

Today's Suggested Schedule—September 7th, 2025

Bible Story: Moses • *Exodus 3–6:12, 7–12:42; 13:17–14:31*

Bottom Line: God can give you courage when you don't feel ready.

Monthly Memory Verse: *When I'm afraid, I put my trust in you.* Psalm 56:3 (NirV)

Check out our Pinterest page here <https://bit.ly/447HSZi> for a visual on some of the activities.

ORDER OF SERVICE

OPENING SMALL GROUP (20 minutes)

SOCIAL: Providing Time for Fun Interaction

Early Arriver /

Opening Activity

LARGE GROUP (30-35 minutes)

WORSHIP: Inviting People to Respond to God

STORY: Communicating God's Truth in Engaging Ways

- Introduce Monthly Theme Poster
- Review Monthly Memory Verse Poster
- Review Weekly Bottom Line Poster
- Worship (2 Songs - Video)
- Teaching (Story Lab - Video)
- Review Weekly Bottom Line Poster

SMALL GROUP (25-30 minutes)

GROUPS: Creating a Safe Place to Connect

Reinforcement Activity

Prayer Journal

Devotionals for Kids

Parent Cue App

Social

Providing Time for Fun Interaction

1. Opening Activity

Made to Imagine: an activity that promotes empathy and facilitates biblical application through role-play and reenactment

What You Need: “Brave Actions” Activity Page, scissors, and opaque bag

What You Do:

- Gather the kids in a circle.

Talk Together:

- Explain and demonstrate how to play:
 - “Inside the bag are action cards! One at a time, each of you will come up, pull a card, and act it out. The challenge is that there’s NO talking allowed! You can move and make sound effects—but no words! The rest of us will try to guess what brave travel action you’re doing.”

Play Together:

- Invite the kids to take turns performing brave travel actions without speaking while the group guesses what it is.
- Continue playing until all cards have been guessed.

Talk Together:

- If time allows, ask:
 - “Where’s your favorite place to go?”
 - “How do you feel when you go somewhere new?”

What You Say:

“Whoa! You acted out those scenarios like pros! Sometimes, something new can feel both exciting and kinda scary. That’s totally normal! But the incredible part is that we’re never alone! God is always with us, and we’ll see that in today’s true story from the Bible! **[Transition] We’ll meet a leader who had to guide God’s people on a long journey with many twists, turns, and challenges. But that leader chose to trust that God was with him, and with God’s help, he did some seriously epic things. Let’s go find out more!”**

Lead your group to the Large Group area.

Inclusive Pro Tips:

- Offer for kids to act it out with a buddy.

Lead your group to the Large Group area.

2. LARGE GROUP

What You Need: TV, Pre-Loaded Video Content

What You Do:

- Introduce/Remind kids about the
 - a. Monthly Theme,
 - b. Monthly Memory Verse
 - c. Today's Bottom Line
- Play 1st and 2nd Worship Songs
- Allow kids to grab a snack
- Play Teaching (Story Lab - Video)
- Review Today's Bottom Line

Lead your group to the Small Group activity.

Groups

Creating a Safe Place to Connect

25 minutes

3. Moses' Journey

Talk about God | Bible Story Review

Made to Move

What You Need: "Location Signs" Activity Pages, "Review" Activity Page, flashlight, a device for playing music, and painter's tape

What You Do:

- Before you begin, tape the 'Burning Bush' sign from the "Location Signs" Activity Pages in your group area. (This will be your finish line.)
- Use the painter's tape to mark a start line for the kids to stand behind on the other end of your group space.
- Inform the kids that they will be traveling to three different places to follow Moses' journey.

Move Together:

- The Burning Bush
 - Instruct the kids to line up on the other end of your group space, facing the 'Burning Bush' sign.
 - Say, "When I shine the flashlight ON the sign, slow hop forward. When I turn the flashlight OFF, freeze in place!"
 - Hit "freeze" three times (turn the flashlight off) to ask questions from the "Review" Activity Page.
 - End by keeping the flashlight on so that every kid reaches the 'Burning Bush' sign by slow hopping.
- The Plagues
 - Direct the kids to travel back to the start line.
 - Replace the bush and 'Burning Bush' sign with 'The Plagues' sign.
 - Say, "When you hear the music, frog hop towards me! When the music stops, freeze in place!"
 - Stop the music three times to ask questions from the "Review" Activity Page.
 - End by keeping the music on so that every kid reaches 'The Plagues' Sign by frog hopping.
- The Red Sea
 - Replace the 'The Plagues' sign with the 'The Red Sea' sign.
 - Divide the kids into two teams: 'God's People' and 'The Egyptians.'
 - Say, "If you're one of God's people, walk quickly to 'The Red Sea' sign! When I say 'Freeze!' freeze in place."
 - Let "God's people" travel a bit, and then shout, "Freeze!"
 - Say, "Now, if you're an Egyptian, chase behind God's people by hopping on one foot! When I say 'Freeze!' you must freeze in place."
 - Say "Freeze!" three times to ask questions from the "Review" Activity Page.
 - End the game by declaring God's people safe!

What You Say:

“Wow! What an incredible story! Moses didn’t think he was ready to lead God’s people, but God showed him over and over how He would help. And Moses trusted God and went to talk to Pharaoh, even though he was scared. Have you ever felt like you weren’t ready for something? Maybe starting a new grade, speaking in front of your class, or doing something for the first time? *(Pause for answers.)* Moses felt that way too.

“But God didn’t just give Moses a task. God gave Moses everything he needed to be brave—including telling Moses that He Himself would be with him! God showed His power through the plagues, protected His people during Passover, and made a miracle happen when He parted the Red Sea! And the entire time, when doing all of those powerful things, God Himself went with Moses.

“And there’s something else that’s awesome in this story! God has been planning His rescue for a long, long time, and He gave His people, and us, a picture in this story. Passover was a big picture pointing to Jesus! **Jesus** is the Lamb of God who gave His life to save us. It’s His blood that saves us forever so we can be closer than close to God again!

“And one of the ways we are closer than close to God is that when we choose to follow Jesus, the Holy Spirit comes to live inside of us. God Himself is with us all of the time. He is with us and He helps us—just like He went with Moses and helped him. So, whenever you feel scared or not ready, remember: **[Bottom Line] God can give you courage when you don’t feel ready.**”

Inclusive Pro Tips:

- Consider the needs of your group and adjust the activity accordingly.
- Before you begin, provide a visual introduction to all of the “Location Signs” to help kids who might benefit from structure and transition awareness.
- Offer sedentary movement options like clapping or swaying arms side to side.

4. Verse in Motion

What You Need: Bibles

What You Do:

- Give every kid a Bible.
- Invite the kids to look up Psalm 56:3 using the Bible Navigation tips below.
- Repeat the verse together several times.

Move Together:

- Demonstrate the verse motions.
 - The NIV is:
 - *When I'm afraid, (Make a frightened face.)*
 - *I put my trust (Cup hands together.)*
 - *in you. (Point both fingers to the sky.)*
 - *Psalm 56:3 (Hold hands like an open Bible.)*
 - The NIV is:
 - *When I am afraid, (Make a frightened face.)*
 - *I put my trust (Cup hands together.)*
 - *in you. (Point both fingers to the sky.)*
 - *Psalm 56:3 (Hold hands like an open Bible.)*
- Try it slowly at first, then faster, then in a whisper voice to keep the kids engaged.
- Gather to discuss.

What You Say:

"Amazing job, friends! I love reading the Bible with each of you. This verse comes from a time when King David was in REAL danger. He was afraid and didn't know what was going to happen next. But instead of giving up, he chose to trust God! You and I might not face the same things David did, but we do feel scared sometimes. And when we do, we can do what David did. We can remember that God is with us and trust Him!

"When you choose to follow Jesus, God gives you the Holy Spirit to live inside you. That means you're never facing hard things alone. And He can give you courage to face whatever is coming your way.

[Bottom Line] God can give you courage when you don't feel ready."

NOTE: Look for opportunities to have conversations about what it means to make a decision to follow Jesus! (If you need help with what to say, ask your ministry leader.)

Inclusive Pro Tips:

- Consider the needs of your group and adjust the activity accordingly.
- Cut and tape words on buttons so kids can push each button to recite the verse.

5. Pray and Dismiss

Pray to God | Prayer Activity

Made to Reflect

What You Need: *Optional: Index cards and pencils*

What You Do:

- Invite the kids to sit in a circle.

Talk Together:

- Say: “Close your eyes and think quietly about something you feel unready for—something hard or scary you might face at school, home, or in a friendship.”
- Give the kids a few moments to think.
- Say: “Now, take a moment to ask God to remind you He is with you. And then, ask Him to give you the courage you need to face that situation. Remember, you don’t have to do it alone. This is your moment to invite God in. God wants to give you courage when you don’t feel ready!”
- *Optional: Provide index cards and pencils for kids who’d prefer to write or doodle their prayer.*
- Close in prayer.

What You Say:

“Dear God, thank You for sending Jesus and giving us the gift of the Holy Spirit. Thank You for promising to always be with us. When we feel nervous, unready, or scared, please remind us that You’re right there! Please fill us with courage. And remind us that we can face anything with You. We pray these things in Jesus’ name, Amen.”

As adults arrive to pick up, ask the kids to show them their walking sticks and share how just like a walking stick goes with us every step of the way, God does too!

Inclusive Pro Tips:

- Consider the needs of your group and adjust the activity accordingly.
- If any kids prefer to whisper to you instead of share aloud, allow them to do so. Let them hold a beanbag silently as a reminder that God hears their prayers!
- Offer adaptive seating or fidget tools to all kids.



Climbing a huge mountain



Swimming near sharks



Crossing a wobbly rope bridge



Flying a plane



Exploring a jungle with a map and compass



Dog sledding through the Arctic



Surfing a giant wave



Walking through a dark cave with a flash light



Canoeing down a fast, twisty river



Dodging lava from an erupting volcano



Riding a camel across a hot desert



Floating in space



Riding the tallest rollercoaster



Sledding down a hill in the snow

What to Do:
Print on paper and cut apart, one set for each Small Group.

"Brave Actions" Activity Page
September 2025, Week 1, Small Group 2-3.
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THE BURNING BUSH

What to Do:
Print on cardstock, one set for each Small Group.

"Location Signs" Activity Pages
September 2025, Week 1, Small Group 2-3.
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THE PLAGUES

What to Do:
Print on cardstock, one set for each Small Group.

"Location Signs" Activity Pages
September 2025, Week 1, Small Group 2-3.
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THE RED SEA

What to Do:
Print on cardstock, one set for each Small Group.

"Location Signs" Activity Pages
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The Burning Bush

1. Who spoke to Moses from the burning bush?
(Answer: God did! He called Moses by name.)
2. What did God tell Moses to do?
(Answer: Lead His people out of Egypt.)
3. Why was Moses afraid?
(Answer: He didn't feel ready or brave enough to speak to Pharaoh.)

The Plagues

1. What did Moses ask Pharaoh to do?
(Answer: Let God's people go!)
2. Name two plagues God sent to Egypt.
(Possible answers: water into blood, frogs, gnats, flies, plague that killed all of the Egyptians' livestock, painful boils on all. Egyptians, locusts, darkness, hail, and death of the firstborn son)
3. Why did Pharaoh keep saying "No"?
(Answer: His heart was hard. Pharaoh didn't want to give up control.)

The Red Sea

1. How did God help His people escape Pharaoh's army
(Answer: God parted the Red Sea so they could walk through on dry land.)
2. What happened to Pharaoh's army
(Answer: The sea closed and they were swept away!)
3. How did Moses show courage in this part of the story?
(Example: He obeyed God and trusted Him.)