

# Important information on the FBCA Senior Adult Spring 2024 Retreat

**When is the retreat?** April 29 – May 1, 2024 (Monday through Wednesday). We will depart from FBCA at noon on Monday, April 29, and return to the church by 4:00pm on Wednesday, May 1, depending on traffic.

**Where is this retreat?** We will stay two nights at the Hilton Garden Inn Oceanfront in Ocean City, MD (formerly Dunes Manor). Click [THIS LINK](#) for a virtual tour of the property, which is 150 miles from Alexandria, VA. The hotel offers oceanfront rooms with private balcony, indoor pool, porter assistance for luggage, fitness center, Wi-Fi, an on-site restaurant, and a dedicated meeting space for FBCA's retreat.

**How do I register?** Click [THIS LINK](#) to register and pay for the retreat.

**What will we do during the retreat?** Our retreat theme is "Treasures of the Sea." We will enjoy worship, fellowship, music, meals and discipleship sessions led by Pastor Reed.

**Where will we eat?** Breakfasts will be served to our group in our meeting room both mornings at the hotel during our stay. On the evening of our arrival, we will enjoy a buffet dinner together in the hotel. On Tuesday, a pizza lunch will be provided in the meeting room. Lunches while traveling on the bus and Tuesday dinner are not included in the registration fee. Tuesday dinner is your choice and is not included in the registration fee. There are dining options near the hotel for your consideration or you may eat in the hotel dining room.

## **What are the pricing options I need to know when I register?**

- Private room for an individual is \$417. This includes a room for two nights, luggage assistance, two breakfasts, Monday dinner, Tuesday pizza lunch, and bus transportation.
- Private room for a couple is \$569. This includes a room for two nights,

luggage assistance, four breakfasts, two dinners on Monday evening, two pizza lunches on Tuesday, and bus transportation.

- Shared room for an individual is \$285. This includes a room with two queen beds to share with a retreat roommate for two nights, luggage assistance, two breakfasts, Monday dinner, Tuesday pizza. If you know the individual with whom you would prefer to share a room, please let Lea Anne know by emailing [lfoster@fbcaalexandria.org](mailto:lfoster@fbcaalexandria.org) or by calling her 703-596-2775. We will accommodate shared requests when making room assignments with the hotel staff.

**Is transportation provided?** Yes, FBCA has arranged for a motorcoach to depart from FBCA on April 29 for Ocean City and return retreat attendees to FBCA on May 1. Times are subject to change slightly, but for planning purposes the motorcoach FBCA at noon on Monday, April 29, and return to the church by 4:00pm on Wednesday, May 1, depending on traffic.

**Who is invited to this?** Any adult who wants to participate may go. Please share with friends who are interested in the wonderful senior adult fellowship and discipleship that FBCA offers.

**What is my deadline to register?** Please register by Friday, April 12, 2024. That said, don't wait until the last minute (if possible) as space on the motorcoach and room reservations are first come, first serve.

**What should I pack?**

- Casual clothes for warm & cool weather
- Swimsuit, a cover-up, and a beach towel
- Toiletries, PJs, any medications needed
- Your Bible
- Lightweight jacket for the motorcoach
- We will provide notebooks and pens

**How do I arrange for a hotel room equipped for my accessibility needs?** Please click [THIS LINK](#) and select the "Accessible" icon on the right to view the accessible room options that Hilton Garden Inn Ocean City offers. Then, contact Lea Anne by emailing [lfoster@fbcaalexandria.org](mailto:lfoster@fbcaalexandria.org) or at

703-596-2775 with your request. Please note the deadline for accessible room requests is March 22, 2024. The hotel will try to accommodate requests may after this date, but they will not guarantee it when made within 30 days of our stay.

**May I register without a credit card?** The most efficient method to secure your spot on the retreat is to register electronically through the church database with [THIS LINK](#). If that isn't a viable option, please contact Lea Anne by emailing [lfoster@fbcalexandria.org](mailto:lfoster@fbcalexandria.org) or at 703-596-2775 to discuss registration and payment options.

**Is any financial assistance available?** Yes, we do not want the cost of the retreat to prevent you from attending. Please contact Pastor Reed or Lea Anne to discuss how we may help. These conversations will be discreet and confidential.