

Sermon Title: The Lord's Supper 1.18.2026

Themes: The two ordinances of the church: Baptism and the Lord's Supper. Live-streaming and sermon notes are at trinitycg.org.

Focus Question: How is your New Year going so far?

Sermon Points:

1. Baptism. Christians are called to proclaim Christ's name in every area of our life through our attitude and actions. To do that until we step into eternity or He returns, Jesus gave us two ordinances. One ordinance is baptism, which we see in the Great Commission. **Matthew 28:18–20.**

2. The Lord's Supper. The Lord's Supper (Communion) is the other ordinance, which is observed in remembrance of Christ's death and proclaims His atoning work. It is a picture of our union with Him through His sacrificial love. Like baptism, the Lord's Supper is only possible because of the finished work of Jesus Christ on the cross. Jesus shared the Passover meal with His disciples by offering the bread and the cup to them. **Matthew 26:26–28.** Jesus never asked His disciples to commemorate His birth, but He did instruct us to remember His sacrificial death. Jesus died *for* your sins so you don't have to, but you are called to die *to* your sins. The Lord's Supper is an object lesson that represents a great spiritual truth for believers. **1 Corinthians 11:23–29.**

1. What is the Lord's Supper?
 - a. It is a simple act. v. 23
 - b. It is a reminder. v. 24
 - c. It is a symbol. v. 25
 - d. It is a statement of faith. v. 26
2. Who should take the Lord's Supper?
 - a. Only those who are believers. **Mark 14:22–26** and **1 Corinthians 11:29.**
 - b. At Trinity we observe an open table. Any baptized believer in Jesus Christ, even those who are not members of Trinity, may join us in observing the Lord's Supper.
3. How do I prepare myself for the Lord's Supper?
 - a. **1 Corinthians 11:27–28.**
 - b. We prepare ourselves by:
 - i. Self-examination: **1 Corinthians 11:27.**
 - ii. Confessing our sins: **1 John 1:9.**
 - iii. Recommitment: **Romans 12:1–2.**
 - iv. Restoring broken or strained relationships: **Matthew 5:23–24.**
4. When and how often should we observe the Lord's Supper?
 - a. Jesus never said when or how often believers should observe the Lord's Supper.
 - b. We typically observe the Lord's Supper quarterly during our Sunday morning worship services so that as many of you as possible may partake of this ordinance.

Reflection: Lord, thank You for saving my soul and providing the blessing of Communion with You.