

## Today's Suggested Schedule— October 12, 2025

**Today's Bible Story:** David and Goliath • *1 Samuel 17:1-50*

I can be brave because God is with me.

**Key Question:** Who can help you be brave?

**Bottom Line:** God can help me be brave.

**Memory Verse:** *"Be strong and courageous. Do not be afraid ... for the LORD your God goes with you" (Deuteronomy 31:6 NIV).*

### First Look Pinterest Page

Visit our Pinterest page to see craft samples and suggested supplies. [bit.ly/FL\\_SuperKids](https://bit.ly/FL_SuperKids)

### SERVICE DURATION (75-80 MINUTES)

9:15am/11:00am thru 10:35am/12:20pm

### ORDER OF SERVICE

#### OPENING SMALL GROUP (30-35 minutes)

##### SOCIAL: Providing Time for Fun Interaction

Early Arriver /  
Opening Activity

#### LARGE GROUP (10-15 minutes)

##### WORSHIP: Inviting People to Respond to God

##### STORY: Communicating God's Truth in Engaging Ways

- Introduce Monthly Theme Poster
- Review Monthly Bottom Line Poster
- Play video:
  - a. Worship (Song-Video)
  - b. Teaching (Clubhouse - Video)
  - c. Review Monthly Memory Verse

## Social: Providing Time for Fun Interaction

### 1. Sling the Stone

*Made to Move*

#### What You Need:

- ☐ Hula Hoops™
- ☐ Painter's tape
- ☐ Clear packing tape
- ☐ Ball pit balls
- ☐ Laundry baskets
- ☐ *Option: Use clear Con-Tact® paper in place of packing tape*

#### What You Do:

*Before the Activity:* Stretch several lengths of packing tape across the width of the hula hoops, crisscrossing in a random pattern. Secure the ends of each strip to the edge of the hoop. Use the painter's tape to hang the hoops to the wall with the sticky side of the tape facing out from the wall. Fill two baskets with ball pit balls. Tape a straight tape line on the floor three to five feet from the hoops.

*During the Activity:* Ask children to line up behind the tape line, facing the hoops. Allow the children to take turns throwing a ball at the sticky tape hoop. Count how many ball pit balls each team has stuck on their hoop. Repeat as desired.

*After the Activity:* Introduce the Bible Story.

#### What You Say:

*Before the Activity:* "Today, we are going to play a fun game. Come over and stand behind the tape line. Let's divide into two groups. Some of my super friends stand here behind this basket. And my other super friends will stand here behind this basket." (*Help position the children into two lines.*)

*During the Activity:* "Look at those circles on the wall, they both have sticky tape on them. We're going to take turns throwing the ball pit balls at the hoops to try and make them stick. Look at the hoop as you throw the ball like this. (*Demonstrate.*) Ready to play? [Children's names], throw a ball at the hoop in front of you. (*Pause.*) Wow! Look, friends. [Child's name]'s ball stuck to the hoop! Let's keep going until the baskets are empty. (*Pause.*) Amazing! Look at your hoops. Let's count how many ball pit balls are stuck to each group's hoop. This group had [number] ball pit balls stuck. That's awesome! How about this group? They had [number] ball pit balls stuck to their hoop. Amazing! That was such a fun game!"

*After the Activity:* "Today in our true story from the Bible, we're going to hear about a boy named David who threw a stone to fight a giant. Let's go hear all about it."

#### Inclusive Pro-Tips:

- Position one hoop at the bottom of the wall and allow children to kick or press the ball on the sticky hoop.

**Transition: Move to Worship and Story by walking normally then walking like a giant.**  
**Play October 12th VIDEO CONTENT**

## Groups: Creating a Safe Place to Connect

### 1. Super Kid Flyover

#### Hear from God | Memory Verse Review

*Made to Move*

#### **\*Uses Minimal Supplies**

**What You Need:** No supplies needed

#### **What You Do:**

*Before the Activity:* Gather children together in the open space of the activity area. Review the Memory Verse with the motions. Invite the children to stand in a line against a wall in the room.

*During the Activity:* Say the verse together then call out one child out a time and encourage them to "fly" like superheroes. Continue with each child. Repeat as desired.

*After the Activity:* Connect the Memory Verse to the Bottom Line.

#### **What You Say:**

*Before the Activity:* "Friends, come over here and let's do the motions as we say our Memory Verse. Ready? 'Be strong and courageous. (Muscle arms) Do not be afraid . . . (cross and uncross hands) for the Lord your God (flat hand with thumb to forehead, pull down) goes with you, (march in place) Deuteronomy 31:6. (Open hands like a book.) Fantastic! Everyone, go stand against that wall. I have a fun game where we get to practice our memory verse AND be brave super kids, just like David! When I say your name, you get to fly to me like a superhero!"

*During the Activity:* "Let's say our verse together! When I call your name, be brave and fly over like a superhero! 'Be strong and courageous... for the Lord your God goes with you,' [Child's name]! Fly like a superhero [child's name]! (Pause.) Great job! Let's do that again and bring another super kid over! (Continue with each child.) Look at all our super brave super kids!" (Repeat as desired.)

*After the Activity:* "You were all so brave, just like David! God helped David be brave to go against the giant, Goliath. David was courageous because he knew that God was with him. God helped David be brave and God can help you be brave too! **Who can help you be brave? [Bottom Line] God can help me brave.**"

#### **Inclusive Pro-Tips:**

- If a child has limited mobility, encourage them to signal their turn by raising their hand or making a fun superhero pose instead of running across.
- Some children may not feel comfortable running or being in the spotlight. Give them the option to "fly" in place, clap along, or cheer for their friends instead.

## 2. David and Goliath

### Talk about God | Bible Story Review

*Made to Create*

#### What You Need:

- ☐ “David” Activity Page
- ☐ “Goliath” Activity Page
- ☐ “David and Goliath Fun at Home” Activity Page
- ☐ Cardstock
- ☐ Crayons or washable markers
- ☐ Clear tape
- ☐ Scissors
- ☐ Gallon-sized resealable bags,
- ☐ Permanent marker

#### What You Do:

*Before the Activity:* Copy “David” on cardstock and cut one cutout per child. Copy “Goliath” on cardstock, one per child. Copy “David and Goliath Fun at Home” on cardstock and cut one note per child. Write each child’s name on their bag.

*During the Activity:* Encourage children to color their papers. Help roll each child’s papers into tubes and secure with a piece of tape. Ask children to use their David and Goliath tubes to reenact the story as you say the story rhyme.

*After the Activity:* Connect the Bottom Line to the Bible Story.

#### What You Say:

*Before the Activity:* “Super friends, come sit with me at the table and let’s make some story art!”

*During the Activity:* “Today we heard the story of a young boy named David (*hold up the David picture*) and a big man named Goliath. (*Hold up the picture of Goliath.*) Color your pictures. (*Pause.*) Great, now we can make them into tubes so they can stand like this. (*Roll each child’s pictures and tape to secure.*) Now you can play with them as I tell our story in a fun way.

“David was a young boy, he was kinda small.  
Goliath was a giant; he stood very tall.

“David trusted God, and that made him brave.  
He walked out to Goliath on the battlefield one day.

“David took his sling and five smooth stones.  
He looked up at Goliath, while the crowd looked on.

“He said, ‘You have your weapons. They’re as big as big can be!  
But I am not afraid of you! God is with me!’

“David ran towards Goliath. He twirled his sling around.  
Then to everyone’s surprise, Goliath fell to the ground!

“David was a super kid. God helped him be brave.  
I can be a super kid too! God is with me every day!”

*After the Activity:* “God helped David be brave and face the giant, Goliath, when no one from God’s army would. David went out on the battlefield to face Goliath and Goliath got angry. David put a stone in his sling and hurled the stone as hard as he could! The stone hit Goliath in his forehead, and he fell down. David did it! God was always with David, and God helped David be brave! God is always with you and God can help you be brave too! **Who can help you be brave? [Bottom Line] God can help me be brave.**”

**Inclusive Pro-Tips:**

- Create an example for children to follow

### 3. Super Kids

Live for God | Application Activity

*Made to Think*

#### **\*Uses Minimal Supplies**

##### **What You Need:**

- ☐ “Super Kids” Activity Page
- ☐ Cardstock
- ☐ Crayons
- ☐ Permanent marker
- ☐ Painter’s tape

##### **What You Do:**

*Before the Activity:* Copy “Super Kids” on cardstock, one per child. Write each child’s name on the back of their paper.

*During the Activity:* Give each child a superhero outline and encourage them to color it to look like themselves. Once they finish coloring, ask each child to finish the sentence, “I can be brave when...” Tape all the pictures on the walls in the hallway.

*After the Activity:* Connect the Bottom Line to the Bible Story.

##### **What You Say:**

*Before the Activity:* “Super friends! Come to the table with me. Today, we are going to make superhero pictures of ourselves!”

*During the Activity:* “Color the person on your paper to look like you. *(Pause.)* Great! Now, think about a time when you needed to be brave. I’ll help you write it on your shield. *(Pause.)* These are great answers! Every super kid has a special power, and our power is bravery because God helps us be brave. I’m going to hang your pictures in the hall so everyone can know that God can help them be brave!”

*After the Activity:* “Today in our Bible Story, we learned that David was brave because he knew God was with him. God can help you can be brave too because God is with you! **Who can help you be brave? [Bottom Line] God can help me be brave!** That’s right! Let’s say that one more time. **Who can help you be brave? [Bottom Line] God can help me be brave!**”

##### **Inclusive Pro-Tips:**

- Some children may have difficulty coloring or writing. Provide stickers or pre-cut shapes.
- If a child is nonverbal or struggles with expressive language, offer picture choices or visuals to help them express when they need to be brave.

## 4. Super Kid Shield

Live for God | Application Activity

*Made to Create*

### What You Need:

- ☐ “Super Kid Shield” Activity Page
- ☐ Cardstock
- ☐ Dot markers
- ☐ Washable markers
- ☐ Star stickers
- ☐ Scissors
- ☐ Clear packing tape
- ☐ Permanent marker

### What You Do:

*Before the Activity:* Copy “Super Kid Shield” on cardstock and cut one per child. Cut cardstock lengthwise into 1 ½-inch strips, one strip per child. Roll each child’s strip into a circle and tape the ends together. Write each child’s name on their paper.

*During the Activity:* Encourage children to decorate their shield. Help tape the paper roll on the back of each child’s shield. Ask children to hold their shields as you review the Bible Story.

*After the Activity:* Connect the Bottom Line to the Bible Story.

### What You Say:

*Before the Activity:* “Hello, Super Kids! I’m so happy to see you today! Come sit at the table and let’s make a Super Kid Shield!”

*During the Activity:* “Use the markers and stickers to decorate your shield. *(Pause.)* Wow! These look great! Now let’s add a handle to the back so it’s easy for you to hold. *(Place a paper roll on the back of each child’s shield and tape to secure.)* Now, everyone hold up your shields and say **[Bottom Line]** **God can help me be brave.** *(With children.)* **[Bottom Line]** **God can help me be brave.** Hold your Super Kid Shields as we talk about today’s Bible Story.

*After the Activity:* “Today we learned a story about a boy named David. David was brave and faced a giant named Goliath. This is a true story that you can read about in the Bible!

“Every day, Goliath would shout at God’s army, “Who’s gonna face me?” Everyone in God’s army was scared and wouldn’t face Goliath. But one day, David came to the battlefield and heard Goliath. He was surprised no one from God’s army was brave enough to face Goliath, but David was because he knew that God was with him and would help him be brave. David went out on the battlefield to face Goliath and said, “Goliath, you come at me with all your big weapons, but GOD is with me!” David threw one stone as hard as he could in his sling. It hit Goliath in the middle of his forehead, and big Goliath fell down! David did it! God was always with David, and God helped David be brave! God is always with you, and God can help you be brave, too. **Who can help you be brave? [Bottom Line] God can help me be brave.**”

## 6. Journal and Prayer

### Pray to God | Prayer Activity

*Made to Reflect*

#### What You Need:

- ☐ Bible
- ☐ Journal
- ☐ Fun-shaped pen

*Note: You can find examples of hand motions in the “Memory Verse Hand Motions” PDF and video, included in the Prelude folder and on Pinterest.*

#### What You Do:

*Before the Activity:* Encourage the children to make a super kid pose as you lead them to your Small Group spot. Sit down and gather the children around you.

*During the Activity:* Review the Bible Story and Memory Verse Hand Motions, then encourage the children to help you make a list in the journal of places they go to.

*After the Activity:* Pray with children using the list you made in the journal.

#### What You Say:

*Before the Activity:* “It’s Small Group time! And since you are super kids, we are going to make a super kid pose while we walk to our Small Group spot! Do what I do and close one fist, like this. Now put it on your hip. Then close your other fist and hold it high in the air, like this! (demonstrate) There you go! Keep making your super kid pose and follow me! (*Make the super kid pose as you lead the children to your Small Group spot.*) We made it, super kids! Let’s sit down so we can talk about today’s Bible Story. One, two, three, sit down with me!”

*During the Activity:* (*Open the Bible and lay it in front of the children.*) “In our Bible Story, today, young David was super brave to walk out and face the giant Goliath! David had a sling and some stones, but that’s not what made David so brave. Do you remember WHO was with David that made David so brave? (*Pause.*) David was brave because he knew that GOD was with him! Knowing that God is bigger than anything and that God was always with him helped David be brave. And guess what! God can help you be brave too! That’s why when I ask, **Who can help you be brave?** you say, **[Bottom Line] God can help me be brave!** Stand up and make a super kid pose and let me hear you say it! **Who can help you be brave? [Bottom Line] God can help me be brave!** Again! **Who can help you be brave? [Bottom Line] God can help me be brave!** Yay! **[Bottom Line] God can help me be brave!**

“God helped David be strong and courageous. That’s another way of saying God helped David be brave. The Bible verse we are learning says, ‘Be strong and courageous. (*Muscle arms*) Do not be afraid . . . (*cross and uncross hands*) for the Lord your God (*flat hand with thumb to forehead, pull down*) goes with you,’ (*march in place*) Deuteronomy 31:6. (*Open hands like a book.*) Let’s stand up, again, and say that Bible verse together! Just say what I say and do what I do! ‘Be strong and courageous. (*Muscle arms*) Do not be afraid . . . (*cross and uncross hands*) for the Lord your God (*flat hand with thumb to forehead, pull down*) goes with you,’ (*march in place*) Deuteronomy 31:6. (*Open hands like a book.*)



“Wow! That was SUPER! *(Give each child high fives.)* Now let’s sit down so we can write in our prayer journal and talk to God. *(Open journal.)* Knowing that God was with him wherever he went helped David be brave. Let’s make a list of places we go to in our prayer journal. Then we can use the list when we pray. When I say your name, tell me a place you go to, and I will write it in our journal.” *(Remember to print, as you write in the journal, so the children can recognize their names and the letters.)*

*After the Activity:* “We go to a lot of places! *(Hold up journal.)* Let’s pray and ask God to help us be brave. Would anyone like to pray before I pray? *(Give each child who wants to pray the opportunity to do so.)* Dear God, only You have the power to always be with us wherever we go. Please help *(say each child’s name)* remember that we don’t have to be afraid. We can be brave, because You are always with us! When we go to the *(name a place on the list)*, You are there! When we go to the *(name a place on the list)*, You are there! When we go to... *(keep saying this with each place on the list)*. You are awesome, God, and we love You! In Jesus’ name. Amen.”

# David



**God can help me be brave.**  
David and Goliath • 1 Samuel 17:1-50

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**God can help me be brave.**  
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# David

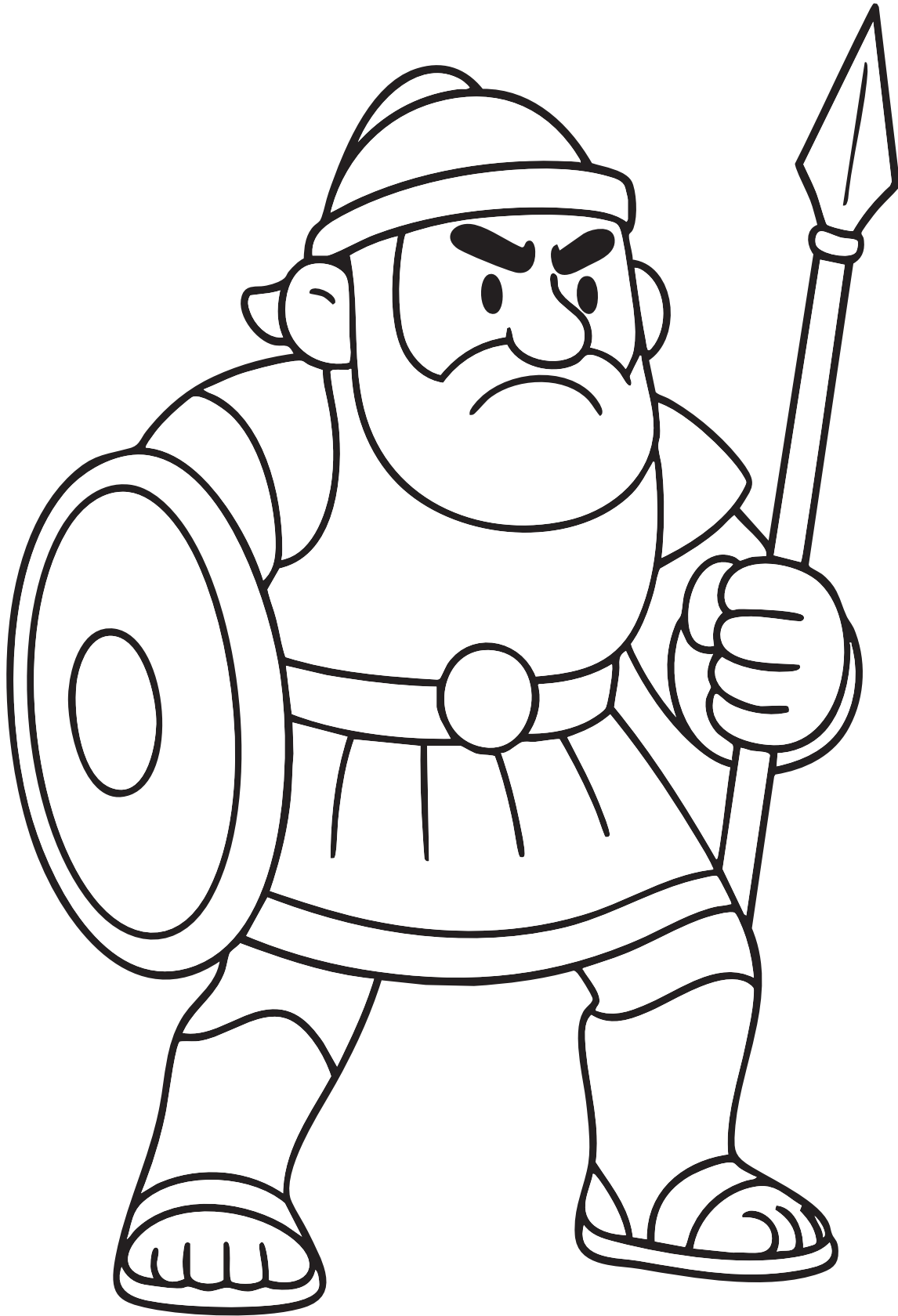


**God can help me be brave.**  
David and Goliath • 1 Samuel 17:1-50

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**What to Do:**  
Copy on cardstock and cut. One per child.

# Goliath



**What to Do:**  
Copy on cardstock. One per child.

**"Goliath" Activity Page**  
October 2025, Week 2, Small Group 3-5s  
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Today your preschooler learned about David and Goliath. You can find today's story in the Bible at 1 Samuel 17:1-50. Encourage your preschooler to play with their David and Goliath as you say the following rhyme. Enjoy!

*"David was a young boy, he was kinda small.  
Goliath was a giant; he stood very tall.*

*"David trusted God, and that made him brave.  
He walked out to Goliath on the battlefield one day.*

*"David took his sling and five smooth stones.  
He looked up at Goliath, while the crowd looked on.*

*"He said, 'You have your weapons. They're as big as big  
can be!  
But I am not afraid of you! God is with me!'*

*"David ran towards Goliath. He twirled his sling  
around.  
Then to everyone's surprise, Goliath fell to the ground!*

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**What to Do:**  
Copy on cardstock. One per child.



**What to Do:**  
Copy on cardstock and cut. One per child.

**"Super Kids Shield" Activity Page**  
October 2025, Week 2, Small Group 3-5s  
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