



# ST. HELENA'S

— ANGLICAN —

*The Third Sunday of Epiphany*  
January 25, 2026  
10:30 am

## Welcome!

Whether you are visiting or looking for a new church home,  
we rejoice that you are here to worship with us today.

Please take a moment to connect with us so that we might  
welcome you more personally. Please scan the QR code below or  
sign our online guestbook at [www.sthelenas1712.org/guestbook](http://www.sthelenas1712.org/guestbook).

We look forward to saying hello!



Nursery: Children ages kindergarten and older are encouraged  
to worship with their families in the church.

A nursery is available in Tyndale Hall for children  
ages 4 and under during the 10:30 am service.

An usher can direct you to Tyndale Hall.

# Liturgy of the Word

Opening Voluntaries: Hornpipe

Samuel Wesley

I Call to You, Lord Jesus Christ! BWV 639

J. S. Bach

Procession Hymn 439

*Ebenezer*

O the Deep, Deep Love of Jesus

## The Acclamation

Celebrant: Blessed be God: the Father, the Son, and the Holy Spirit.

**People:** *And blessed be his kingdom, now and for ever. Amen.*

*The Celebrant prays:*

The Collect for Purity

BCP, page 106

The Summary of the Law

BCP, page 106

## Gloria

Robert Powell (1932-2025)

1. Glo - ry to God in the high - est, and  
peace — to his peo - ple on earth. 2. Lord God, heaven - ly King, al -  
might-y — God and Fa - ther, we wor - ship you, we give you thanks, we  
praise you for your glo - ry. 3. Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord  
God, Lamb of God, 4. you take a - way the sin of the world: have  
mer - cy on us; 5. you are seat - ed at the right hand of the



Celebrant: The Lord be with you.

**People:** ***And with your spirit.***

Celebrant: Let us pray.

### **The Collect of the Day** (*Remain standing*)

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Please be seated for the chanting of the Psalm  
and the reading of God's word.*

*The Psalm verses are chanted by the choir.*

- <sup>1</sup> Lord, you have searched me out and known me;  
you know my sitting down and my rising up;  
you discern my thoughts from afar.
- <sup>2</sup> You trace my journeys and my resting places  
and are acquainted with all my ways.
- <sup>3</sup> Indeed, there is not a word on my lips,  
but you, O Lord, know it altogether.
- <sup>4</sup> You press upon me behind and before  
and lay your hand upon me.
- <sup>5</sup> Such knowledge is too wonderful for me;  
it is so high that I cannot attain to it.
- <sup>6</sup> Where can I go then from your Spirit?  
where can I flee from your presence?
- <sup>7</sup> If I climb up to heaven, you are there;  
if I make the grave my bed, you are there also.
- <sup>8</sup> If I take the wings of the morning  
and dwell in the uttermost parts of the sea,
- <sup>9</sup> Even there your hand will lead me  
and your right hand hold me fast.
- <sup>10</sup> If I say, "Surely the darkness will cover me,  
and the light around me turn to night."

Samuel Sebastian Wesley (1810-1876)

**First Reading:** 1 Corinthians 11:23-32

Pew Bible, page 958

**Reader:** The Word of the Lord.

**People:** *Thanks be to God.*

*Please stand to sing the Gradual Hymn and remain standing  
through the reading of the Gospel.*

Just As I Am, Without One Plea

**Reader:** The Holy Gospel of our Lord Jesus Christ  
according to St. Mark.

**People:** *Glory to you, Lord Christ.*

**Gospel Lesson:** Mark 7:24-30

Pew Bible, Page 843

**Reader:** The Gospel of the Lord.

**People:** *Praise to you, Lord Christ.*

**Sermon**

The Rev. Shay Gaillard

**The Nicene Creed**

*BCP, page 109*

***We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, visible and invisible.***

***We believe in one Lord, Jesus Christ, the only-begotten Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one Baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.***

## **The Prayers of the People** (*Kneeling or seated as you are able*)

Let us pray for the Church and the world, saying, “Hear our prayer.”

For the peace of the whole world, and for the well-being and unity of the people of God.

Reader: Lord, in your mercy:

***People: Hear our prayer.***

For Archbishop Steve and Bishop Chip, for all the clergy and people of our diocese and congregation, and for Camp Jubilee.

We pray especially for our ministry partner, Anglicans for Life, on this Sanctity of Life Sunday.

Reader: Lord, in your mercy:

***People: Hear our prayer.***

For all those who proclaim the Gospel at home and abroad; and for all who teach, disciple, and plant churches, especially for our Gospel community on Fripp, our daughter church at Habersham, and our church planter, Daniel Miles and his family.

Reader: Lord, in your mercy:

***People: Hear our prayer.***

For our brothers and sisters in Christ who are persecuted for their faith and for all of our mission partners, especially Fred and Sophia Onyango, Zach and Noelle Slagel in Cambodia, Roger and Joanne Griffin in Mexico, Steve and Sarah Hoskins in Maine, and Peng our Seminarian.

Reader: Lord, in your mercy:

***People: Hear our prayer.***

For our nation, for those in authority and for all in public service.

Reader: Lord, in your mercy:

***People: Hear our prayer.***

For the care and keeping of all the men and women of our armed forces at home and abroad, defend them day by day with your heavenly grace.

Reader: Lord, in your mercy:

***People: Hear our prayer.***

For all those who are in trouble, sorrow, need, sickness, or any other adversity, especially those on our parish prayer list.

Reader: Lord, in your mercy:

***People: Hear our prayer.***

For all those who have departed this life in the certain hope of the resurrection, in thanksgiving let us pray.

Reader: Lord, in your mercy:

***People: Hear our prayer.***

### ***The Celebrant concludes:***

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. ***Amen.***

## **The Confession of Sin**

BCP, page 112

***Almighty God, Father of our Lord Jesus Christ, maker and judge of us all: We acknowledge and lament our many sins and offenses, which we have committed by thought, word, and deed against your divine majesty, provoking most justly your righteous anger against us. We are deeply sorry for these our transgressions; the burden of them is more than we can bear. Have mercy upon us, have mercy upon us, most merciful Father; for your Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may evermore serve and please you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.***



The Peace

Celebrant: The Peace of the Lord be always with you.

**People:** *And with your spirit.*

Announcements

Offertory Sentence

*Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men  
Philippians 2:5-7*

Offertory Anthem

Luigi Zaninelli (b. 1932)

Agnus Dei

O Lamb of God, You take away the sins of the world,  
have mercy upon us.

O Lamb of God, You take away the sins of the world,  
have mercy on us.

O Lamb of God, You take away the sins of the world,  
grant us peace.

*Please stand as you are able for the Doxology.*

Doxology 208

*Old Hundredth*

*Praise God, from whom all blessings flow;  
Praise him, all creatures here below;  
Praise him above, ye heav'nly host;  
Praise Father, Son, and Holy Ghost. Amen.*

## Liturgy of the Table

### The Sursum Corda

BCP, page 115

Celebrant: The Lord be with you.

**People:** *And with your spirit.*

Celebrant: Lift up your hearts.

**People:** *We lift them up to the Lord.*

Celebrant: Let us give thanks to the Lord our God.

**People:** *It is right to give him thanks and praise.*

### Sanctus

Hymnal, 764

*Kneeling or seated as you are able*

### The Prayer of Consecration

BCP, page 116

### The Lord's Prayer

BCP, page 118

### The Fraction

BCP, page 118

Celebrant: Alleluia. Christ our Passover Lamb has been sacrificed, once for all upon the Cross.

**People:** *Therefore let us keep the feast. Alleluia.*

### Prayer of Humble Access

BCP, page 119

*We do not presume to come to this your table,  
O merciful Lord, trusting in our own righteousness,  
but in your abundant and great mercies. We are not worthy  
so much as to gather up the crumbs under your table; but  
you are the same Lord whose character is always to have  
mercy. Grant us, therefore, gracious Lord, so to eat the flesh  
of your dear Son Jesus Christ, and to drink his blood, that  
our sinful bodies may be made clean by his body, and our  
souls washed through his most precious blood, and that we  
may evermore dwell in him, and he in us. Amen.*

## During Communion

*Congregation, please join in singing:*

*Agnus Dei*

*Hymnal, 765*

*Hymn 234*

*Eventide*

Abide With Me

*Hymn 444*

*Southwell*

Lord Jesus, Think on Me

*Hymn 92*

*Ratisbon*

Christ, Whose Glory Fills the Skies

The Post Communion Prayer

*BCP, page 121*

***Almighty and everliving God, we thank you for feeding us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us, through this Sacrament, of your favor and goodness towards us: that we are true members of the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, heavenly Father, to assist us with your grace, that we may continue in that holy fellowship, and do all the good works that you have prepared for us to walk in; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be all honor and glory, now and for ever. Amen.***

**The Blessing**

*BCP, page 121*

**Procession Hymn 91**

*Salzburg*

Songs of Thankfulness and Praise

**The Dismissal**

Deacon: Let us go forth into the world, rejoicing in the  
power of the Holy Spirit. Alleluia, alleluia, alleluia.

***People: Thanks be to God. Alleluia, alleluia, alleluia.***

**Closing Voluntary: Psalm XX**

Beneditto Marcello  
arr. Gordon Young

## Announcements

**The Annual Vision Meeting is this Wednesday, January 28 at 6 pm.** The Year in Review will be Wednesday morning at 11 am, both in the Parish Hall.

**The WASH menu** this week is fried fish, cole slaw, and baked beans.

**Next Sunday, February 1, is HELP of Beaufort Food Collection Day.** This ministry is part of St. Helena's LOVE Beaufort ministry and your participation is greatly appreciated. Please bring canned foods including vegetables, meats, fruits and soups as well as peanut butter, pasta and pasta sauce and nutritious drinks and snacks. There will be collection bins at all 3 services. Thank you for your generous support of this important ministry.

**Christian Men's Conference February 6-8.** Please join us in Arden, NC for the Diocesan Christian Men's Conference. The theme this year is "Made in the Image of God", and the guest speaker is The Rev. Dr. Jed Roseberry, ordained Anglican priest and founding pastor of Restoration Anglican Church in Richardson, Texas. The registration link is in the St. Helena's Weekly email or can be found at [christianmensconference.org](http://christianmensconference.org). Please contact Twig Sargent ([tsargent@sthelenas1712.org](mailto:tsargent@sthelenas1712.org)) for further information.

**St. Helena's Parent Panel Wednesday, February 11.** Do you have questions about parenting? Please join Elizabeth Simonis and the Gaillards as we discuss home discipleship, parenting in the electronic age, preparing for the teen years and more. We will gather from 6-7 pm following dinner on the second floor of the Parish House.

**Women's Ministry Retreat** – Ladies, mark your calendar for Friday, February 27th - Sunday, March 1st! We will be holding our retreat offsite at Epworth by the Sea in St. Simons Island, GA. This will be a wonderful time to get away from the demands of everyday life to refresh our souls and absorb the Father's love for us. Please register online through the weekly eNews.

**Kenya Mission Trip Summer 2026** - Do you sense the call for the Gospel work in Kenya? If so, please consider joining the team's Kenya Mission Trip this Summer from July 23 - August 2. If you are interested, please contact Twig Sargent ([tsargent@sthelenas1712.org](mailto:tsargent@sthelenas1712.org)) so that we can connect you with the team as soon as possible.



## ST. HELENA'S

— ANGLICAN —

**High altar flowers** are given to the glory of God by  
Ken and Janice Fulp in loving memory of  
Margaret Carter Fulp and Kenneth E. Fulp.

**Side altar flowers** are given to the glory of God by  
Bill and Kathey Sammons in loving memory of  
Captain Jack C. and Angie Luther Sammons.

### This Week's Prayer List

***Please pray for all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity, especially the following:***

**For those in our parish family:** Richard and Doris Bland, Eleanore Brough, **Jim Cato**, Sam and Nancy Chesnutt, Carroll Crowther, Mary Lou Cullen, Delores Donat, Jim Egan, Shay Gaillard, Frank Giammona, Lynn Gibson, Chris Goodson, Beth Grace, Leila Harris, Henderson Family, Bonnie Markle, Caroline Milne, Ed Moneagle, Dee Moss, Margy Oehlert, Jo Panayotoff, Rod Parker, John Payne, Bev Peutz, Chuck and Annie Pollak, Rob Ream, Fran Sanders, Ric Schwank, Marcia and Rich Seymour, Hamp Simkins, Nelle Smith, Sandy Stephan, Carla Stout, and Shirley Sutton.

**For extended family or friends of our parish family:** William Acker, Steele and Stephanie Anderson, Rev. Paul Anobile, Sandy Ballington, Julie (Hyle) Bleier, Dora Bonetti, Wendy Burchfield, Joyce Carr, David Carter family, Tad and Katie Carver, Chloe Clark, Robin Clay, Joseph Credle, Dana Cuccia, Leslie Custer, Lisa Duress, Lederle Eberhardt,

Susan Eitnier, Ann and Suzanne Finch, Finley, Good Shepherd Academy in South Sudan, Pat Gould, Sue Green, David Hagins, Anita Hammerbeck, Jason Hamshaw, Barbara Harper, Bray Hefner, Hanna Irby, David Kinlaw, Georgia Linam, Carolyn Lyson, Rob Macynski and family, Cameron Martin, **Marigold McInerny**, Zoran and Annie Mistic, Tom Moore, Linda Morris, Sandra Myrick, Steve Ninemire, Fran Norman, Rebecca Pennison, Sienna Perez, Jerri Perkins, Debbie Pollak, Pete Pratt, Doug Pulsifer, **Lilly Rafferty**, Eli Rausch, Bill Rector, Connie Brooks Rettig, Joseph Ritchie, Sr, Christian Rooney, Todd Roseneau, Linda Seigler, Frank and Becci Seuberling, Valentin Silva, Connie Chesnutt Simmons, Lisa Spera, Gabriel St. George, Chase Sullivan, Shanna Sullivan, Tom Truman, Samantha Vanderwahl, Lucus Vanderzee, Carolyn Vitolo, Taylor Ward, Reed Watts, **Sara Weeks**, Terry Whitehead, and the Young Life Ministry.

**For these expectant parents:** Morgan and Beau Brown, Reagan and Stafford Carter, Ford and Danielle Collins, Ronnie and Felicity Charpie, and Laura and John Wise.

**For all our U.S. service members defending our country, especially the following who are deployed overseas:** Connor Brazinski, Trey Crowley, and Flannery Woodward Macynski.

**For our global and local missionaries supported by St. Helena's:** Fr. John Chol Daau and family in South Sudan; Philip in East Asia; Roger and Joanne Griffin in Mexico; Zach and Noelle Slagel in Cambodia; Fred and Sophia Onyango from Kenya, serving in the Anglican Diocese of South Carolina, Allan and Theresa Weikel serving West Africa from Bluffton, and Bishop Jeremiah and Gambella in Ethiopia.

***Names in bold were added this week.*** Names on the prayer list are the initial communication to the clergy of a need for prayer. In order to keep the list current, names remain on the list for 30 days, unless illness is chronic. Expectant parents remain on the list until their children are born and deployed military until they return home. Please fill out an online Prayer Request form or call the church office at (843) 522-1712 to submit a prayer request and inform the clergy of hospitalizations. Updated 1/21/26

## Participating in the Service:

The Rev. Shay Gaillard, Rector  
The Rev. Hunter Jordan, Associate Rector  
The Rev. Keith O'Neal, Deacon  
Holton Johnson, Director of Music Ministry  
Eugenia Henderson, Music Ministry Assistant  
The Parish Choir  
Paul Griffin, Lector  
Lauren Ivens, Paul Cash, and Larry Hofmann, LEMs  
Gregg Brunson, Lance Gooding, Lamar Nix, and Sport Lewis, Ushers

## Our Vision

St. Helena's will boldly proclaim the saving Gospel and Lordship of Jesus Christ, and through intentional discipleship, will raise up servant leaders and Gospel communities in Beaufort and beyond, seeing the Kingdom come.

## Vestry Members

### Class of 2025

Cindy Collins  
Clyde Hinchey  
Kelly Newnham  
Hall Sumner

### Class of 2026

Jim Egan  
Helon Hrushka  
Heidi Smith  
Kathy Whitehead

### Class of 2027

Jeff Kidd  
Sherwood Miler  
Marjory Mitchell  
Jeff Weart

## Welcome!

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## St. Helena's Anglican

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