

Upper Elementary

- Lesson 6
- Winter 2023-24
- By: RLD Editorial Team
- January 07, 2024

Lesson Focus:

God helps us in all we do.

Bible Basis:

Acts 18:1-23

Materials Needed:

Step 1:

Internet access

Step 4:

- Index cards
- Pens/pencils

Summary & Links:

As they explore how God helps us in all we do, students will talk about times they have needed help and watch a brief video about a teenager who stepped up to help neighbors in need.

Memory Verse:

If anyone serves, they should do it in the strength God provides, so that in all things God may be praised through Jesus Christ.

—1 Peter 4:11

Step 1:

As they explore how God helps us in all we do, students will talk about times they have needed help and watch a brief video about a teenager who stepped up to help neighbors in need.

The more time we spend on something, the better we become at it. But even so, there will always be times we find ourselves needing help.

- **Have you ever realized there was something you wouldn't be able to do on your own? How did you react?** *(Be prepared to give your own examples to help prompt discussion.)*
- **Have you ever stepped in to help someone else in that kind of situation? What was the outcome?** *(Keep discussions brief so everyone who wants to share has an opportunity to do so.)*

In this video, a few teens found a way to help seniors who couldn't figure out technology on their own—let's watch.

Play the video for the students [stop video at 2:36]:

Teens help seniors learn how to use technology

Discuss the video. **It's always great to see examples of people who are willing to help others!**

- **Why do you think these teens chose to do what they did?** *(Possible answers include: They wanted to be helpful; they were following the Golden Rule; they wanted to connect with another generation, etc.)*
- **How do you think the seniors these teenagers helped felt?** *(Answers will vary but may include: Grateful, thankful, less lonely, more confident in their abilities, etc.)*

We can imagine how relieved the residents of Brookdale must have been to get the teens' help with technology so they could better use their devices and communicate with others. There is nothing wrong with needing help; we all need help from time to time. Our lesson today makes that point very clear.

Step 4:

If your class is meeting online, invite students to bring supplies with them to class.

As students finish their Step 3 exercise, bring their attention back to the lesson focus. **With God's help, Paul knew he could accomplish great things. He needed God's help, and God promised to give it.**

Why do you think God gives us strength to help others? *(Answers will vary.)*

Ask a volunteer to re-read the memory verse aloud.

The strength God gives us to help others provides an opportunity for the world to know what He is like. Paul's story is a good example of this.

Divide the class into smaller groups; distribute supplies (or invite students to have them ready at home).

Allow groups to spend a few minutes brainstorming ways they can help others. They can write all ideas on their index cards. As your preteens work, check in with each group. Be prepared to offer suggestions to help them get started; some possibilities might include visiting and reading to shut-ins, helping at church or at school, writing letters, and more.

Once students have had discussion time, ask for a volunteer from each group to share the ideas they came up with. Challenge your students to do one of the ideas for serving others this week.

This week, let's think about how our act of service will let others know about God. Be sure to ask for His help for strength to accomplish whatever you've been assigned to do this week.

Close in prayer, asking God for His blessing and help to serve others.