



OBEDIENCE & RESPONSIBILITY

CONVERSATION #5: TRUST GOD

ICEBREAKER: BUTTON PUSHERS

Take a few moments for each person in your group to respond instinctively to the situations below, by choosing which option bothers you more. There are no right or wrong answers - just whatever pushes your buttons the quickest.

- Not knowing why **OR** not knowing what's next
- Being unprepared **OR** being interrupted
- Plans changing **OR** plans being unclear
- Moving too slowly **OR** moving without clarity
- Unclear expectations **OR** unrealistic expectations
- Waiting **OR** rushing
- Ambiguity **OR** inconvenience
- Losing control **OR** losing comfort
- Silence **OR** uncertainty
- Feeling rushed **OR** feeling stuck

STUDY: CONTINUE TO WORK OUT

The things that frustrate us most often reveal how we're wired - and where trust feels hardest before anything is explained. When life feels unclear, delayed, or out of our control, our first instinct is usually to lean harder on what we understand, what we can manage, or what feels safest to us. That tension shows up not just in everyday situations, but in our relationship with God as well.

As we turn to Scripture, we're going to look at a passage that speaks directly to this struggle - what it looks like to trust God, not after everything makes sense, but right in the middle of uncertainty.

READ PROVERBS 3:5-6

- Which word or phrase in this passage stands out to you most right now?
- Where do you feel most tempted to rely on your own understanding instead of trusting God?
- What situations make it hardest for you to trust God?
- What does "trusting God with your whole heart" look like in real life - not just in theory?

At the heart of this passage is a shift in how we understand trust. Trust isn't built on having all the information - it's built on relationship.

When things feel uncertain, our natural default is to lean on our own understanding, to look for explanations that make us feel secure. But God doesn't promise to explain every step along the way; He promises to lead. That's where growth begins. Spiritual children often filter obedience through the question, "Does this make sense to me?" Spiritual maturity learns to ask a different question altogether: **"Can I trust the One who said this?"**

ACTIVITY: HARD TO HOLD

To explore that question further, we're going to do an activity that looks honestly at the tension between faith and doubt. It's important to say this clearly: doubt is not the opposite of faith. Silence and pretending are. Many of us read things in the Bible - or hear things taught in church - that we're not sure we fully understand, trust, or embrace yet. And that's more common than we like to admit. This activity isn't about debating, defending, or solving those tensions. It's about being honest enough to name them.

Instructions: Take a few quiet moments and reflect personally. You don't need to overthink this or explain yourself fully. Write down anything you can think of that fits one of these categories:

- A teaching in the Bible you find hard to reconcile
- A command of God that feels confusing, uncomfortable, or costly
- A belief you hear talked about often, but aren't sure you fully trust yet
- A passage you tend to avoid, skip over, or feel unsure how to apply

You don't need to word it perfectly. Just name it honestly. After a few minutes, share this with the group, again without any need for teaching or correction. We just want to be honest about our struggles and doubts for a moment.

CONSIDER: INTO THE LIGHT

Identifying what's hard for you isn't rejection - it's relationship. You're not saying, "*I'm done with this*," or "*I don't belong here*." You're saying, "*I'm still here, and I'm willing to be honest*." That kind of honesty matters, especially in this stage of growth. We often feel pressure to have everything figured out before we're allowed to belong, but real growth begins when uncertainty is brought into the light instead of hidden. Trust doesn't start with certainty; it starts with honesty. And as we hold these tensions, we're not rushing to resolve them. We're learning what it looks like to trust God even when some questions remain unanswered.

READ ISAIAH 55:8-9

CHALLENGE: HIS WAYS

After reading **Isaiah 55:8-9**, identify one area of your life where trust feels difficult because you don't fully understand what God is doing. This week, resist the urge to explain or fix it, and instead practice trusting God without clarity. Each day, bring that situation to God in prayer and say, "*Your ways are higher than mine. I don't understand this yet, but I choose to trust You here*." Then take one small step of obedience or surrender, even if understanding doesn't come first. This isn't about certainty - it's about choosing to trust God.