



DEUS FALL WOMEN'S RETREAT CONYERS, GA

Wednesday, October 22-24, 2025

Annual DEUS Women's Retreat

Dear Sisters in Christ,

For over 22 years DEUS women have gathered for an annual retreat of spiritual strengthening, physical rest and joyous fellowship. This year, we will again be meeting in Conyers, GA at the Abbey of the Holy Spirit. Enclosed are the retreat registration materials. Would you please share this information with all of the women in your parish and with any of their friends? Especially please encourage new women to come.

This year Bishop Chad Jones, our APA Provincial and Diocesan Bishop, will be leading us through a study of the Book of Psalms. We will be using Patrick Henry Reardens's **Christ in the Psalms** ISBN 1-888-212-21-7. (If you Google that number you will get lots of prices.) Bishop Chad will also be our Spiritual Guide and I will be the Retreat Leader. **The registration deadline for this instructed retreat is Oct. 10th.** Anyone wishing to arrive earlier for a quiet personal retreat may do so but you must make your own arrangements with the Abbey. The phone number for the Retreat House is 770-760-0959.

Participants will need to bring a Bible, preferably a study Bible, a 1928 Prayer Book and a personal spiritual project. The project may be reading material or something you are writing or making for the church or its people. It should be that spiritual thing about which you might have said, "I wish I could do" or "If I only had the time to ...".

Also, each participant is invited to bring their favorite snack food. There are usually 10-20 women attending the retreat but you should bring only enough snacks for about 6 -7 people. We will share with each other and there has always been plenty. Coffee and tea are available 24/7 in the dining room plus ice and water will be provided. There is a small refrigerator for those who need it for medications or dietary restrictions.

The Abbey is beautiful in many ways. There are peaceful gardens, a lovely porch, acres of quiet grasslands and woods plus a very prayerful church. Our sleeping rooms are clean and cool plus bed linens (you may want to bring your own washcloth) are provided. It is a wonderful place to get away. The dress for the area is informal but there are no shorts or bermudas in the church and your shoulders should be covered. Slacks are OK. We are going in late October so it is likely to be crisp and the church can be cold.

I look forward to seeing everyone on Oct. 22! Our first meeting will begin at 3PM in the assigned meeting room. Check-in **is 1:00 – 2:00pm**. Meet me in the first floor lounge to get your key and room assignment. See you then.

Please feel free to call me if you have any questions:

Dss. Tina Jenkins (cell: 704-502-3599).

DEUS FALL WOMEN'S RETREAT 2025

EMERGENCY NUMBERS Monday thru Friday 8AM until noon (770) 760-0959
After hours emergencies (770) 851-9668 or call Dss. Tina 704-502-3599

What You Should Bring:

Your BCP and a Study Bible
Your personal spiritual project
Personal comfort items (bed linens are provided,
maybe bring washcloths)
Sweater or jacket
Snacks

Registration

**Deadline:
Oct. 10th**

Please send completed
registration form to:

Dss. Tina Jenkins
117 Eaglecrest Dr.
Matthews, NC 28104

**Send your registration money (excluding any
personal retreat fees) to:**

Mr. Dan Wilder, APA Treasurer
3208 West Street Rd, 426, Suite 2060
Oviedo, FL 32765

Make the check out to DEUS Women's Retreat

**ABBAY OF OUR LADY OF THE HOLY SPIRIT,
CONYERS, GA (EAST OF ATLANTA)**

Instructed Retreat – Oct. 22-24, 2025
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DESCRIPTION

The Instructed Retreat is a time together and a time alone. Our purpose is both spiritual growth and physical rest. For those who wish, women can come early and have their own personal retreat before the instructed retreat. Each woman is responsible for making her own reservations for and paying for any personal retreat. The reservation number at the Abbey is 770-760-0959. The instructed retreat is organized through the attached registration materials. A block of rooms has been reserved for the instructed retreat.

Both retreats will be held in a monastic environment. We will attend many of the services with the Cistercian (Trappist) monks and eat our meals in silence in their designated areas. During the instructed retreat we will spend time together in study sessions as we explore the wonderful scriptures in the Book of Psalms.

There will be times for each woman to be alone to work on her own spiritual project or just to be in solitude. Our Spiritual Guide, Bp. Chad Jones, will also be available for your individual spiritual needs.

TRANSPORTATION

You may either drive to the Abbey or fly into Atlanta. If you drive yourself you will need to be at the Abbey Retreat House **by 1:00PM on Oct. 22nd** for check-in. The first meeting of the instructed retreat will be in our meeting room at 3PM. If you fly to Atlanta you will need to make arrangements to get to Conyers which is a fair distance Northeast of Atlanta.

DIOCESE OF THE EASTERN UNITED STATES
2025 Fall Women's Instructed Retreat Registration Form
ABBHEY OF OUR LADY OF THE HOLY SPIRIT
CONYERS, GA (OUTSIDE OF ATLANTA)
October 22-24, 2025

Name: _____ I like to be called: _____

Mailing Address: _____

Home Phone: _____ Cell Phone: _____

Work Phone: _____ Email: _____

Parish Church Name: _____

Parish Church Location: _____

IN CASE OF EMERGENCY:

Who to call: _____

Phone number: _____ Relationship _____

For the instructed retreat only:

_____ Total single room fee is \$235 **Registration and payment are due by Oct. 10th.**

Do you have any special needs? Please state what they are so that we can try to help you.

How will you be coming to the retreat?

___ By car with? _____

___ I will be arriving by plane. My flight plans are: Arrival date _____
Airline _____ Flight Number _____ Arrival Time _____

REGISTRATION and payment DEADLINE = Oct. 10th

<p>Return this completed <u>registration form</u> to:</p> <p style="text-align:center">Dss. Tina Jenkins 117 Eaglecrest Dr. Matthew, NC 28104</p>	<p>Send your payment check made out to "DEUS WOMEN'S RETREAT" to:</p> <p style="text-align:center">Mr. Dan Wilder, APA Treasurer 3208 West Street Rd, 426, Suite 2060 Oviedo, FL 32765</p>
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2024 DEUS FALL INSTRUCTED RETREAT SCHEDULE

Monastery of the Holy Spirit

October 22 – 24, 2025

Wednesday, Oct. 22nd

1:00-2:00 Check in/go to rooms

2:30-3:30 Orientation/Introduction

4:00-4:15 Meditation in the church

5:15 Vespers (Church)

5:45 Dinner (in silence) immediately after
Vespers

6:15 -7:20 1st session –

7:30 Compline (Chapel) and night silence
begins

8:30 Personal Meditation/Projects

Thursday, Oct. 23rd

4:00 Vigils (optional)

7:45 Morning Prayer (Our meeting room)

8:15 Breakfast (after which night silence ends)

9:00 – 10:15 2nd session –

10:30 Personal time

12:10 Lunch (in silence)

12:45 – 2:00 3rd session –

2:00 Personal Time/Project

**THE DATES FOR THE 2026
RETREAT (GOD WILLING) WILL
BE**

Emergency phone numbers:

Dss. Tina Jenkins (704) 502- 3599

Guest Master (770) 483-8705 ext .74 or 70

Abby Office (770)-760-0959

Thursday, (continued)

5:15 Vespers (Church)

5:45 Dinner (in silence)

6:20 -7:20 4th session –

7:30 Compline (Chapel) and night silence
begins

8:30 Personal Meditation/Projects

Friday, Oct. 24th

4:00 Vigils (optional)

7:30 Morning Prayer (Our meeting room)

8:00 Breakfast (after which night silence
ends) check out - pack cars

9:00 -10:15 5th session –

10:30- 10:45 Final meditation in the church

11:15 Traveler's Mass (Undercroft)

12:15 **Goodbye for this year.**
Lunch is available for those
who put their name in the pot.

Week of the 18th Sunday after Trinity

	Psalm	1st	2nd
Th MP	49	1 Kings 19:1-8	James 2:14
Fri MP	51	1 Kings 19: 9	James 3