can make that child very sick. Tell kids to not share their worries aloud—their partners will try to discover what the worry is by asking questions that can be answered with "yes" or "no."
- The child in each pair who is wearing the most blue will ask questions first—questions that can be answered with only a simple "yes" or "no."
- Give the kids asking questions just two minutes before they guess what their partners' worries are. Then have partners switch roles and play again.

### Talk About It

**Say:** We all worry about things: things that have happened in the past or might happen in the future.

**Ask:** • What helps you feel better when you're worried?

**Say:** Here's something that might help you feel better: God says he'll take care of you! Worrying can't take care of us, but God takes care of us so we don't have to worry.

## Talk About Video:

### Discuss and Watch "Shiloh's Story"

**Say:** Jesus said that God takes care of us, so we don't need to worry.

**Ask:** • What are some things you worry about?

**Say:** Let's watch a video about a girl who was a little worried about starting at a new school.

### Watch "Shiloh's Story."

**Ask:** • Tell about a time you felt like Shiloh. Share your own story first.

- How did you see that God took care of Shiloh?
- How have you seen God take care of you when you were worried?

**Say:** God takes care of us, just like he took care of Shiloh. Shiloh was worried about starting at a new school, but she made friends right away! Abby and Owen helped her fit in and get used to her new school. When you're worried, remember how God takes care of us.

## Deeper Bible:

### Supplies

- Bibles
- inflated balloons or beach balls (1 for every 5 kids)

**Tip :** In order to keep discussion flowing and encourage kids to share, make sure you don't make any kids feel ashamed by their worries. Don't say anything that would condemn or embarrass a child—it's a surefire way to keep kids from sharing in the future.

### Play Volleyball While Worried

**Say:** We've been learning that God takes care of us, so we don't need to worry. But I bet all of us have worried at some point! Was Jesus saying it's wrong to worry? Let's dig in to that.

- To show how worry can affect us, let's play a game of volleyball. But since we're worried about the balloons falling, we have to cover our mouths with both hands in a worried pose.
- Have kids scatter around the room in their "worried" poses. Then toss out all the balloons or beach balls, and have kids try to pass them to each other without letting them fall to the floor. Kids must keep both hands on their mouths at all times.
- After a few minutes, or when all the balloons have hit the ground, collect the balloons and pause the game.

**Ask:** • How did being "worried" impact how well you played?

**Say:** Hmm. We were all so worried about the balloons falling, but I don't think worrying helped us play very well. Let's see how well worrying helps us in living our lives.

### Read Luke 12:25-26.

**Say:** In our game, it wasn't wrong to have a worried pose, and it wouldn't be cheating to have a worried pose even in a real volleyball game. But it sure didn't help us. I don't know if worrying is wrong or not, but I do know Jesus said it won't change anything for the better!

### Dig Deeper

**Say:** In fact, the Bible says worrying can affect us, but only by making things worse! Listen to this.

### Read Proverbs 12:25.

**Ask:** • When has worry weighed you down?

**Say:** Let's play again. This time, since we're weighed down by worries, you have to put your hands by your sides and leave them there. Play the game again, pausing when all the balloons have hit the ground.

**Ask:** • How did this time compare to the last time we played?

**Say:** One thing's for sure: Worrying is not helping us play this game very well! Worrying can take over our thoughts, and it won't change the outcome. Let's see what we can do instead of worrying.

### Read Philippians 4:6-7.

**Ask:** • After everything we've read, do you think worrying is wrong?

Explain. • Do you think worrying is good? Explain.

**Say:** Right or wrong, we know one thing: Worrying isn't good for us. It hurts us, and Jesus has something better for us: peace.

Let's play our game one more time—this time full of peace and joy! We'll celebrate freedom from worry by using our hands however we want to keep the balloons in the air. Play again for several minutes.

- sticky notes
- pens
- timer (optional)

- Set out sticky notes.
- Tell kids they have two minutes to put as many sticky notes on the wall as they can (working as a group), with each sticky note naming something they want to thank God for providing.
- After two minutes (you can either time this or just estimate), count down from 10 and then call time.

Thank kids for coming, and encourage them to come back next week.



## Older Kids Answer Key: