

6-6:45 PM | Wednesdays in September in the FAC

A Holistic Approach To Discipleship

With Coulter Weaver, Certified Mental Health Coach

FBCA Wednesday Nights in September A Holistic Approach To Discipleship

Understand how spiritual formation and mental well-being are deeply interconnected, shaping and influencing one another for the whole person. Anxiety has now eclipsed depression as the number one mental health issue in America. Your faith journey will be enhanced by understanding and addressing mental health needs for yourself, loved ones, and community. Come, and invite others, as we create a safe space within the church for open conversations about mental health, discipleship, and providing resources for support.

Coulter Weaver
Licensed Marriage and Family Therapist
Licensed Professional Counselor
Certified Mental Health Coach