

# FAMILY DEVOTION

## EPIC

### “In God We Trust”



“I Can Always Trust My God!”



*“Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.” – Proverbs 3:5-6*

#### **Say:**

Sometimes, things in life feel really scary or hard. Maybe you feel nervous about a test, scared at night, or worried about something new. It's easy to feel afraid when we don't know what to do. When life gets difficult, we can begin to doubt and let fear take over.

#### **Discuss:**

- Have you ever been worried about something? (Parents, share an example you have of a time you've been worried too.)
- What did you do when you felt that way?

#### **Read:**

Matthew 14:22-33

#### **Discuss:**

- What did the disciples think Jesus was when they saw him coming on the water?
- What was the name of the disciple who walked on the water?
- What happened when Peter took his eyes off of Jesus?
- Did Jesus save Peter from drowning?

#### **Say:**

Peter could walk on water because he trusted Jesus, but when he let fear take over, he sank. That's how it is in life for us too - when we trust Jesus, we can do great things, but we struggle in life when we take our eyes off of Jesus.

Life can feel like a storm sometimes, but when we trust God, He helps us! We don't have to be afraid because He is always with us. When we're not sure what to do in life or what's next, we can trust God to help us!

#### **Pray:**

Ask your children to think of anything they are holding back from God and make a decision to turn that over to Him. Pray for your kids to submit their lives to God and trust Him with ALL of their heart.