**October 19 Sermon - Pastor Keith Moore  
Series: Abiding In Christ Part 4**

**Sermon: Prayer & Fasting To Stay Close to Jesus**

**Focus Passage: John 15:7 & selected verses**

## **Icebreaker Question:** What’s something you’ve tried to give up before (like sugar, coffee, or TV) that turned out to be harder than expected?

## **Discussion Questions:**

### **1. Read John 15:5. Why do you think Jesus said, *“Without Me, you can do nothing”?***

### **2. What does it look like for you to “abide” in Jesus during everyday life?**

### **3. Read John 15:7. Jesus said, *“If you remain in Me and My words remain in you, ask whatever you want and it will be done for you.”* What does this teach us about prayer?**

### **4. Pastor Keith mentioned using the Dogwood Quiet Walk Daily Devotional Emails to guide prayer. Why is it helpful to have Scripture-based prompts when we pray?**

### **5. Read Matthew 6:16-18. What did Jesus teach about the *heart attitude* behind fasting?**

### **6. How can fasting help us “abide in Christ” and grow spiritually?**

### **7. What type of fast might God be leading you to do during these 21 days: food, social media, entertainment, or something else, and why?**