



HABITS OF A
Healthy Heart

Third Sunday after Epiphany
8:00 am worship service

FAITH LUTHERAN CHURCH | Inviting, Growing, Serving...

Becoming fully devoted followers of Jesus Christ.

January 25, 2026

WELCOME TO WORSHIP

Faith is a growing faith community in the Aurora area. We're people just like you, who are hungry to know God better. We're looking for the answers to life's tough questions. We're struggling to be better parents, spouses, friends, and neighbors. We don't have all the answers but we're growing as we go.

Faith is a great place to find healing for broken hearts and broken lives. In every Sunday message you'll learn new skills and attitudes to help you live life with the kind of joy that God intends for us. You'll also meet people who are also growing in their journey through the joys and challenges of life. You'll find lots of "walking partners" for your journey here. There are no closed doors at Faith, just lots of opportunities to grow in Christ, friendship, and love.

Faith is a church with a great vision; however, accomplishing a great vision requires the participation of many great people like you. There's a place in our vision for you to use your unique gifts and talents.

CURRENT WORSHIP SERIES: HABITS OF A HEALTHY HEART

In new seasons, we often focus on what we should do more of. But sometimes, we just need to simplify. In our series, Habits of a Healthy Heart, we'll take a deep breath, make space for God, and allow Him to work in our lives.

The Gathering

WELCOME & ANNOUNCEMENTS

OPENING HYMN

please stand

Crown Him with Many Crowns | ELW #855

1 Crown him with man - y crowns, the Lamb up - on his throne;
2 Crown him the vir - gin's Son, the God in - car - nate born,
3 Crown him the Lord of love— be - hold his hands and side,
4 Crown him the Lord of life, who tri - umphed o'er the grave
5 Crown him the Lord of years, the po - ten - tate of time,

hark, how the heav'n-ly an - them drowns all mu - sic but its own.
whose arm those crim - son tro - phies won which now his brow a - dorn;
rich wounds, yet vis - i - ble a - bove, in beau - ty glo - ri - fied.
and rose vic - to - rious in the strife for those he came to save.
cre - a - tor of the roll - ing spheres, in - ef - fab - ly sub-lime.

A - wake, my soul, and sing of him who died for thee,
fruit of the mys - tic rose, yet of that rose the stem,
No an - gels in the sky can ful - ly bear that sight,
His glo - ries now we sing, who died and rose on high,
All hail, Re - deem - er, hail! For thou hast died for me;

and hail him as thy match-less king through all e - ter - ni - ty.
the root whence mer - cy ev - er flows, the babe of Beth - le - hem,
but down - ward bend their burn - ing eyes at mys - ter - ies so bright.
who died, e - ter - nal life to bring, and lives that death may die.
thy praise and glo - ry shall not fail through-out e - ter - ni - ty.

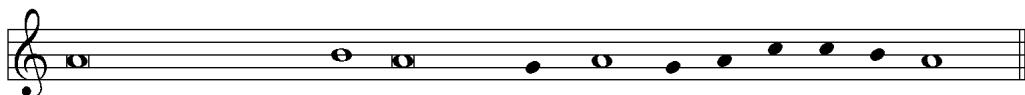
GREETING

P: The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
C: **And also with you.**

KYRIE



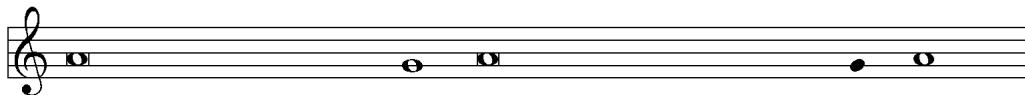
A In peace, let us pray to the Lord. C Lord, have mercy.



A For the peace from a- bove, and for our sal- vation, let us pray to the Lord.



C Lord, have mercy.



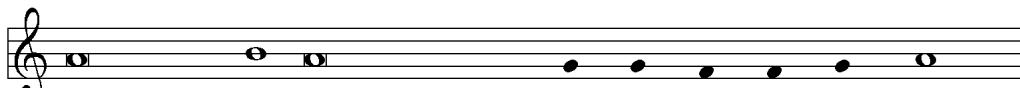
A For the peace of the whole world, for the well-being of the Church of God,



and for the u - ni - ty of all, let us pray to the Lord.



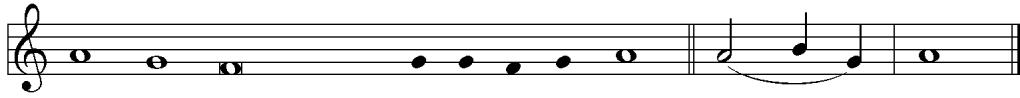
C Lord, have mercy.



¶ For this holy house, and for all who offer here their wor - ship and praise,



let us pray to the Lord. ¶ Lord, have mer - cy.



¶ Help, save, comfort, and de - fend us, gra-cious Lord. ¶ A - men

HYMN OF PRAISE

Refrain



This is the feast of vic - to - ry for our God.



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.



1 Wor - thy is Christ, the Lamb who was slain, whose
2 Sing . . with all the peo - ple of God, and



blood set us free to be peo - ple of God.
join in the hymn of all cre - a - tion:



Pow - er and rich - es, wis - dom and strength, and
Bless-ing and hon - or, glo - ry and might be to



hon - or and bless - ing and glo - ry are his.
God and the Lamb for - ev - er. A - - men.



3 For the Lamb who was slain has be -
gun his reign. Al - - le - lu - - ia.

Refrain

PRAYER OF THE DAY

P: Let us pray,

Lord God, your lovingkindness always goes before us and follows after us. Summon us into your light, and direct our steps in the ways of goodness that come through the cross of your Son, Jesus Christ, our Savior and Lord. Amen.

The Word

FIRST READING

Isaiah 9:1-4

But there will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations.

The people who walked in darkness
 have seen a great light;
those who lived in a land of deep darkness—
 on them light has shined.
You have multiplied exultation;
 you have increased its joy;
they rejoice before you
 as with joy at the harvest,
 as people exult when dividing plunder.
For the yoke of their burden
 and the bar across their shoulders,
 the rod of their oppressor,
you have broken as on the day of Midian.

SECOND READING

1 Corinthians 1:10-18

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you but that you be knit together in the same mind and the same purpose. For it has been made clear to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized in my name. I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else. For Christ did not send me to baptize but to proclaim the gospel—and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power. For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

GOSPEL ACCLAMATION *please stand*

The musical notation consists of two staves in G major (two sharps) and common time. The first staff begins with a quarter note 'C' (soprano), followed by a repeating pattern of eighth notes. The lyrics 'Al - le - lu - ia. Lord, to whom shall we go? You have the' are written below the notes. The second staff begins with a quarter note (alto), followed by a repeating pattern of eighth notes. The lyrics 'words of e - ter - nal life. Al - le - lu - ia. Al - le - lu - ia.' are written below the notes.

P: The Holy Gospel according to Luke, the 10th chapter.

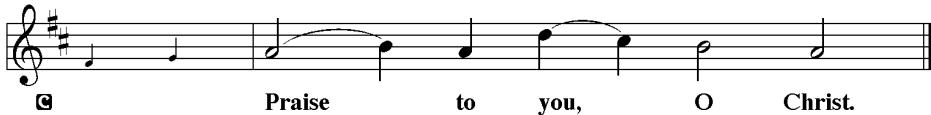
The musical notation consists of one staff in G major (two sharps) and common time. The lyrics 'Glo - ry to you, O Lord.' are written below the notes. The notes are primarily quarter notes, with a half note 'Glo' and a half note 'you' connected by a slur.

GOSPEL

Luke 10: 38-42

Now as they went on their way, he entered a certain village where a woman named Martha welcomed him. She had a sister named Mary, who sat at Jesus's feet and listened to what he was saying. But Martha was distracted by her many tasks, so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her, then, to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things, but few things are needed—indeed only one. Mary has chosen the better part, which will not be taken away from her."

P: The Gospel of the Lord.



Musical notation for the gospel acclamation "Praise to you, O Christ." The notation is in G major (one sharp) and common time. It consists of a single line of music with a treble clef, a key signature of one sharp, and a common time signature. The lyrics are integrated into the musical line: "Praise" (two notes), "to" (one note), "you," (one note), "O" (one note), and "Christ." (one note). The music ends with a double bar line.

MESSAGE

The Habit of Slowing | Pastor Rob

HYMN OF THE DAY

please stand

Love Divine, All Loves Excelling | ELW #631

1 Love di - vine, all loves ex - cel - ling, Joy of heav'n, to
 2 Breathe, oh, breathe thy lov - ing Spir - it in - to ev - ry
 3 Come, Al - might - y to de - liv - er; let us all thy
 4 Fin - ish then thy new cre - a - tion, pure and spot - less

earth come down! Fix in us thy hum - ble dwell-ing, all thy
 trou - bled breast; let us all in thee in - her - it; let us
 life re - ceive; sud - den - ly re - turn, and nev - er, nev - er -
 let us be; let us see thy great sal - va - tion per - fect -

faith - ful mer - cies crown. Je - sus, thou art all com - pas - sion,
 find thy prom-ised rest. Take a - way the love of sin - ning;
 more thy tem - ples leave. Thee we would be al - ways bless-ing,
 ly re - stored in thee! Changed from glo - ry in - to glo - ry;

pure, un - bound - ed love thou art; vis - it us with
 Al - pha and O - me - ga be; end of faith, as
 serve thee as thy hosts a - bove, pray, and praise thee
 till in heav'n we take our place, till we cast our

thy sal - va - tion, en - ter ev - ry trem - bling heart.
 its be - gin - ning, set our hearts at lib - er - ty.
 with - out ceas - ing, glo - ry in thy per - fect love.
 crowns be - fore thee, lost in won - der, love, and praise!

PRAYERS OF THE CHURCH

A: As God's beloved children united in Christ, let us pray for the church, the whole human community, and the well-being of the earth, our home.

A: Holy One, you entrust the message of the cross and the mission of the gospel to the church in every land. Guide the newly baptized and deepen the faith of all who follow Christ. Merciful God,

C: receive our prayer.

A: Holy Creator, you lavish creation with splendor, and we praise you for the gift of life. Teach us to live as wise stewards, sharing the earth's resources with all inhabitants of this garden planet. Merciful God,

C: receive our prayer.

A: Holy Lover, you care for vulnerable young children, frail elders, and any who are sick. We pray for all who are affected by natural disasters. Provide for their needs and relieve their suffering. Merciful God,

C: receive our prayer.

A: Holy Giver, you gather, forgive, and shape us as disciples of Christ. Nurture in us a spirit of patience and respect, that we may love one another as you love us. Merciful God,

C: receive our prayer.

P: Gracious and loving God, we pray for the family and friends of Faith... Merciful God,

C: receive our prayer.

P: Confident that the Holy Spirit receives our prayers and answers us, we commend all for whom we pray to God's loving-kindness made known to us in Christ Jesus our Savior.

C: Amen.

The Meal

PEACE

P: The peace of the Lord be with you always.

C: And also with you.

OFFERING

OFFERING RESPONSE *please stand*



Let the vine - yards be fruit- ful, Lord, and fill to the brim our
cup of bless - ing. Gath - er a har - vest from the
seeds that were sown, that we may be fed with the bread of life.

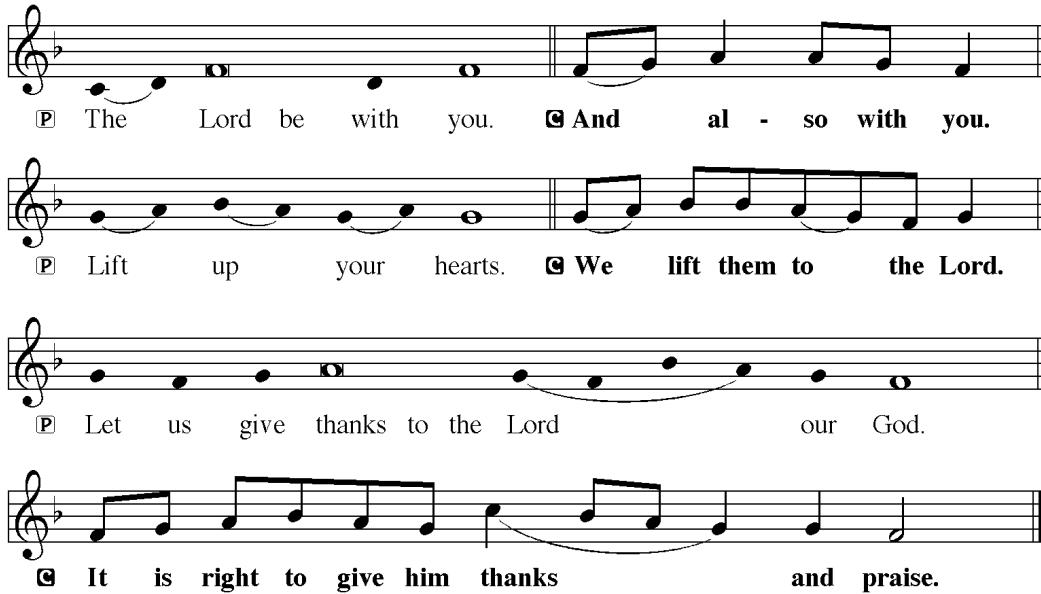
Gath-er the hopes and the dreams of all; u - nite them with the
prayers we of - fer now. Grace our ta - ble with your
pres - ence, and give us a fore-taste of the feast to come.

OFFERTORY PRAYER

A: God of majesty,
no eye has seen, no ear has heard
what you have prepared for those who love you,
yet in this meal you reveal the wideness of your mercy.
Use what we have gathered
to feed us with the reign of God come near,
Jesus Christ, our Savior and Lord.

C: Amen.

GREAT THANKSGIVING



[P] The Lord be with you. [C] And al - so with you.

[P] Lift up your hearts. [C] We lift them to the Lord.

[P] Let us give thanks to the Lord our God.

[C] It is right to give him thanks and praise.

P: It is indeed right and salutary . . . we praise your name and join their unending hymn:

Holy, holy, holy Lord, God of pow'r and might:
 Heav-en and earth are full of your glo- ry. Ho - san - na. Ho - san - na.
 Ho - san - na in the high - est. Bless - ed is he who
 comes in the name of the Lord. Ho - san - na in the high - est.

PRAYER OF THANKSGIVING

P: In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

LORD'S PRAYER

**Our Father, who art in heaven,
 hallowed be thy name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
 as we forgive those
 who trespass against us;
and lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 forever and ever. Amen**

INVITATION TO COMMUNION

P: Here is the Lamb of God who takes away the sin of the world!
 Come to the table; taste and see.
C: **Thanks be to God.**

COMMUNION DISTRIBUTION

AN INVITATION

We invite you to share in Holy Communion this morning, regardless of your church background or lack thereof. We believe that God is present in the bread and wine as it becomes the body and blood of Jesus Christ and that this presence is a gift of grace in the lives of those who receive it. All are welcomed to the table to enjoy this gift of God's love and mercy. Apple/Grape juice is in the center of the communion tray. Gluten free wafers available at the usher stand, please ask an usher to assist you.

C: Lamb of God, you take a-way the sin of the world; have
 mer-cy on us. Lamb of God, you take a-way the sin of the
 world; have mer-cy on us. Lamb of God, you take a-way the
 sin of the world; have mer-cy on us. Lamb of God, you take a-way the
 sin of the world; have mer-cy on us. grant us peace.

P: The body and blood of our Lord Jesus Christ strengthen you and keep you in His grace.

C: Amen.

C: Thank the Lord and sing his praise; tell ev'-ry-one what he has done.

Let all who seek the Lord rejoice and proudly bear his name.

He re-calls his prom-is-es and leads his peo-ple forth in joy with shouts of thanks-giv-ing.

Al-le-lu-ia.

POST-COMMUNION PRAYER

please stand

A: Radiant God,
we have seen your glory in the face of Jesus Christ.
In the sacrament of his body and blood
you have drawn us to your heart.
Send us from this table with delight,
that our lives may reflect the beauty of your love,
and bear witness to all we have seen and heard,
through Jesus Christ, our Savior and Lord.

C: Amen

The Sending

BLESSING

P: May the triune God,
who has put a new song in your mouth
and tuned your heart for praise
† bless you now and forever.

C: Amen.

CLOSING HYMN

Beautiful Savior | ELW #838

please stand

1 Beau - ti - ful Sav - ior, King of cre - a - tion,
2 Fair are the mead - ows, fair are the wood - lands,
3 Fair is the sun - shine, fair is the moon - light,
4 Beau - ti - ful Sav - ior, Lord of the na - tions,

Son of God and Son of Man!
Son of God and Son of Man!

Tru - ly I'd love thee, tru - ly I'd serve thee,
Je - sus is fair - er, Je - sus is pur - er,
Je - sus shines bright - er, Je - sus shines pur - er
Glo - ry and hon - or, praise, ad - o - ra - tion,

light of my soul, my joy, my crown.
he makes our sor - rowing spir - it sing.
than all the an - gels in the sky.
now and for - ev - er - more be thine!

DISMISSAL

P: Go in peace. Do justice. Love mercy.

C: Thanks be to God.

NEWS & ANNOUNCEMENTS

Welcome to Faith!

We are so glad that you have chosen to worship with us today! Have questions about Faith? Wondering how to get connected or get more involved? We'd love to help. No matter where you are in life or how many times you've visited, we're here to guide you towards your next best step. Stop by the welcome center located near the main entrance. If this is your first time at Faith, let us know, we've got a special gift just for you!

ANNUAL CONGREGATIONAL MEETING

Today | 10:45 AM

All members are invited to attend Faith's annual congregational meeting. Agenda items will include a review and celebration of 2025, approval of the 2026 spending plan, the election of council members and nominating committee members.

ADULT ONLINE STUDY GROUP

Tuesdays | 7:00 PM

Don't Give the Enemy a Seat at Your Table

In this six-session video Bible study, bestselling author and pastor Louie Giglio unpacks Psalm 23 to offer insight into how to overcome the enemy's lies and find peace and spiritual security in any circumstance or situation. You can find freedom from the battles in your mind if you allow Jesus, the Good Shepherd, to lead the battle. Learn how to find encouragement, hope, and strength no matter what valleys you face.

This 6-week online study is facilitated by Becky Marchiando. Please register online or at the welcome center so that we may send you Zoom credentials required to participate and come join us!

CHILI COOK OFF

Sat 1/31 | 5:00 PM

Do you make the best Chili? Don't Cook? Join us in the tasting and judge your favorite Chili! Sign up soon at the welcome center to enter your favorite Chili recipe, or to bring desserts or sides, e.g. corn bread. Open to all ages. If you're competing, please have your Chili entry at the church by 4:30 PM. Please bring any fixings for your chili, e.g. cheese, sour cream, etc. Prizes will be awarded along with bragging rights of course

WOMENS BIBLE STUDY

Mon 1/26 | 7:15 PM

Unfolding over 6 sessions, Nicki Koziarz walks women through the Book of Ruth, focusing on the Moabite woman's 5 practical habits that kept her eyes on God: Ruth accepted the assignment of refinement, followed through on her commitments despite her feelings, remained open to the movement of God, gave others what she needed, and moved forward in faith. Meeting Mondays at Faith Jan 26, Feb 9 & 23, Mar 9 & 23

TUESDAY AM WOMENS BIBLE STUDY

Tuesdays | 9:00 AM

Esther - Character Under Pressure by Patty Pell.

This nine-session Bible Study looks at the Old Testament book of Esther and how she faced life-threatening pressure to save her people. Through Biblical reflection the study explores how to develop godly character through the contemporary pressures that challenge us today. The workbook will be made available at the meetings (\$8). It is also available in Kindle format. For additional information contact Sue Boozell at sue.boozell@discoveringfaith.com.

REVOLUTION

Sun 2/1 & 2/15 | 5:00 PM

On Sunday Nights at Faith, we've created an event that attracts **middle & high school students just like you**. After all, we figure you want to be wherever your friends are. We make this time as fun and relevant as we possibly can. The goal is for you to leave feeling energized to go out there and tackle another week! Meets 1st and 3rd Sundays in the auditorium. Register online- discoveringfaith.com

DINING NIGHT FOR FAITH

Thurs 1/29 | 4:00 PM

Faith is hosting our next Dining Night for Faith on Thursday, January 29, 2026 from 4:00pm-8:00pm at Panera Bread at the corner of Rt. 59 & 75th St (across from Home Depot).

Please make sure to use flyer at the welcome center and share with your friends. This event is only at the Panera at 491 IL-59, Aurora, IL . Panera will donate 25% of all sales that mention the flyer directly to Faith Lutheran Church.

KIDWERKS

Sundays | 9:30 AM

Join us in the auditorium as we dive into learning about new virtues each month through stories from the bible so that we can grow in our understanding and relationship with God. To register go to discoveringfaith.com or for more information please contact jenn@discoveringfaith.com PreK – 5th grade

NEXT

Sun 2/1 | 9:00 & 10:30 AM

If you've ever wondered how to get involved at Faith or how to take the next step, don't worry. We've created a simple next step for you. It's a small gathering called NEXT. This informal gathering lasts approximately 20 minutes and will provide you with an overview of our mission, strategy, and environment to help you determine your best next step in continuing your faith journey. Pastor Rob and Jenn Richardson, Faith's volunteer coordinator, will be on hand for conversation and to welcome you to Faith. Meets fireside.

SCOUT SUNDAY**Sun 2/8**

Scout Sunday will be observed February 8. Faith Lutheran Church's Cub Scout Pack 643 and Scout Troop 508 will be present at both 8:00 and 9:30 AM services to greet parishioners and assist with the service. This is a great opportunity for our congregation and our Scouts to come together.

PANCAKES FOR A PURPOSE**Sun 2/8 | 7:30 AM**

Join us in supporting Scouts BSA Troop 508 at their Pancake Breakfast on Sunday, February 8, from 7:30–11:30 AM right here at Faith Lutheran Church.

Enjoy pancakes, sausage, coffee, milk, juice, and fruit while helping fund Scout programs, service projects, and leadership development. \$20 per family | \$5 per individual

Bring your family, bring your friends, and come support our local Scouts—we can't wait to see you! (Pre-registration is advised, www.discoveringfaith.com)

MEMBERSHIP @ FAITH**Mon Feb 16 & 23 | 6:30 PM**

This two-part course invites participants to explore the vision, mission and values of Faith, as well as a broad overview of the Christian faith from a Lutheran perspective. Participants will also discover their unique gifts and how they can use them in serving others. This course is open to everyone, and is required of those who wish to become members at Faith! Register on line or at the welcome center.

HESED HOUSE SERVING EVENT**Weds 2/18 | 6:30 PM**

Faith's next serving opportunity at Hesed House is February 18. We will need roughly 5 to 10 volunteers to help with meal setup, serving, and cleanup. Volunteers can conveniently signup online or at the welcome center. All that's needed is a serving heart. Sign up today! If you have questions about Faith's Hesed House ministry, please reach out to the ministry team at hesedhouse@discoveringfaith.com.

A MOMENT FOR MOM**Sat 2/21 | 10:00 AM**

THIS MONTH WE ARE MEETING THE THIRD SATURDAY 2/21

This month's speaker is Denika McMillen with the topic 'Bonds - How Our Earliest Relationships Affect Our Current Ones'

A Moment for Mom is a group for moms of kiddos ages 0-10 that meets the 2nd Saturday each month through May 2026. Sessions provide a delicious breakfast and amazing speakers on topics relating to motherhood. We offer affordable childcare while you attend. Our website is ready for you to explore our speakers and costs for the 2025-2026 year. Come join us and other moms to laugh, learn, and connect. Register today and/or reach out to us for more information at www.discoveringfaith.com/amomentformom.

NIGHT OF FAITH (21+ Event)

Sat 2/21 | 6:00 PM

Join us for a night of fellowship, fortune, and fun! You're invited to a night of food and drinks, silent and live auctions, and our Golden Ticket raffle drawing. Event tickets are \$25/person or \$40/couple. Adults only (21+ event).

Introducing the Night of Faith - Golden Raffle Extravaganza! Exotic cruise? Tropical vacation? That giant TV you've always wanted? Nah, we're going with Cash! That's right! This year, the Night of Faith Golden Ticket Raffle winner will receive cold, hard, cash! \$2000 of it, in fact! Each raffle ticket is \$100. While there are no limits to the number of \$100 tickets any individual can purchase, WE WILL LIMIT total ticket sales to 60 tickets, maximizing your odds at scoring the \$2000 golden prize. Buy 1, buy 2, heck, buy 10, and get in the game before they are gone!

Event and Golden tickets on sale soon. Purchase tickets online or at the church between Sunday services. Winner need not be present to win.

As Easy as Click & Give



As followers of Jesus Christ, we embrace irrational generosity. We know it changes lives—ours and the people we're reaching. At Faith, taking action on your generosity is simple. Just scan the QR code with your camera and give. Simple, safe, and secure.



Pastor Rob Douglas
DISCOVERINGFAITH.COM

3000 LIBERTY ST. AURORA, IL. 60502 | (630) 862-3500 | OFFICE@DISCOVERINGFAITH.COM