

Life Chapel 2026

PRAY FIRST

*21 Days of Prayer and
Fasting*

January 5-25



JANUARY 2026

PRAYER OPPORTUNITIES

WEEKEND SERVICES

January 10th / 11th

5:00PM, 9:00AM & 10:45AM

WEEK OF PRAYER

January 5-9, 6:30-7:15AM

Individual & group prayer in the sanctuary

21 DAY PRAYER EMPHASIS

January 5-25

See guide on pages 4-7

WEDNESDAY PRAYER TIMES (ALL 7PM)

January 7

Prayer Service at LC

January 14

Prayer in Homes

January 21

Prayer Service at LC



WHAT IS PRAYER?

PRAYER: TALKING TO GOD

Whether you're new to the faith or have been walking with Christ for years, prayer is essential. It's not just a religious duty - it's the foundation of our relationship with God. Prayer is how we communicate with Him, listen to His voice, and grow in intimacy with our Creator.

THE PURPOSE OF DAILY PRAYER

Daily prayer helps us stay connected to God, aligning our hearts with His will. It gives us the strength, guidance, and peace we need to live out our faith. Through prayer, we invite God into every area of our lives, trusting Him to lead and shape us as we follow Him.

1. TO GIVE **DEVOTION** TO GOD (2 CHRONICLES 31:21)
2. TO GET **DIRECTION** FROM GOD (PSALM 25:5)
3. TO GET **CLOSER** TO GOD (PSALM 145:18)

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(Praise): Begin your time with God by praising Him for who He is. Acknowledge His greatness, faithfulness and love. Reflect on His character and thank Him for what He's done in your life.

(Repent): Take a moment to examine your heart. Is there anything you need to bring before God in repentance? Confess your sins to Him, knowing that He is faithful to forgive and restore.

(Ask): Bring your needs and the needs of others before God. Whether it's guidance, provision, healing, or strength, ask God to intervene. Trust that He listens and responds to the prayers of His people.

(Yield): Surrender your plans and desires to God, trusting His will above your own. Ask for the strength to follow His leading and live in obedience. Take a moment to listen for His voice, resting in the knowledge that He knows what's best.

LIFE CHAPEL PRAYER GUIDE

For our first week, we'll be joining with the Assemblies of God Week of Prayer. Join with our nation in praying according to the following topics and scriptures:

Theme: Missions - Advancing God's Kingdom

Scripture: "Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit."
(Matthew 28:19, NIV)

Day		Theme	Scripture
MON	1/5	PRAY FOR AMERICA - Pray for a spiritual awakening in our country so that multitudes will repent of their sins and trust in Jesus for salvation.	Jeremiah 29:7
TUE	1/6	PRAY FOR AMERICA - Pray for God's Spirit to be poured out on students of every age. Ask God to protect all who study and work on school and college campuses.	Jeremiah 29:7
WED	1/7	PRAY FOR AMERICA - Pray for missionaries and global workers serving in areas of conflict, disaster, and tragedy.	Jeremiah 29:7
THU	1/8	PRAY FOR AMERICA - Pray for officials in our state governments to have pure motives as they lead with integrity, compassion, and wisdom.	Jeremiah 29:7
FRI	1/9	PRAY FOR AMERICA - Pray that our city and regional government leaders will have unity, wisdom, and discernment as they deliberate over local affairs.	Jeremiah 29:7
SAT	1/10	PRAY FOR AMERICA - Pray that judges across the nation would rule with integrity, justice, and righteousness.	Jeremiah 29:7
SUN	1/11	PRAY FOR AMERICA - Pray that God will anoint our churches to serve their communities and proclaim Jesus through the power of the Holy Spirit.	Jeremiah 29:7

LIFE CHAPEL PRAYER GUIDE

For our second & third weeks, join us in praying specifically for Life Chapel, our community and our nation. We encourage you to read the scriptures and pray and believe according to God's will!

Day		Theme	Scripture
MON	1/12	PERSONAL GROWTH IN THE LORD - Pray that the Lord would move mightily in your heart - that you would abide in the vine and bear much fruit!	John 15:4-5
TUE	1/13	CHILDREN'S MINISTRY - Pray for the children to come to know God the Father, His Son Jesus Christ, and new life in the Holy Spirit. Pray for Life Kids director Jeannie Fisher and her Life Kids Team!	Luke 18:16-17
WED	1/14	PRAYER IN HOMES - Tonight we will be meeting in homes around town to pray. We hope you can join us! Please be praying for a culture of prayer "from house to house" as described in Acts 5:42!	Acts 5:42
THU	1/15	YOUTH MINISTRY - Pray for the teenagers of Life Chapel for continued strength to live in Christ. Uplift Pastor Matt, the youth staff, and their upcoming Winter Retreat.	1 Timothy 4:12
FRI	1/16	POINT PLEASANT, SURROUNDING COMMUNITIES - Pray for our local communities, leaders, schools, first responders and law enforcement. Point Boro Mayor Sabosik	Proverbs 11:10-12
SAT	1/17	MARRIAGE & FAMILY - God designed the family unit with great intentionality. Pray for the families of Life Chapel to grow in love, remain together, and be miraculously restored from brokenness.	Ephesians 5:21-6:4
SUN	1/18	ALIGNMENT TO GOD'S WILL - Don't come to God with any prayer requests today! Simply come and align your heart with God's. Pray through the Lord's prayer and desire His Will to be done in you.	Matthew 6:9-13

Day		Theme	Scripture
MON	1/19	PASTORAL STAFF AND LEADERSHIP - Life Chapel is led by pastors, elders, deacons and trustees. Pray today for Pastor Brian & Jeannie, and for guiding wisdom from the surrounding Leadership Team.	Ephesians 4:11-12
TUE	1/20	OUR COUNTRY - Pray for a peaceful inauguration of President Trump and the Lord's hand of blessing over his four-year term. Pray for the rest of the elected officials and national leaders.	Psalms 33:12-15
WED	1/21	MEN OF LIFE CHAPEL - Pray for the men of Life Chapel to love the Lord, lead their families and strengthen the church. Pray for our men's Lifegroups to be effective for friendship and discipleship.	Titus 2:1-2, 6-8
THU	1/22	WOMEN OF LIFE CHAPEL - Pray for the ladies of Life Chapel to grow strong in the Lord, love their families and strengthen the church. Pray for their February women's event.	Titus 2:3-5
FRI	1/23	UNSAVED LOVED ONES - Many of us have close family members who do not know the Lord. Today we are praying for our loved ones to come to know Jesus, and for an open door to have a conversation to invite them to a church event!	Romans 10:1-4
SAT	1/24	LOCAL MISSIONS - Today we are praying for our local partners. The Village, Open Door Pregnancy Center, Market Street Mission, etc. Pray for these partners to meet practical needs and point people to Jesus.	Matthew 25:34-40
SUN	1/25	KINGDOM GROWTH IN OUR CHURCH - The ultimate goal of prayer, church ministries and community partners, is for people to come to salvation in Jesus Christ. Pray for Life Chapel to see kingdom growth through new salvations, baptisms and disciples of Jesus!	Colossians 1:9-14

WHAT IS FASTING?

Fasting is dedicated time of abstaining from physical sustenance to feast on spiritual sustenance. The goal is to take some focus off of food and replace that time and energy in prayer, Bible reading and Christian service.

Jesus teaches us on fasting:

Matthew 6:1, 16-18 - “Be careful not to practice your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven...” “When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.”



Some types of fasting include:

Complete Fast - This fast calls for drinking only liquids. Typically water with light juices as an option. There are certain persons who should not fast without professional supervision. Use just plain good sense.

Selective Fast - This type of fast involves removing certain elements from a diet. Best example of a selective fast is the Daniel Fast. Remove meat, sweets, or bread from your diet. Consume water and juice and fruits and vegetables

Partial Fast - This fast is sometimes called the Jewish fast - certain meals. Fast all day, eat the evening meal.

Soul Fast - Any area of the soul - social media, movies, news. Get away from life as usual. Special times of prayer and intercession; replace meals with prayer; spend extra time in God's Word when fasting.

MY PRAYER LIST

People I'm praying for:

Situations I'm praying for:

Thanks for joining us for Pray First 2026!