

Quiet Walk

Discussion Guide for Small Group Meetings

October 5 - October 11

(Based on Daily Readings for September 28 - October 4)

Icebreaker Question: If you could instantly know the answer to one of life's great mysteries, but it had to be something silly (like why socks disappear in the dryer), what mystery would you choose?

Weekly Review ([Romans 13-15](#), [1 Corinthians 1-3, 6](#))

Romans 13–15 calls believers to submit to authority, live in love, and welcome others despite differences. In 1 Corinthians 1–3, Paul emphasizes unity, humility, and Christ as the foundation of wisdom, warning against worldly divisions. Chapter 6 urges fleeing immorality and honoring God with our bodies. Altogether, these passages contrast the world's standards with God's wisdom, urging believers to live transformed lives of love, purity, and dependence on Christ's Spirit.

[In your week's readings, what did you learn about God? What's one Bible passage or reflection thought that stood out to you?](#)

Read 1 Corinthians 2

1. In 1 Corinthians 2:1–2, Paul focused on Christ crucified instead of lofty speech. What are practical ways we can rely on the simple gospel in conversations today?
2. Paul says in 1 Corinthians 2:4–5 that faith should rest on God's power, not human wisdom. What are some modern "wisdoms" that can distract us from trusting God's strength?
3. According to 1 Corinthians 2:7, God's wisdom is a "secret and hidden wisdom." How does this truth encourage us when life feels confusing or overwhelming (compare with Proverbs 3:5–6)?
4. Verse 9 speaks of what God has prepared for those who love Him. How does this promise reshape the way we look at both present struggles and future hope?
5. In 1 Corinthians 2:10–11, Paul says the Spirit searches everything, even the depths of God. How does this deepen your appreciation for the Holy Spirit's role in our daily walk?

6. Verse 14 describes the natural person not accepting the things of the Spirit. Why do you think spiritual truths often seem foolish to the world (see Romans 12:2)?
7. 1 Corinthians 2:16 reminds us that believers have “the mind of Christ.” What does it look like to think and respond with Christ’s mindset in everyday decisions?

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Discussion Guide for Small Group Meetings

October 12 - October 18

(Based on Daily Readings for October 5 - October 11)

Icebreaker Question: If you could choose one everyday task to never have to do again (laundry, dishes, traffic, etc.), which would it be and why?

Weekly Review (1 Corinthians 7-9, 13, 15, 2 Corinthians 1,4)

In 1 Corinthians 7–9, Paul addresses marriage, Christian freedom, and self-discipline. Chapter 13 highlights love as the greatest gift, while chapter 15 assures victory through Christ’s resurrection. In 2 Corinthians 1, Paul comforts believers with God’s faithfulness in suffering, and chapter 4 reminds us not to lose heart, for our present troubles are light compared to eternal glory. Together, these passages show that Christian life requires love, endurance, hope, and confidence in Christ’s ultimate triumph.

In your week’s readings, what did you learn about God? What’s one Bible passage or reflection thought that stood out to you?

Read 1 Corinthians 15:50-58

1. In 1 Corinthians 15:50, Paul says flesh and blood cannot inherit the kingdom. What does this reveal about the limitations of earthly life compared to the eternal?
2. Verse 51 speaks of a mystery where we will all be changed. How does this promise affect the way you think about death and eternity (see Philippians 3:20–21)?
3. In 1 Corinthians 15:52, Paul describes the trumpet sounding. How does this image stir both urgency and hope for the believer’s daily walk?
4. Verse 54 proclaims that “death is swallowed up in victory.” How does this truth bring comfort when facing grief, loss, or uncertainty (compare with Revelation 21:4)?
5. According to 1 Corinthians 15:56, the sting of death is sin. How can we live with greater gratitude for Christ’s victory over sin (see Romans 8:1–2)?
6. Verse 57 declares thanks to God for victory through Jesus Christ. How do you personally celebrate or remember the victories Christ has won in your life?

7. Paul concludes in 1 Corinthians 15:58 by urging us to be steadfast and abounding in the Lord's work. What does that look like in practical terms for your faith, work, and relationships?

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Discussion Guide for Small Group Meetings

October 19 - October 25

(Based on Daily Readings for October 12 - October 18)

Icebreaker Question: If you could instantly grow any fruit tree in your backyard, which fruit would you pick and why?

Weekly Review (2 Corinthians 5, 8-9, 12, Galatians 5-6, Ephesians 1)

In 2 Corinthians 5, Paul describes new life in Christ; chapters 8–9 highlight joyful giving, and chapter 12 reveals God’s strength in weakness. Galatians 5–6 contrasts the works of the flesh with the fruit of the Spirit, urging believers to live by the Spirit and bear one another’s burdens. Ephesians 1 celebrates God’s spiritual blessings, election, redemption, and sealing by the Spirit. Together, these passages emphasize transformation, generosity, Spirit-filled living, and assurance of God’s eternal plan.

In your week’s readings, what did you learn about God? What’s one Bible passage or reflection thought that stood out to you?

Read Galatians 5:16-26

1. In Galatians 5:16, Paul urges us to walk by the Spirit. What daily choices help you practically depend on the Spirit instead of your own strength (see Romans 8:5)?
2. Verse 17 describes the conflict between flesh and Spirit. How have you personally experienced this inner tug-of-war, and what helps you recognize the Spirit’s leading in those moments?
3. Galatians 5:19–21 lists the works of the flesh. Which of these are most prevalent in our culture today, and how can believers resist being shaped by them (see 1 John 2:15–16)?
4. The fruit of the Spirit in Galatians 5:22–23 is a single package. How does seeing these qualities as one fruit rather than separate traits shape the way we grow spiritually?
5. Verse 24 says those who belong to Christ have crucified the flesh. What does “crucifying the flesh” look like in your everyday habits, decisions, or relationships (see Colossians 3:5–10)?

6. Galatians 5:25 challenges us to keep in step with the Spirit. How do spiritual disciplines like prayer, Scripture, or worship help you align your steps with His direction?
7. In Galatians 5:26, Paul warns against conceit, provoking, and envy. How can we foster Spirit-led humility and encouragement in our relationships, both inside and outside the church (see Philippians 2:3–4)?

Quiet Walk

Discussion Guide for Small Group Meetings

October 26 - November 1

(Based on Daily Readings for October 19 - October 25)

Icebreaker Question: What's the funniest "battle" you've ever had with technology, like a phone update or printer jam?

Weekly Review (Ephesians 2-6, Philippians 1-2)

Ephesians 2 proclaims salvation by grace through faith, while chapters 3–4 highlight unity in Christ's body and living worthy of His calling. Chapter 5 calls believers to walk in love, light, and wisdom, and chapter 6 emphasizes strength in God and the armor of faith. Philippians 1 urges joy and perseverance in the gospel, while chapter 2 points to Christ's humility and calls believers to shine as lights in the world through selfless obedience.

In your week's readings, what did you learn about God? What's one Bible passage or reflection thought that stood out to you?

Read Ephesians 6:10-20

1. In Ephesians 6:10, Paul tells believers to be strong in the Lord. What's the difference between relying on God's strength versus our own (see 2 Corinthians 12:9–10)?
2. Verse 11 speaks of putting on the whole armor of God. What modern-day examples can you think of that remind us of being fully prepared for challenges?
3. Ephesians 6:12 describes our struggle as not against flesh and blood. How does this perspective change the way you view conflicts with people?
4. In verses 13–14, Paul lists truth and righteousness as armor pieces. How can we use these daily to guard our hearts and decisions (see Proverbs 4:23)?
5. Verse 15 talks about feet fitted with readiness from the gospel of peace. How do you prepare yourself to share the gospel in everyday conversations?
6. In verses 16–17, Paul mentions the shield of faith and the sword of the Spirit. Which of these feels more natural for you to use, and why?
7. Ephesians 6:18–20 emphasizes prayer as part of the battle. How can consistent prayer make you more aware of God's presence in both ordinary and difficult moments (see 1 Thessalonians 5:16–18)?