

Nursery's January Topic: God is With Me When I take Care of My self

**Focus:** God made me, and we honor God by taking care of ourselves.

**Main verse:** 1 Corinthian 6:19-20, "Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

Book for story time: Good News! God Made Me by Glenys Nellist

Songs & Poems:

God Made My Hands (Poem)

God made my \*hands. Clap, clap, clap.

God made my fingers. Wiggle, wiggle, wiggle.

What do I say? Thank. You. GOD!

*\*Substitute other body parts and their corresponding actions but always end with the same last two lines. Other body parts could be Lips=smack, eyes=blink, toes=wiggle, fingers=snap, nose=sniff, hair=fluff, chin=nod. Action: After saying each word with emphasis (Thank. You. GOD!) raise your hands in the air in praise.*

This is the Way (Song)

This is the way we \*wash our face. Wash our face. Wash our face.

This is the way we wash our face. Thank you, God.

*\*Substitute any task for taking care of ourselves (brush our teeth, splash in the bath, etc.)*

Head and Shoulders Knees and Toes (Song)

Head and shoulders, knees and toes. Knees and toes.

Head and shoulders, knees and toes. Knees and toes.

Eyes and ears and mouth and nose. Head and shoulders, knees and toes. Knees and toes.

*Tune: Traditional Action: Point to each body part as you sing the word.*