Today's Suggested Schedule—September 28, 2025

Today's Bible Story: I can wait for God's plans.

Abraham and Sarah • Genesis 12:1-3; 15:5-6; 18:1-14; 21:1-7

Memory Verse: "For I know the plans I have for you,' says the LORD." Jeremiah 29:11 NLT

Key Question: Who has plans for you? **Bottom Line:** God has plans for me.

First Look Pinterest Page

Visit our Pinterest page to see craft samples and suggested supplies. bit.ly/FL ConstructAndCreate

SERVICE DURATION (75-80 MINUTES)

9:15am/11:00am thru 10:35am/12:20pm

ORDER OF SERVICE

OPENING SMALL GROUP (30-35 minutes)

SOCIAL: Providing Time for Fun Interaction

Early Arriver /
Opening Activity

LARGE GROUP (10-15 minutes)

WORSHIP: Inviting People to Respond to God

STORY: Communicating God's Truth in Engaging Ways

- Introduce Monthly Theme Poster
- Review Monthly Bottom Line Poster
- Play video:
 - a. Worship (Song-Video)
 - b. Teaching (Clubhouse Video)
 - c. Review Monthly Memory Verse

SMALL GROUP (25-30 minutes)

GROUPS: Creating a Safe Place to Connect

Reinforcement Activity Prayer

SOCIAL: Providing Time for Fun Interaction (15 minutes)

Today's Bible Story: I can wait for God's plans.

Abraham and Sarah • Genesis 12:1-3; 15:5-6; 18:1-4; 21:1-7

Memory Verse: "For I know the plans I have for you,' says the LORD." Jeremiah 29:11 NLT

Key Question: Who has plans for you? **Bottom Line:** God has plans for me.

1. All The Stars

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

What You Need: Parachute and pom-poms

What You Do:

Before the Activity: Lay the parachute on the floor in an open area.

During the Activity: Encourage children to move the parachute as directed then freeze. Add pom-poms to the parachute and encourage children to shake it up and down to make the stars go high in the sky.

After the Activity: Introduce the Bible Story.

What You Say:

Before the Activity: "I am so excited! The parachute is out, I love playing with the parachute. Do you want to come join me?"

During the Activity: "Grab the parachute and wait until all our friends have joined us. (Pause.) Yay! All our friends are here! We're ready to start. Lift the parachute up! (Pause.) Now down. (Pause.) Now shake it really fast. (Pause.) That was so fun. Now I'm going to add some pom-poms. (Hold up a pom-pom.) These remind me of stars. (Add some pom-poms.) Let's shake them up and down. (Pause.) Let's add more stars! (Add the rest of the pom-poms.) Wow that is a lot of stars, let's shake and pop the stars up in the sky! (Pause.) Look at all the stars! There are so many we can't count them all."

After the Activity: "In our true story from the Bible, we're going to learn about a man named Abraham and his wife, Sarah. God had plans for them. God told Abraham and Sarah they would have more children in their family than stars in the sky. Let's go hear more about it."

Transition: Move to Worship and Story by twinkling like stars all the way to your designated area.

Play September 28th VIDEO CONTENT

September 2025 • Week 4

GROUPS: Creating a Safe Place to Connect (25 minutes)

2. Star Walk

[Hear from God | Memory Verse Review]

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

What You Need: "Star Walk" Activity Page, cardstock, painter's tape;

Note: You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

What You Do:

Before the Activity: Copy "Star Walk" on cardstock, one set per Small Group. Line the stars up in order on the floor and tape to secure. Say and do the motions to the Memory Verse.

During the Activity: Invite children to move from star to star, stepping or hopping on them as say the verse together. Repeat several times, adding excitement and movement.

After the Activity: Connect the Memory Verse to the Bottom Line.

What You Say:

Before the Activity: "Hello friends! Come stand near the stars with me! Today, we're going to go on a star walk as we say our Memory Verse. But before we start, let's do the motions as we say our verse. "For I know (touch head with fingertips) the plans I have for you,' (march) says the LORD," (point up) Jeremiah 29:11. (Open hands like a book) Wow! Great job everyone!"

During the Activity: "Okay! Let's walk from star to star and we'll say the verse together. Ready? Here we go! (Step or hop to each star as you say each part!) 'For I know.' Let's do the next part! 'The plans.' (Pause.) I have for you.' (Pause.) 'Says the LORD.' (Pause.) Jeremiah 29:11. Wow! You did it! You completed our Memory Verse Star Walk! Way to go! Let's do it again!" (Repeat as desired.)

After the Activity: "Waiting can be hard, but just like Abraham and Sarah learned, God always keeps His promises. And just like the stars in the sky, God's plans for us are BIG! Who has plans for you? [Bottom Line] God has plans for me!"

September 2025 • Week 4 First Look

Construct and Create

3. Count the Stars

[Talk about God | Bible Story Review]

Made to Create: An activity that allows preschoolers to review the Bible Story, Bottom Line, or Memory Verse by creating a craft

What You Need: "Abraham and Sarah" and "Baby Isaac" Activity Pages, cardstock, scissors, glue sticks, and star stickers or self-inking star stamps.

What You Do:

Before the Activity: Copy "Abraham and Sarah" on cardstock, one per child. Copy "Baby Isaac" on cardstock and cut, one cutout per child.

During the Activity: As you review the Bible Story, give each child a copy of "Abraham and Sarah." Next, give each child star stickers or star stamps to put above Abraham and Sarah. Go to each child as they work and count their stars with them. End with giving each child a baby Isaac to glue to their page.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Everyone, come sit at the table with me. We are going to make some story art that will help us remember today's Bible Story!"

During the Activity: "This is a picture of Abraham and Sarah, (Give each child an activity page.) God had plans for them. God told them they would have as many people in their family as there are stars in the sky! Let's put stars in the sky above Abraham and Sarah. (Give each child star stickers or a selfinking star stamp) Oh...look at all the stars! Let's try and count the stars together. One, two, three..." (Say this with each child as they work.) God's plans for Abraham and Sarah were for them to have more children than stars in the sky. They were so excited about God's plan, and they knew that God always keeps His promises. They waited, and waited, and waited until one day, they had the baby they had waited and waited for! Abraham and Sarah had a little boy, and they named him Isaac. Let's glue this picture of baby Isaac by Abraham and Sarah. (Give each child a baby Isaac.) God kept His promise to Abraham and Sarah, and their family grew... and grew... and grew! There were more people than stars in the sky!

After the Activity: "Wow! Your pictures look great! Now you can take them home to help you remember that God had plans for Abraham and Sarah, and God has plans for you too! Who has plans for you? [Bottom Line] God has plans for me!"

First Look September 2025 • Week 4

Construct and Create

4. Balancing Stars

[Live for God | Application Activity]

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

What You Need: Star cutouts;

What You Do:

Before the Activity: Ask children to join you in an open area of the room.

During the Activity: Challenge children to balance their star on different parts of their body, such as their forehead, elbow, or foot. Encourage them to try different ways and see who can keep their star balanced the longest. If a star falls, they can pick it up and try again.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Hello friends! Abraham and Sarah had to wait a long time for God's plan, and waiting can be hard! Let's see if we can do something that may seem a little hard to do—balancing a star! (Point to the star cutouts.)

During the Activity: "Ready? Okay! Can you balance your star on your forehead? (Demonstrate and pause.) Wait, wait, now how about on your elbow? (Demonstrate and pause.) Wait, wait, now try balancing it on your foot! (Demonstrate and pause.) It's a little hard, but you're doing great! Let's try balancing on some other places. (Continue as long as time and interest allow.) That was a lot of fun!"

After the Activity: "Abraham and Sarah waited a long time for God's plan, but God always keeps His promises! God had plans for Abraham and Sarah, and God has plans for you! Who has plans for you? [Bottom Line] God has plans for me!"

First Look Construct and Create

September 2025 • Week 4

5. Journal and Praver

[Pray to God | Prayer Activity]

Made to Reflect: An activity that encourages personal application and prayer

What You Need: "Memory Verse Card" Activity Page from Week One in Bible, a journal, and a funshaped pen

Note: You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

What You Do:

Before the Activity: Activity: If you do not have the "Memory Verse Card" in your Bible, copy "Memory Verse Card" on cardstock and cut one per Small Group. Place one card in your Bible at Jeremiah 29:11. Note: Keep this card in your Bible all month long.

Encourage children to pretend they're carrying a baby as you lead them to your Small Group spot. Sit down and gather the children around you.

During the Activity: Review the Bible Story and Memory Verse Hand Motions, then encourage the children to help you make a list in the journal of things we have to wait for.

After the Activity: Pray with the children using the list you made in the journal.

What You Say:

Before the Activity: "It's Small Group time! Today we are going to pretend we are carrying a baby, like this (demonstrate), while we walk to our Small Group spot. Okay, everyone, hold your baby and follow me! (Pretend you are carrying a baby in your arms as you lead the children to your Small Group spot.) You did a great job holding your babies! We can stop pretending now because it's time to sit down and talk about today's Bible Story. One, two, three, sit down with me!"

During the Activity: (Open the Bible and lav it in front of the children.) "In our Bible Story today, we learned that God had plans for Abraham and Sarah's family to have as many people as there are WHAT in the sky? (Pause.) Yes! Stars! That's a lot of people! Abraham and Sarah waited for God's plans, and they finally had baby boy named Isaac, just like God said they would. God had plans for Abraham and Sarah, and God has plans for you and me too! So tell me, who has plans for you? [Bottom Line] God has plans for me! One more time! Who has plans for you? [Bottom Line] God has plans for me!

"Yay! [Bottom Line] God has plans for me! And we have been learning a Bible verse that will help us remember that God has plans for us. It says, "For I know (touch head with fingertips) the plans I have for you,' (march) says the Lord," (point up) Jeremiah 29:11. (Open hands like book.) Did you hear that? God knows the plans He has for us! Let's stand up and say that Bible verse together! Just say what I say and do what I do! "For I know (touch head with fingertips) the plans I have for you,' (march) says the Lord," (point up) Jeremiah 29:11. (Open hands like book.) You sound so good, I think you're ready to say that verse all by yourself. I want everyone to sit down, and we will take turns saying it. Who wants to go first? I have my stickers/star hand-stamp ready! Way to go, [name of child]! (give two thumbs up) Here is a (sticker/stamp) for you! (Say and do this with each child as they try and say the Bible verse.) I'm very proud of you for trying to say that Bible verse. When I count to three, I want everyone to stand up and show me your sticker/stamp. One, two, three! (Pause to look.) Yay! (Clap.)

First Look
Construct and Create
September 2025 • Week 4

"Now let's sit back down so we can write in our prayer journal and talk to God. (*Open journal*.) Today we're going to make a list of things we wait for in our prayer journal. We wait for our turn on the slide. We wait for dinner to be ready. We wait for our birthdays. We wait for all kinds of things! So when I say your name, I want you to tell me one thing you have waited for and I will write it in our journal. Then, we can use the list when we pray. (*Remember to print, as you write in the journal, so the children can recognize their names and the letters*.)

After the Activity: "And I am going to add 'God's plans' to our list, because today we learned that we can wait for God's plans. (Hold up journal.) Let's pray and talk to God about it. Would anyone like to pray before I pray? (Give each child who wants to pray the opportunity to do so.) Dear God, sometimes we have to wait for things like (read the list the children made). Thank You for helping us learn that we can wait for Your plans too. We know Your plans for us are always best, so please help us wait for them. We love You! In Jesus' name. Amen."



God has plans for me.

Abraham and Sarah • Genesis 12:1-3; 15:5-6; 18:1-14; 21:1-7



What to Do:Copy on cardstock and cut. One cutout per child.

Baby Isaac Activity Page September 2025, Week 4, Small Group 3-5s. © 2025 Amazing Life Foundation, Inc. All rights reserved.









