



### GALILEE EPISCOPAL CHURCH

3928 Pacific Avenue Virginia Beach, VA 23451

Guidebook to Ministries: 2025 – 2026 (v. 1.0)

Contact Us 757.428.3573 lindsay@galileechurch.net

Office Hours Monday – Friday | 8:30am – 4:30pm Like living stones, let yourselves be built into a spiritual house, to be a holy priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ.' | 1 Peter 2:5

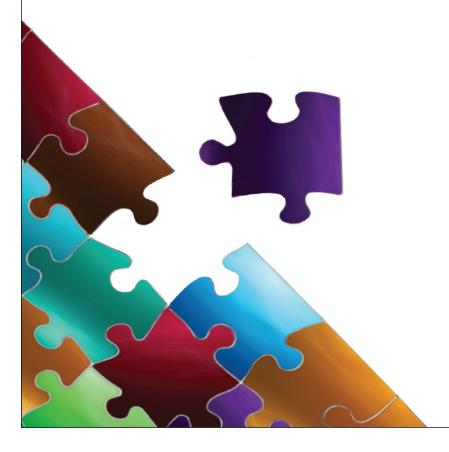
### WHERE DO YOU FIT AT GALILEE?

#### **Contact Ruth Wilkins**

Director of Adult Ministries & Newcomers

ruthn8r@gmail.com

757.428.3573 x 31 901.828.1969 cell



# TABLE OF CONTENTS

	Page No.
Staff	1-2
Leadership	3
Adult Ministry	
Discipleship & Growth	4-8
Guilds & Teams	9-16
Music	19-21
Small Groups	22-25
Student Ministry	26-29
Children's Ministry	30-33
Outreach Ministry	34-37

Sign up to serve here



# STAFF



The Reverend Dr. Andrew Buchanan Rector



The Reverend Ben Randall Senior Associate Rector



The Reverend Nigel Mumford Priest Associate for Prayer Ministry



**Mary Dolch** Organist & Choirmaster



**Ezra Boswell** Director of Student Ministry



Betty Michels Assistant Student Ministry



Ruth Wilkins
Director of Adult
Ministries & Newcomers



Lillie Tillar Director of Children's Ministry



**Lindsey Painter** Assistant Children's Ministry



# STAFF (cont.)



Jennifer Gammill Contemporary Worship Leader



Megan Foard Director of the Montessori School



**Robbie Berndt** Parish Executive



Maria Honeycutt Communications Director



Amy Hoxter Accountant



**Erica Kent** Bookkeeper



Lindsay McCaw Receptionist / Administrative Assistant



John Vlk Sexton



**Josh Vlk** Assistant Sexton / Media Specialist



# **LEADERSHIP**

### Vestry

Comprised of twelve church members, the vestry oversees the temporal affairs of the parish. They have ultimate responsibility for the upkeep of our facility, maintain fiduciary responsibility for parish finances, and work with the clergy and the rest of the leadership team in discerning and implementing the mission God has for this parish. Vestry members serve three-year terms, and new members are selected each year at our Annual Meeting in February.

# **Diocesan Delegates**

These members of the laity are selected by the rector and vestry and must be communicants in good standing. They are appointed to serve for one year and represent the parish at any Diocesan Council meeting which may occur during their term.

#### **Finance Committee**

This group, which includes a representative from the vestry, meets with the Parish Executive and Treasurer as needed to review the church's financial statements and, when required, makes financial recommendations for the vestry to act upon during their monthly meeting.

# ADULT MINISTRY

# Discipleship & Growth

#### Adult Forum

Adult Forum takes place twice on Sunday mornings—at 8:40am & 10:20am in Tucker Hall. Coffee's always on! The Rector or the Associate, though not exclusively, typically leads the Forum. All are welcome during this time to delve deeper into the Bible focusing on the readings heard in worship.

### Alpha

One of our most popular offerings, Alpha is a tenweek series that introduces you to the basics of the Christian faith. While ideal for those who are taking their first steps, we've found that mature Christians



also benefit—like having a theological/spiritual "tune-up." We'll feed you a delicious meal, give you an engaging talk, and allow you to process aloud in a small group. Alpha is a unique course: no pressure, no charge, and no judgment—all questions welcome.

### **Douglass Patterson Speaker Series**

The Douglass Patterson speaker series aims to bring speakers to Galilee who reflect our vision for Renewal, both in our community and among our own church family. Past speakers include Jim Burns (on marriage), Eric Metaxas (on miracles), Katherine & Jay Wolf (on the healing power of hope), Patti Callahan Henry (on C. S. Lewis's wife, Joy, and their improbable love story), and Jay and Mike Huff (of UVA basketball fame).

#### Grief Share

A GriefShare group is a safe, welcoming place where people understand the difficult emotions of grief. At this 13-week support group program, you'll discover what to expect in the days ahead and what's "normal" in grief. GriefShare group participants have repeatedly shared that they feel comforted and encouraged by being in a place where people truly understand what they're going through. And they feel a sense of relief when they're given guidance and tips on how to deal with the daily challenges.

Contact Ruth Wilkins | ruthn8r@gmail.com

#### Lenten Lunch Series

During Lent, Galilee hosts two opportunities for spiritual growth: our Wednesday Lenten Lunch or a gathering off-site where the same talk is provided in a small group setting. Each year the theme is different, but the goal is



the same—to provide an hour in the middle of the week when we can come together and think deeply about our spiritual journeys.

### **Newcomer Gathering**

Led by the clergy, our quarterly welcome class is a great way to learn more about the mission, ministries, and connection opportunities available for you at Galilee. The Newcomer Gathering takes place in a casual setting and is a great way to meet others interested in getting involved and taking the next step of membership at Galilee.

Contact Ruth Wilkins | ruthn8r@gmail.com



#### Prayer

Galilee offers a wide range of opportunities both to receive prayer and to provide prayer.

# Paths for Prayer – Thursday mornings @ 8:45am:

- Grandparents@Prayer 1<sup>st</sup> Thursday in St. Andrew's Chapel Do you want to see your grandchildren grow in their faith, friendships, and character? Do you want them to be healthy and safe? To enjoy God's richest provision? If you're not sure how to ask God for these things, or you just want to find time to pray, join us!
- Intercessory Prayer 1<sup>st</sup> Thursday in St. Luke's Chapel Intercessory Prayer is a time to come for prayer for yourself or on behalf of someone else and is facilitated by The Rev'd Dr. Melissa Davis and Nancy Scoper.
- Soaking Prayer 2<sup>nd</sup> Thursday

The purpose of Soaking Prayer is to allow God to minister to you directly in mind, body, soul, and spirit. This service is a time of silent, meditated prayer and scripture, "soaking" in the healing grace of Jesus Christ.

• Contemplative Prayer – 3<sup>rd</sup> Thursday

Sometimes called "centering prayer" the goal is to release your worries, anxieties, and fears to God and replace them with the presence of Jesus. Fr. Buchanan will lead the prayer, and be your guide.

• Visio Divina – 4<sup>th</sup> Thursday

Frs. Andy or Ben will lead you in a 30-minute meditation using famous art, scripture, and the spoken word. Designed to quiet the soul and allow the Holy Spirit to speak to your heart.



#### Personal Prayer:

- Virtual Daily Morning Prayer: Join the Galilee clergy via Zoom for virtual daily morning prayer M-F from 8-8:15am Meeting ID: 889 5328 8973 / Passcode: 367801
- Sundays post-communion in St Luke's Chapel
- Prayer & Worship Service 1<sup>st</sup> Tuesday of the month from 6:45-8pm in the Sanctuary
- By Appointment contact Fr. Nigel Mumford | lynn@byhiswoundsministry.org
- Intercessory Prayer List: Add yourself or a loved one by contacting Lindsay McCaw | 757.428.3573

# Healing Prayer Ministry Training:

- Offered once or twice a year with material from the School of Healing Prayer created by Christian Healing Ministries of Jacksonville, FL.
- The courses come in three, distinct levels:

Beginner: Level 1 Intermediate: Level 2 Advanced: Level 3

 The teachings are taught live by Fr. Mumford, senior prayer ministers, and DVD videos.



# The Library

Centrally located near the main office on the first floor, the Galilee Library is a conference room with a wide and diverse array of titles and literature concerning prayer, theology, ancient history, archaeology, the Episcopal Church, and other books our clergy recommend.



## The Marriage Course

Developing intimacy and drawing closer doesn't come easily for many couples. However, you really can always improve your marriage whether you've been married five years or fifty! This course teaches us how to communicate effectively, rekindle romance, and discover what it takes to thrive.



Contact Ruth Wilkins | ruthn8r@gmail.com

### Theology on Tap

The goal of Theology on Tap is to provide an evening for adults to gather, delve into and debate a theological topic, fostering questions and discussions. We meet around six times a year in different breweries and locations. Clergy led.





# ADULT MINISTRY

#### Guilds & Teams

#### **Altar Flowers**

This ministry organizes and coordinates with the Flower Guild the weekly memorial flowers behind the Lord's Table. Parishioners may memorialize family members or loved ones by making a financial contribution to the cost of the arrangements on any given week (except Christmas and Easter).

To bless others with your Godgiven horticultural gifts in His name or to offer Sunday altar flowers in memory or honor of a relative or friend, contact Cheryl Jordan at 757.407.1110.



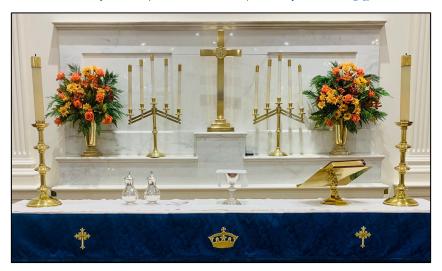
#### Altar Guild

The Altar Guild has its roots in the most venerable practices of the earliest churches. And its purpose is to ensure that all the accourrements necessary for elegant, liturgical worship are available and ready to go when the time comes. Duties include:

- Setting up the altar, The Lord's Table
- Preparing the bread and wine for the Holy Eucharist
- Filling the candles with oil
- Lighting the candles
- Polishing the brass and silver
- Caring for the special linens

Every function, from setting up the altar for the celebration of the Eucharist to decorating the church for Easter and Christmas, is designed to enhance the worship experience. Being part of the Altar Guild is also a unique opportunity for fellowship and learning the traditions of preparing the church for each service. Therefore, we are always actively seeking new members of all ages. Galilee provides all required training, and no previous experience is needed.

Contact Lori Heymann | 540.353.3090 | loriheymann87@gmail.com



#### Children's Craft Guild

Baptism/Banners, "Eggstravaganza!," Vacation Bible School, pumpkin-carvers, Christmas Pageant, etc.—this guild is for anyone who enjoys cutting, paint-pens, pasting, building, and doing numerous craft projects throughout the year. We firmly believe that each of us has a creative spark, so join us to grow in fellowship through various projects, which will bring joy to His youngest disciples. Contact Lillie Tillar | lillietillar3@gmail.com





#### Flower Guild

The Flower Guild assists with beautifying our worship space with floral arrangements. No special skills are necessary to join the Flower Guild. Current members are eager to share their knowledge and artistry with other parishioners of any age who desire to learn and love to arrange natural beauty.

Contact Hannah Crenshaw | 757.572.1756 | Hannah.i.crenshaw@gmail.com

#### Flower Power

Each week the altar flowers are transformed into smaller bouquets and delivered to hospitals, care facilities, or private homes by the Flower Power Team. A group of gifted parishioners break down and arrange the beautiful flowers from the altar; and, once rearranged, they are delivered to parishioners.



Contact Mary Folck | 757.309.6904 or Pat Baker | 757.619.8497

## Funeral Reception Guild

The Funeral Reception Guild prepares light finger foods for receptions in Tucker Hall to follow occasional funerals at Galilee. This ministry is a wonderful way to support our families in their time of need.

Contact Joan Wagner | joanwagner67@gmail.com or Lindsay McCaw | 757.428.3573

#### Galilee Advocates for Mental Health

The Rev'd John Jordan—a former rector—launched this ministry thirty years ago. G.A.M.H.'s focus is to nurture cognizance and provide education about mental illness, and discourage stigma. Programs—often occurring in May, designated "Mental Health Awareness Month"—have addressed various issues of concern.



In addition, G.A.M.H. has organized fundraising drives to help support "Beach House," an intentional Virginia Beach community, which provides support and rehabilitation to severely disabled adults.

Contact Kathy Wakefield | kathywakefield@gmail.com

# **Golf Cart Ministry**

Each Sunday this ministry transports people between the lower lot and the doors of the Church. Usual time commitment for serving is about 30 minutes

Contact Bryant McGann | bryant.mcgann@gmail.com

#### Greeters

Greeters are the first faces most people will see when they come to Galilee. On any Sunday a Greeter will welcome attendees, answer questions, offer directions, invite newcomers to parish events, and share information about worship and Galilee programs. We even encourage families to

programs. We even encourage families to volunteer as a greeter team—it's a fantastic way to introduce children to how Jesus instructs us to welcome and include all who come to worship.

Contact Debbie Brady | 757.428.5498 | debbiebrady@verizon.net

# Hospitality Team

Galilee Church loves to eat together—especially home-baked goodies following some great Sunday worship! We catch up with our parish friends and make visitors and new members feel at home. Baking skills useful but not necessary!



Contact Ruth Wilkins | ruthn8r@gmail.com

## Lay Eucharistic Ministers (LEM's) & Visitors

Eucharistic Ministers help the clergy distribute the bread and wine at a service of Holy Eucharist. In addition, Lay Eucharistic Visitors take the consecrated sacraments to parishioners who cannot attend church. These ministries provide the opportunity to serve the people of our church family with one of the most sacred aspects of our Anglican tradition. Galilee provides all required training, and no previous experience is needed.

Contact Gil & Gail Taylor | gilandgail@yahoo.com

## Lectors (Bible Readers)

For 2,000 years Christians have read the Bible out loud as an integral part of their worship, and we still do this today. Lectors serve at all Sunday morning services, during Christmas, Holy Week, Easter, and more. Volunteers are sent their assigned readings in advance, so there is plenty of time to practice! This ministry is a way for anyone of any age to glorify God.



Contact Lindsay McCaw | 757.428.3573

# New Moms Ministry

Our New Moms Ministry is all about supporting families as they welcome a new baby. We bring parents a homemade meal to make life a little easier during those first busy months. Along with the meal, we give them a gift bag filled with goodies to welcome their little one. Members of our team can help by preparing a meal for a family or signing up to deliver one. It's how we show families they're supported and loved by their church family.

Contact Laura Rixey | <u>laura.rixey@gmail.com</u> or Lillie Tillar | <u>lillietillar3@gmail.com</u>



## **Nursery Guild**

While children of all ages are welcome in our worship, we do have a clean and modern nursery and toddler space available for children upstairs. If you love children and have a nurturing spirit, we invite you to join us to continue this new



way of engaging with our families.

Nursery Guild members are not seen as "babysitters" but rather are ministers of the Gospel: praying, loving, teaching, and caring for the youngest among us—the Christians of tomorrow.

We have experienced professional staff caregivers supported by Nursery Guild members on Sundays from 7:45am-12:30pm for families attending any of the three services offered. Anyone working with children, whether paid or as a volunteer, needs to undergo a background check and some "safeguarding" training, arranged by the Diocese.

Contact Lillie Tillar | lillietillar3@gmail.com

# **Offering Counters**

Offering counters are an unseen but needed ministry at Galilee. Our offering counter team meets each Monday morning to count, record, and deposit the weekly offering collected during our church services.

Contact Robbie Berndt | robbie.berndt@galileechurch.net

### **Prayer Shawl Ministry**

Do you love to knit or crochet? Galilee's Prayer Shawl Ministry delivers hand-made shawls to parishioners in need: those undergoing medical procedures, as a comfort after a loss or in times of stress, suffering an illness, and so on. All ages are welcome to put their needles and hooks to good use, bringing some small joy to our neighbors. Volunteers may participate with the group on



Mondays or by knitting on their own at home.

Contact Annie Alberi | 757.716.3260

# Prayer Team

Open to those with much experience or none, training is offered periodically. You will be helped to understand and experience God's healing power in your life through prayer, while also teaching you how to pray for others.

Contact Lynn Mumford | lynn@byhiswoundsministry.org

# Tender Loving Care (Meal Delivery)

Team members are assigned one week of the year to visit those who are ill or in need of support, often taking food and flowers. If your schedule does not permit time to cook, our freezer makes it possible for visitors to stop by the church to pick up ready-made dinners provided by those who love to cook but cannot visit.

Contact Christy Borjes | 703.851.5958



#### Ushers

Ushers are the smiling faces that you see when entering the sanctuary every Sunday morning before each of our three services. Usher responsibilities include:

- Passing out bulletins
- Guiding parishioners to the altar rail for Communion
- Recording how many parishioners attend each service
- Collecting the offering
- Helping anyone who needs assistance during worship



Ushers arrive early to be in place

when congregants arrive and briefly stay after each service to tidy up. Galilee welcomes entire families to volunteer to usher—it's a beautiful way to introduce children to the privilege of hospitality and to teach them to care for others.

Contact Bill Richardson | 757.373.9198 or Lindsay McCaw | 757.428.3573

# Wedding Guild

Guild members assist the clergy by making sure the wedding day at Galilee runs smoothly. Members of the Wedding Guild are assigned to serve in pairs on a rotating basis by the Guild chair. Parishioners of all ages, including those recently married, are encouraged to join this significant and fulfilling ministry.

Contact Paige Crunk | 757.676.8082







# ADULT MINISTRY

#### Music

Music plays an important role in the life of Galilee, helping to raise our hearts and minds to God. Participation in this ministry offers countless opportunities for musical and spiritual growth. Join us to discover the joy of collaborative music-making! —as St. Augustine says, "He who sings, prays twice."



Contact our Organist & Choirmaster Mary Dolch | mary@galileechurch.net

#### Adult Choir

The Adult Choir rehearsals are on Thursdays from 7-9pm and Sundays at 10am. They sing at the 11am service each Sunday in addition to several other events and services throughout the year such as Lessons & Carols, Evensong, Compline, and more.



# Music (cont.)

#### Cherub Choir

Cherub Choir is for ages 5-7. They meet on Sundays from 9:20-9:55am in the choir room and sing for Sunday worship on occasion and on other special days, including the Christmas Pageant. We learn a lot by rote, the basics of healthy singing, solfege, reading music, and so much more!

#### Children's Choir

Children's Choir is for ages 8+. They meet on Wednesdays from 5-6pm in the choir room and sing for Sunday morning worship, typically once a month. They also join the adult choir for special occasions. This group delves deeper into



music, using the Royal School of Church Musicians Curriculum.

# **High Schoolers**

High Schoolers are warmly welcomed to sing with the adult choir, to assist the younger children in their respective choirs, and/or to contribute with other musical gifts. Do you play an instrument? We want to hear from you!

#### **Bell Choir**

The Bell Choir provides handbell music on a seasonal basis, including Christmas Eve.

#### Praise Team

The Praise Team meets at 7:45am in the choir room before serving at the 9:15am service each Sunday.

Contact Jennifer Gammill | 757.409.2955 | jenniferfgammill@gmail.com



Music (cont.)

# CALENDAR OF MUSICAL EVENTS

2025-2026

CHORAL COMPLINE

Thurs. Sept. 11th 7:00pm

GALATEA STRING QUARTET

Sun. Sept. 28th 2:00pm

VIRGINIA CHORALE

Sat. Oct. 11th 7:00pm

ALL SOULS REQUIEM

Sun. Nov. 2<sup>nd</sup> 5:00pm

CHORAL COMPLINE

Thurs. Nov. 13th 7:00pm

VIRGINIA CHORALE:

Sing We Nowell

Sat. Dec. 6th 7:00pm

A FESTIVAL OF NINE LESSONS AND CAROLS

Sun. Dec. 14<sup>th</sup> 5:00pm

CHORAL COMPLINE

Thurs. Jan. 15th 7:00pm

GALATEA STRING

QUARTET

Sat. Feb. 14th 7:00pm

CHORAL COMPLINE

Thurs. March 12th 7:00pm

NORFOLK STATE UNIVERSITY CHOIR

Sun. March 22<sup>nd</sup> 5:00pm

CHORAL EVENSONG

Sun. May 17th 5:00pm



# ADULT MINISTRY

# **Small Groups**

Small group Bible studies/prayer groups are a fundamental building block of faith for many at Galilee. They offer a regular, reliable opportunity to grow in an environment of mutual support and to nurture friendships of substance.

Contact Ruth Wilkins | ruthn8r@gmail.com

### Alice Rueger Circle

The Alice Rueger Circle meets six times per year (Oct | Nov | Dec and Apr | May | June) on the 1<sup>st</sup> Tuesday of the month from 10:30amnoon at the Princess Anne Country Club. Women of all ages are welcome to attend and enjoy fellowship, speakers, and the occasional field trip.

Contact Mary Dickinson | wadjrmd2@gmail.com

# In It Together

Designed for parents and working adults (roughly 30's-50's) who are raising kids, building careers, and trying to stay grounded in their faith during one of life's busiest seasons. In It Together meets on Sundays at 10:20am.

Contact Marshall Everett | marshall.b.everett@gmail.com



# Small Groups (cont.)

### Men's Gathering

The Men's Gathering is designed to create the space for quiet reflection, time away from the burdens of daily life, conversations with other men of faith, and worship.

## Contact Tony Zontini | tonyzontini@yahoo.com



# Men's Prayer Breakfast

The Men's Prayer Breakfast is a weekly and much-loved opportunity for hearty, home-cooked food, laughter, and camaraderie with other Christian men, including prayer for the needs in our lives, church, nation, and world. Breakfast is followed by a presentation from a member of the group or Galilee's clergy. Join us on Wednesday mornings from 7-8:00am in Tucker Hall.

# Contact Tony Zontini | tonyzontini@yahoo.com



# Small Groups (cont.)

#### Roxann Jordan Circle

This group meets from September through June on the 2<sup>nd</sup> Tuesday of the month, typically at 4pm depending on programming, to enjoy fellowship and various speakers. Women of all ages are welcome!

Contact Cheryl Jordan | 757.407.1110



#### The Women's Retreat

The Women's Retreat provides an opportunity for the women of Galilee Church to gather, reconnect, and be refreshed, typically over a weekend in the Outer Banks with a guest speaker. Keep an eye out for this year's announcement.

### Women's Bible Study

The Women's Bible study is a vibrant, intergenerational group, which meets on Wednesday evenings at 7pm and Thursday mornings at 9:30am to study God's word together. Through teaching, fellowship, and prayer we seek to develop strong relationships with God and one another.



Contact Ruth Wilkins | <u>ruthn8r@gmail.com</u> or Annabel Stiffler | <u>annabelle.stiffler@yahoo.com</u>

# Small Groups (cont.)



# Young Adult Gathering

Designed for those in their 20's and early 30's, this group meets on the last Monday of each month from 6:30-8pm at Fr. Andy's house for dinner and a time to connect with one another and to grow deeper in their relationship with God.

# Contact Ruth Wilkins | ruthn8r@gmail.com



# STUDENT MINISTRY

Our aim is to disciple, teach, and care for our students in such a way that they become life-long followers of Jesus! We believe that Jesus is "the way, the truth and the life" (John 14:6), but let's be honest, in today's world it can be confusing as to what the significance of Jesus and his life really are—particularly for High School students.

The world is demanding that High School students try to be a million different things: athletes, students, model citizens, have lots of friends, have the right friends, be good looking, go to the right school, get the right grades, and have the right opinions. In the midst of all this chaos Jesus really only wants us to be one thing: His beloved. The joy and beauty of this calling is that we are Jesus' beloved regardless of our imperfections and failures. Yet, Jesus makes it clear that we are not only to be loved by God, but we are also to love God in return; and, that if these things are true, then we will naturally love our neighbors as ourselves (Matthew 22:36-40).

Contact Ezra Boswell | <u>ezra@galileechurch.net</u> or Betty Michels | <u>bettymichels23@gmail.com</u>



# Middle School Ministry

## Acolytes

Acolytes assist the clergy during church services, provide structure for congregational worship, and add to the beautiful tradition we cherish at Galilee Church. It is a unique way to attend a service by being a part of it. We encourage all middle and high schoolers to join the ministry. We train as needed.

Contact Lillie Tillar | lillietillar3@gmail.com



### Middle School Youth Group

Our Middle School Youth Group meets on Sunday evenings from 4-5:30pm. We eat a snack, play some fun games, and then learn a lesson together from the life of Jesus Christ.



# **High School Ministry**

### **Confirmation Group**

Confirmation Group is for students 10<sup>th</sup> Grade and up and is a 10-month-long program that culminates in participating in Confirmation when the Bishop comes to Galilee. To be confirmed is to "express a mature commitment to Christ, and receive strength from the Holy Spirit through prayer and the laying on of hands by a bishop." Our group is designed to give students an understanding of the Christian faith so that they can confidently say "yes" to following Christ for the rest of their lives. This group meets two times a month on Sunday mornings.

# High School Youth Group

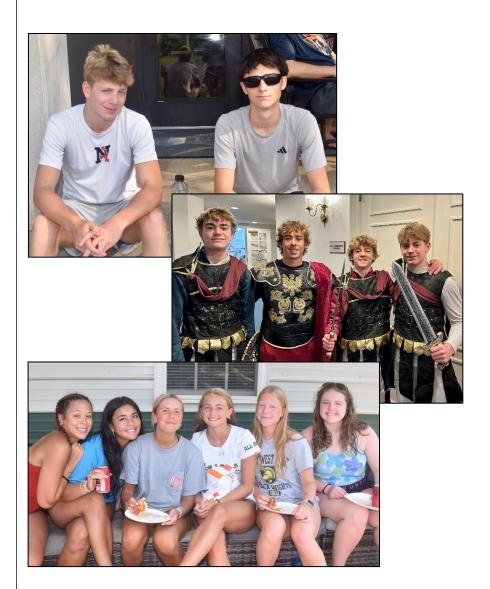
Our High School Youth Group meets on Sunday evenings from 5:30-7pm. The main purpose is fun, fellowship, and spiritual growth! One way of experiencing God's love is simply by having fun with others.



# High School Ministry (cont.)

#### Retreats

Weekend retreats happen throughout the year and are a great opportunity for students to have fun, get to know each other, and develop skills to help them grow in faith.



# CHILDREN'S MINISTRY

### Children's Chapel

Galilee offers a lectionary-based Children's Chapel during the 9:15am and 11:00am services. The age range is 4-10 years, but younger and older children are welcome to participate.

Children are dismissed to St. Andrew's Chapel following the opening prayers and music. Children gather to hear stories of faith, followed by time to discuss together how the message applies to their daily life. Chapel ends with prayer before returning to the sanctuary before Communion.



# Children's Choirs

Singing in a church choir is an excellent opportunity for children to learn about God. All ages are welcome. Singing in a group helps children to build confidence, self-expression, listening and social-emotional skills, and to be part of a team working toward a collaborative goal. We rehearse weekly and sing occasionally for Sunday worship and other special services. (See Page 20 for more details.)





# Children's Ministry (cont.)

## Children's Sunday School

Our classes for children use a dynamic Bible-based curriculum filled with hands on activities, memory verses, worship games, along with creative projects.

Sunday School meets upstairs from 10:15am to 11:00am on the Children's Hall for grades Kindergarten through 5<sup>th</sup> Grade. Our Nursery, Toddler, and Preschool Ministry is available upstairs during all three services.

Finally, Galilee offers numerous special programs for families throughout the year: Vacation Bible School, Blessing of the Animals, Pumpkin Carving Party, Advent Wreath Making, Christmas Pageant, Super Bowl Sunday, Holy Week Boxes, Easter Egg Hunt, and much more.

Contact Lillie Tillar | lillietillar3@gmail.com



# Children's Ministry (cont.)

## First Holy Communion Class

While a course of instruction on Holy Communion is not required to receive the sacrament, it is an opportunity for our children to grow further in their understanding of the sacraments. This five-week class is offered for ages eight and up in the early spring. In mid-May we have a "First Communion Sunday" in which we celebrate the graduates of this class and host a reception for them following their first communion.



# Nursery/Toddler Ministry

Our nursery, toddler, and preschool rooms are available for infants through preschool during our three Sunday morning worship services. These rooms are staffed by experienced childcare workers and our Nursery Guild. All adults assisting in this ministry have completed Safe Church, CPR, and First Aid training. Each Sunday during this time, the children will



have a Bible lesson and activity, play with friends, and have snack time. Some parents pick up their children to take them to the worship services for Communion. However, childcare is available throughout Sunday morning from 7:45am to 12:30pm.

Contact Lillie Tillar | lillietillar3@gmail.com

# Children's Ministry (cont.)

#### **Vacation Bible School**

Each summer Galilee is transformed to an ancient time in the Bible to learn about God's word. This intergenerational church event brings sacred history to life for our youngest members through our custom, engaging curriculum. Our VBS team of parishioners meets throughout the year to plan for what is always a fantastic week of bringing the message of Jesus' love to the surrounding community.



# **OUTREACH**

## Missions Outreach Team (MOT)

Each year Galilee designates over \$100,000 for missions and outreach. This team both identifies and approves the recipients of the funds and also stays in touch with the recipients for the sake of accountability. Currently Galilee is giving financial and spiritual support to the following local, national, and international ministries.

Contact Mike Longworth | michaellongworth@aol.com

#### Local Outreach

#### An Achievable Dream

An Achievable Dream Academy at Seatack Elementary School began in 2014 and at Lynnhaven Middle School in 2018 (similar to the model Newport News implemented in 1992). It is a partnership with Virginia Beach Public Schools offering additional academic and extracurricular programs. Students participate in An Achievable Dream's "S.A.M.E." curriculum: Social, Academic, and Moral Education. The students wear uniforms, shake hands with their teachers each morning, have a local military member assigned to each classroom as a mentor and model of character, and attend classes in moral and social development.



In time, the program will extend from kindergarten through high school. The goal is 100% on-time graduation with all students attending college, a trade school, or joining the military.

# Local Outreach (cont.)

Galilee parishioners may join the An Achievable Dream team in several ways: you can assist a teacher once-a-week with extra-curricular club activities or serve as a mentor helping an individual one-on-one with their academics, playing games, and talking with them. Galilee members can provide food baskets for the holidays and assist in the bookstore. An Achievable Dream is a meaningful way to help local children in need.

Contact Sally Kitchen | <u>sokitchen@gmail.com</u> or Molly Rueger | <u>mollyrueger@gmail.com</u>

## Books Through Bars (Prison Ministry)

'[T]he King will say to those at his right hand, "Come,...inherit the Kingdom...; for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me."

Books Through Bars puts a range of literature into the hands of incarcerated individuals, relying on donations from the Galilee community.

Contact Linda Whitehead | 757.589.6804 | <u>llwhitehe@gmail.com</u>

# Crisis Pregnancy Center, South Hampton Roads

# **Eastern Shore Chapel Food Pantry**

Galilee Church supports the food pantry of Eastern Shore Chapel Episcopal Church both with volunteers and financial gifts. Parishioners can be involved by sorting donations and welcoming pantry guests. Also, non-perishable food, paper/plastic grocery bags, reusable bags, empty egg cartons, and monetary donations are needed. Families and individuals of all ages are welcome to participate in this outreach ministry as a model of love and care for others.

# Local Outreach (cont.)

### Galilee Food Gap Program



# Galilee Gift Shop

Galilee Gift Shop sells high-quality home decor, jewelry, and books. We have talented buyers who provide a constant stream of new inventory and dedicated volunteers who help arrange and run the shop daily. Proceeds are invested back into our community.

Contact Beth Mumford | 757.536.5088 or Nancy Freeman | 757.681.6809

# Global Friendship Ventures



# Local Outreach (cont.)

# Judeo-Christian Outreach Center (JCOC)

Galilee supports the Judeo-Christian Outreach Center, which aims to empower homeless families, individuals, and veterans to recover from crises and return to being self-supporting and independent members of our community.

Contact Bill Marzec | wmarzec@cox.net



**Onesimus Ministries** 

PIN Ministries (People In Need)

# National/International Outreach

# **Equipping Ministries Global**

#### Galilee Medical Mission

For many years the Galilee Medical Mission Team has gone out to support both Remote Area Medical (www.ramusa.org) and the "Health Wagon" to provide health, dental and vision care to thousands of needy patients.

Contact Dr. Ben Carey | 757.343.8541

Good Shepherd India

Pioneers: Tim & Carol Avery

The Boys' Home of Virginia

Wycliffe Bible Translators: Mike & Heather Miller

37



# Halilee Montessori School

est. 1988













Galilee Montessori offers an authentic Montessori education through an individualized curriculum with the aim of instilling a life-long love of learning.



GALILEE EPISCOPAL CHURCH 3928 Pacific Avenue 757.428.1034 www.galileemontessorischool.net

### **Our Program Emphasizes**

- Process over Product
- Cooperation over Competition
- Intrinsic Motivation
- Leadership
- Community Service

Serving ages 18-months – 5<sup>th</sup> Grade **Call to schedule a tour today!** 

