

Built on Love

Matthew 7:24-27, Matthew 22:35-40

Jay Holland - Associate Pastor of Family & Student Ministry

Everything Jesus commanded was an _____ of the _____

Jesus' _____ never changes from the _____!

God's out for our _____.

Love involves _____, but love is not primarily a _____.

The _____ description of love involves _____ and _____.

_____ follow _____.

How do I measure a great day?

- Spiritual:

_____ with _____,
_____ (sing, serve, give, gather)

- Physical

_____ and _____ My Body

- Emotional -

Highs, Lows, & _____

- Mental -

- Relational

Talk to a _____
_____ & _____ (words and actions)

Your goal is not a _____ of rules, but a _____ of _____ opportunities.

What are the results?

• **You Become** _____ **Like** _____: Not by trying harder—but by *loving deeper*.

• **You Grow a** _____ (**_____**) **Faith**

**Not a faith that avoids storms—
but a faith that stands firm in them.**

• **You** _____ **God's** _____ **in Every** _____ **of Life**

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Everything Jesus commanded was an exposition of the Great Commandment

Jesus' standard never changes from the Great Commandment!

God's out for our ultimate good.

Love involves feelings, but love is not primarily a feeling.
The Biblical description of love involves choice and action.

Feelings follow focus.

How do I measure a great day?

- Spiritual:
 - Time with God,
 - Worship (sing, serve, give, gather)
- Physical
 - Move and Train My Body
 - Eat Intentionally
- Emotional -
 - Highs, Lows, & Buffalos
 - Gratitude
- Mental -
 - Focus
 - Play
- Relational
 - Talk to a friend
 - Bless & Build

Your goal is not a checklist of rules, but a buffet of love opportunities.

What are the results?

- **You Become More Like Jesus:** Not by trying harder—but by *loving deeper*.
- **You Grow a Resilient (Antifragile) Faith**
Not a faith that avoids storms—
but a faith that stands firm in them.
- **You Experience God's Love in Every Area of Life**