

Sermon Title: Psalms: From the Heart, Part V 10.5.2025

Themes: God's righteous guidance and our peace and joyful fellowship. Live-streaming and sermon notes are at trinitycg.org.

Weekly Question: For what are you crying out?

Introduction: The Lord leads. The Hebrew word for sighing means groaning. For what do you groan? Does anyone hear the cry of your heart? While your despair may be unknown to others, and your groans inarticulate to unhearing ears and uncaring hearts, the Lord hears you. **Psalm 5.** In His rest, His peace, may your cries and sighs be turned to songs of joy!

Sermon Points:

1. Peace in forgiveness of sin. Ephesians 1:7. God doesn't just cover sin. He erases the debt. Grace means our record is clean. Like wiping chalk off a board, you can't even see the writing anymore. Stop dragging yesterday's guilt into your today. If He forgave you, rest freely in His joy.

2. Peace in His presence. Exodus 33:14 And he said, "My presence will go with you, and I will give you rest." Peace isn't the absence of trouble—it's the presence of God in the midst of our problems. Invite His presence into your stress instead of asking Him to stop the storm.

3. Peace through justification. Romans 5:1 Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. To be justified means being declared righteous. Stop trying to *earn* peace with God. Receive it—Jesus *paid* your debt.

4. Peace through prayer. Philippians 4:6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. Worry is faithlessness in action, but prayer hands it to God and ushers in peace. Replace "panic time" with "prayer time."

5. Peace in bearing our burdens. Psalm 55:22. God shoulders what we can't, like a friend who grabs the heavy end of the couch. If you're exhausted, maybe you've been carrying what He already said He will carry.

6. Peace through the Spirit. Romans 8:6. The Spirit reorders our minds toward life and peace. Like tuning a radio. He clears the static, so we hear His voice. If your spirit is restless, you're on the wrong frequency.

7. Peace that guards our heart. Philippians 4:7. His peace soothes and stands watch like a soldier at the gate. When anxiety knocks, let peace answer the door.

8. Peace through His Word. Psalm 119:105. Love for His Word roots us so deeply we don't trip over offenses. A lighthouse guides ships in raging seas. If your peace is shaky, take in of Scripture. It becomes a lamp unto your feet.

9. Peace in loving discipline. Hebrews 12:6. Discipline is grace in disguise, like a gardener pruning branches so the tree bears fruit. Don't despise correction—it's shaping you, not breaking you.

10. Peace through reconciliation. 2 Corinthians 5:18. Sin made us enemies of God, but grace reconciled us to Him. If God is reconciled with us, how can we hold grudges against others?

11. Peace in our weakness. 2 Corinthians 12:9. His grace fills the cracks where we're weak. Our weakness shows His beauty. Stop hiding your weakness; let it be a platform for His strength.

12. Peace in eternity. 2 Thessalonians 3:16. Peace is not just for today, but a forever gift secured in Christ. Like holding a ticket that guarantees entry—you rest because you know your destination. Live with eternity in mind.

Invitation: Lord, lead me to Your joy and peace today and forever.