



FOUNDATIONS

CONVERSATION 5: THE DESIRE TO GROW

ICEBREAKER: THE CURIOSITY METER

Today we're going to test your curiosity. Curiosity is a huge driver of spiritual growth - if you're not curious, you won't learn. So let's figure out what actually sparks your curiosity. Feel free to look up any topic you're unfamiliar with, then on a scale from **1–10**, rate how curious you are about each of the topics below:



- Aliens, UFOs, Unexplained Sightings
- The Meaning of Dreams
- The Mandela Effect
- The Immortal Jellyfish
- The Bermuda Triangle
- The Possibility of Time Travel
- The Mystery of Déjà Vu
- The Placebo Effect

Each of these are pretty interesting, right? It's wild how some topics instantly grab our curiosity while others barely move the needle. But here's the big insight from this little experiment: **You can't force curiosity... but when something captures your interest, you naturally chase it.** You Google it. You ask questions. You go down rabbit holes. Why? Because *hunger creates momentum*.

STUDY: THE PATH OF A HUNGER

Spiritual growth also requires a great deal of curiosity. Before we go any further, here's the shift we need to see: **You grow when you're hungry.** Spiritual growth doesn't happen on its own. You don't grow through osmosis. The growth you want is found on the other side of doing something about the desire to become more like Jesus. What happens when you stop waiting for someone else to feed you and start pursuing wisdom, truth, and growth for yourself?

READ: PROVERBS 4:1-7

This passage is a father pleading with his children to *lean in*, to listen, to grab hold of wisdom like it's treasure. It's a picture of spiritual hunger - of someone who isn't waiting to be spoon-fed but is reaching, seeking, chasing wisdom because they know it leads to life.

- What words or phrases from these verses stood out to you most, and why?
- According to this passage, what's the difference between just hearing wisdom and truly pursuing it?

- In verse 7, Solomon mentions that getting wisdom will cost you something. What do you think growing in wisdom might cost you?
- Think of a time when you were excited to learn a new skill or talent; what did you learn as you worked to accomplish your goal?

READ: HEBREWS 5:12-14

- The writer says they “ought to be teachers by now.” What do you think that means, and how does it challenge your view of spiritual growth?
- Why do you think it’s easy to stay in the “milk” stage spiritually? What keeps people from moving toward maturity?

CONSIDER: SIDE-BY-SIDE COMPARISON

“SOMEONE TEACH ME” – Passive Discipleship	“I Want to Learn” – Active Discipleship
<p>How it sounds:</p> <ul style="list-style-type: none"> • “I’ll grow when someone else helps me.” • “If no one reminds me, I forget.” • “If it’s hard, it’s not my fault.” • “I don’t know how... so I give up.” <p>How it behaves:</p> <ul style="list-style-type: none"> • Waits for direction • Depends on others for motivation • Avoids challenge • Stops easily when confused 	<p>How it sounds:</p> <ul style="list-style-type: none"> • “I want to grow -show me where to start.” • “I remind myself because it matters to me.” • “If it’s hard, I’ll push through.” • “I don’t know how... so I’ll ask & keep going.” <p>How it behaves:</p> <ul style="list-style-type: none"> • Seeks direction • Creates personal motivation • Embraces challenge • Learns through trial and persistence

- Looking at both lists, which side describes you more right now - passive or active? What specific phrase or behavior felt uncomfortably accurate for you, and why?
- When it comes to learning, what usually causes you to give up - and how could active discipleship change that pattern?

CHALLENGE: WE’RE GOING ON A WISDOM HUNT

For the next seven days, take a simple step toward becoming a self-starter in your spiritual growth. **Each day this week: (1) Read one chapter of Proverbs (2) Write down one question** the chapter raises for you. **(3) Write down one insight** that stood out or challenged you. Then bring your notes back next time and share your favorite question or insight with the group. This challenge is about building curiosity, noticing what God is teaching you, and learning to seek wisdom on your own.