

What are you dwelling on?

What is the first thing you thought about this morning when you woke up? For me it was, “OK, where is that snooze button.” But where else did my mind go? I shaved, showered, put in my contacts, brushed my teeth... I pretty much did that all without thinking. Before I left home, I grabbed my laptop and my keys. Again, not a lot of thinking going on. Even driving to my office, which I have done thousands of times, was like clockwork. As I sat down at my computer, I realized that I have not really engaged my brain today. It is scary how much of life we can actually live without putting much thought into it. That can happen with the mundane daily activities. It can also happen with our spiritual lives as well. We can read our bible out of habit. We can pray our usual prayers. We can even worship without truly engaging our heart. The problem with that is that we have completely limited ourselves to any possibility of growth.

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Philippians 4:8

We all want a life that is full of love, joy and peace. But so many lives are full of bitterness, frustration and chaos. It can all be traced back to the answer of one simple, “What are you dwelling on?” If I choose not to engage my brain and just go through the motions, I am letting the world dictate my attitude and my situation. If I dwell on negative things, it should come as no surprise that negative thoughts and negative results will dominate my life. However, if I will focus my heart and my mind on things like truth, the goodness of God, the blessings I have received and the future God has in store for me, I will have a life that is full of love, joy and peace. This world will continue to put obstacles in our lives that we will have to deal with on a daily basis. But don’t dwell on them. Paul continues in Philippians 4:9 to say that if you put this into action, the peace of God will be with you. Now that is something worth thinking about.

Phillip

Eastern Hills Church of Christ

easternhills@ehcoc.org

Elders: Carrell Dennis ♥ Chase Palmer ♥ Brandon Smith

Pulpit Minister: Phillip Treat ♥ **Childrens' Director:** Marla Caton

Deacons: Lafe Caton ♥ Terry Cloud ♥ John Grubbs ♥ David Little
Dakota Nowell ♥ Brandon Pyle ♥ Dan Streety ♥ Richard Yarberry

Pearls of Wisdom From the Pew

**I will never have a
peaceful life in Christ
if I continue to wear
the old rags of sin..
They are not comfort-
able and they do not
fit..... Colossians 3:12**

Kay Clement

85 yr wise

November 23, 2025

*You are Welcomed
Here*

*Eastern Hills Church of Christ
2705 E Travis St
Marshall, TX*

SERVICE TIMES

Sunday

Bible Class 9:30,

Worship 10:30,

6PM - Sunday Evenings

Wednesday

Devo & Bible Classes at 6:30

GIVING

We appreciate your giving. Did you know that you can also give online? Go to our website and click on the giving tab on our homepage. You can also use the app on your phone or tablet.

DOWNLOAD THE APP

Scan the QR code to go to your app store, download the app, then click in the top corner of the app to create your account

ONLINE

facebook.com/EASTERNHILLSCOC

Watch LIVE on the app or website
at 10:30 Sunday mornings



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Thank You Lord
Call to Worship
Prayer
The Goodness of God
Welcome
Children's Lesson
Give Thanks
Come Share the Lord
Lord's Supper
Offering
Sing to Me of Heaven
Scripture Reading
Romans 5:6-8
Lesson
Our Roots:
Just as I Am
None of Self and All of Thee
Family News
If That isn't Love
Prayer

Nov. 29 Pat Rains
Anita & Aven Hook

	October 19
Worship	127
Offering	\$ 3,840
Budget	\$ 6,250

November 23
Song Leader: David Little
Call to Worship: DW McLendon
Welcome: Phillip Treat
Communion: Sam Palmer
Scripture Reading : Zak Smith
Closing Prayer: Graham Smith
A/V: Terry Cloud & Sheila Little
Nursery: Kristy Puesta & Holly Allen

November 30
Song Leader: Chase Palmer
Call to Worship: Paul Hollingshead
Welcome: Phillip Treat
Communion: Lafe Caton
Scripture Reading: Jimmy Crossley
Closing Prayer: Terry Cloud
A/V: Terry Cloud & Sheila Little
Nursery: Marla Caton & Tre Turner
November Greeters: Melva & Tom Toy
Carrell Dennis

November Communion:
EAST: Ben Mauldin, Chad McNeely, Ben Puesta,
Brandon Pyle
WEST: Scott Quinn, Phillip Smith, Tre Turner, Blake
Ware
Preparation: Sue Bynum & Gwen Christian

Thanks for all the prayers and concerns for my granddaughter in law, Kaylee Laywell. She is doing well and is at home resting.

- ◆ Nov 26— NO CHURCH SERVICE
- ◆ Dec 1—Marshall Manor Devo @ 10
- ◆ Dec 4— EHCOC KIDZ ice skating @ 6p.m
- ◆ Dec 5— Drop & Shop @ 5:30-8:30
- ◆ Dec 13 LOVE MARSHALL @ 12-3
- ◆ Dec 14— Santa & Songs @ 6
- ◆ Dec 17— EHCOC Songfest & simple supper @ 5
- ◆ Dec 24— NO Church Service
- ◆ Ladies Bible Class 9:30 a.m on Tuesday
- ◆ Men's Bible Study @ 9 a.m on Wednesday
- ◆ Ladies Bible Class @ 6:30 on Wednesday night