

BACKPACKING CHECKLIST

BIG FOUR

- ☐ Backpack
- ☐ Tent
- ☐ Sleeping Bag
- ☐ Sleeping Pad

TOILETRIES

- ☐ TP/baby wipes
- ☐ Trowel
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Hand sanitizer
- ☐ Camp Soap
- ☐ Sunscreen
- ☐ Bug Spray
- ☐ Camp Towel

MISCELLANEOUS

- ☐ Watch
- ☐ Keys
- ☐ ID
- ☐ Cash

CLOTHING

- ☐ Socks (2 pair)
- ☐ Underwear (2 pair)
- ☐ Hiking Shirt
- ☐ Hiking pants
- ☐ Rain Jacket/Pants
- ☐ Gloves/Beanie
- ☐ Thermal Top
- ☐ Thermal Bottom
- ☐ Buff/Bandana
- ☐ Camp Shoes/Sandals
- ☐ Hiking Shoes/Boots
- ☐ Hat
- ☐ Sunglasses

EMERGENCY GEAR + NAVIGATION

- ☐ Matches/Firesteel
- ☐ Whistle
- ☐ First-aid kit
- ☐ Headlamp/Flashlight
- ☐ Topo Map
- ☐ Compass

CAMP KITCHEN

- ☐ Food (plus extra)
- ☐ Ursack/Stuff Sack
- ☐ Stove
- ☐ Fuel Canister
- ☐ Lighter
- ☐ Cookpot
- ☐ Bowl
- ☐ Mug
- ☐ Utensil
- ☐ Water Bottles
- ☐ Water Filter
- ☐ Bear Can (if using)