

Built on Love

Matthew 7:24-27, Matthew 22:35-40

Jay Holland - Associate Pastor of Family & Student Ministry

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Everything Jesus commanded was an \_\_\_\_\_ of the \_\_\_\_\_

Jesus' \_\_\_\_\_ never changes from the \_\_\_\_\_!

God's out for our \_\_\_\_\_.

Love involves \_\_\_\_\_, but love is not primarily a \_\_\_\_\_.  
The \_\_\_\_\_ description of love involves \_\_\_\_\_ and \_\_\_\_\_.

\_\_\_\_\_ follow \_\_\_\_\_.

How do I measure a great day?

- Spiritual:

\_\_\_\_\_ with \_\_\_\_\_,  
\_\_\_\_\_ (sing, serve, give, gather)

- Physical

\_\_\_\_\_ and \_\_\_\_\_ My Body

- Emotional -

Highs, Lows, & \_\_\_\_\_

- Mental -

\_\_\_\_\_

- Relational

Talk to a \_\_\_\_\_  
\_\_\_\_\_ & \_\_\_\_\_ (words and actions)

Your goal is not a \_\_\_\_\_ of rules, but a \_\_\_\_\_ of \_\_\_\_\_ opportunities.

What are the results?

- **You Become** \_\_\_\_\_ **Like** \_\_\_\_\_: Not by trying harder—but by *loving deeper*.
- **You Grow a** \_\_\_\_\_ (\_\_\_\_\_) **Faith**  
**Not a faith that avoids storms—**  
**but a faith that stands firm in them.**
- **You** \_\_\_\_\_ **God's** \_\_\_\_\_ **in Every** \_\_\_\_\_ **of Life**

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Everything Jesus commanded was an exposition of the Great Commandment

Jesus' standard never changes from the Great Commandment!

God's out for our ultimate good.

Love involves feelings, but love is not primarily a feeling.

The Biblical description of love involves choice and action.

Feelings follow focus.

How do I measure a great day?

- Spiritual:

    Time with God,

    Worship (sing, serve, give, gather)

- Physical

    Move and Train My Body

    Eat Intentionally

- Emotional -

    Highs, Lows, & Buffalos

    Gratitude

- Mental -

    Focus

    Play

- Relational

    Talk to a friend

    Bless & Build

Your goal is not a checklist of rules, but a buffet of love opportunities.

What are the results?

- **You Become More Like Jesus:** Not by trying harder—but by *loving deeper*.
- **You Grow a Resilient (Antifragile) Faith**  
    Not a faith that avoids storms—  
    but a faith that stands firm in them.
- **You Experience God's Love in Every Area of Life**