

PRESCHOOLERS AND PRAYER

HELP CHILDREN MAKE PRAYER THEIR OWN



We pray because it helps us talk to God—the One who loves us most! Prayer reminds kids (and us!) that God is always listening, whether we're happy, worried, thankful, or just want to say hi. You can make prayer part of your preschooler's daily rhythm in fun, simple ways: say a "Good morning, God!" prayer while brushing teeth, thank Him for breakfast before that first bite, ask for His help to be kind while buckling into the car seat, and end the day with a cozy bedtime prayer. Try letting your child make up silly or sweet words to share with God—it doesn't have to sound perfect! The more prayer becomes a normal part of their everyday moments, the more natural it will be for them to grow up knowing that talking to God can happen anytime, anywhere.

PRESCHOOL PRAYER PROMPTS

GOD, THANK YOU FOR _____

GOD, PLEASE HELP ME WITH _____

GOD, I LOVE YOU BECAUSE _____



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