



On The Move - Brave the Unknown with God



DAY 1

Read Exodus 3:2-4

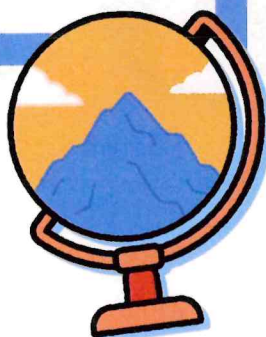
"There the angel of the Lord appeared to Moses from inside a burning bush. Moses saw that the bush was on fire. But it didn't burn up. So Moses thought, 'I'll go over and see this strange sight. Why doesn't the bush burn up?' The Lord saw that Moses had gone over to look. So God spoke to him from inside the bush. He called out, 'Moses! Moses!' 'Here I am,' Moses said" (NirV).

Have you ever seen something that made you stop and stare? That's what happened to Moses. He was taking care of sheep when he saw a bush that was on fire—but it wasn't burning up! When Moses got closer, he heard God's voice. God had a big job for Moses: to help free His people from slavery in Egypt.

Moses didn't feel ready. Moses felt scared! But God knew Moses could do it with His help.

God sometimes calls us to do things that seem hard, like trying something we've never done before. But remember, God promises to be with us every step of the way.

What is one new thing you can do this week with God's help?



DAY 2

Read Exodus 3:11-12

But Moses spoke to God. "Who am I that I should go to Pharaoh?" he said. "Who am I that I should bring the Israelites out of Egypt?" God said, "I will be with you. I will give you a sign. It will prove that I have sent you. When you have brought the people out of Egypt, all of you will worship me on this mountain" (NirV).

Moses had a lot of questions. He was thinking "Who am I? I can't do this!" He didn't think he was good enough. But God didn't tell Moses, "You go do it all by yourself." God told Moses, "I will be with you."

Sometimes we feel too small, too shy, or not strong enough. But God is bigger than our fears! He gives us the courage to do big and small things, with his help! Moses didn't free God's people because he was perfect; he did it because God helped him with every step!

Write or draw in the two columns! This will help you think about the times when you feel scared or weak, and that God helps us in those times!

I FEEL WEAK WHEN...

BUT GOD HELPS ME BY...

DAY 3

Read Exodus 4:12

"Now go. I will help you speak. I will teach you what to say" (NIRV).

Moses had a big job ahead of him: to go and save all of God's people in Egypt, to help rescue them. This was a big deal! Moses was so nervous and worried about how he could do it. But Moses wasn't going to do it by himself. God was going to be with Moses!

Do this activity to help you remember that God is with you and will help you!

Get a piece of paper, crayons or markers, and your hand!

- Trace your hand on the piece of paper.
- Inside each finger, write one way God helps you.

(Examples: "God helps me be brave," "God helps me speak," "God helps me be kind," "God helps me when I'm scared," "God helps me forgive.")

- At the top of the page, write "God Helps Me!"
- Color the hand and add little drawings around it—like a smiley face, a heart, or even a burning bush if you want!

Hang it somewhere in your room to remind you that God is always helping you, just like God helped Moses!

DAY 4

Read 2 Timothy 1:7

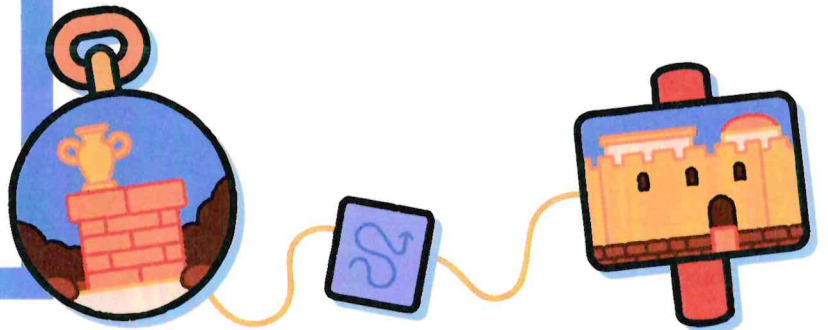
"God gave us his Spirit. And the Spirit doesn't make us weak and fearful. Instead, the Spirit gives us power and love. He helps us control ourselves" (NIRV).

Moses wasn't perfect. He made mistakes, felt scared, and had doubts. But God still used Moses to do amazing things!

You don't have to be the loudest, fastest, or smartest for God to use you. You just need to be willing to listen and trust Him. God gives you His Spirit, that's God's strength inside you! You can be brave even when things are hard.

TRY SOMETHING NEW

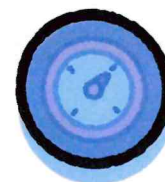
Make a list of three things you've never done before, like talking to someone new, trying a new food, or learning a new sport. Pick one thing from your list to try this week. Before you try it, pray and ask God for courage! God can help you, just like He helped Moses.



God can give you courage
when you don't feel ready.



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DAY 1

Read Numbers 13:27-28

"They gave Moses their report. They said, 'We went into the land you sent us to. It really does have plenty of milk and honey! Here's some fruit from the land. But the people who live there are powerful. Their cities have high walls around them and are very large. We even saw members of the family line of Anak there'" (NIRV).

Have you ever heard someone say, "Do you want the good news or the bad news first?" For instance, pretend you spilled a glass of chocolate milk. You might say something like this: "Bad news, I spilled my chocolate milk, good news, the glass didn't break!"

Open up your Bible and read Numbers 13:27-28. It was time to go into the land God had promised! The twelve spies went into the Promised Land to check it out.

They came back with news—some good and some bad! The good news? The land was amazing, full of good food and beautiful places. The bad news? The cities were big and scary.

Sometimes, it's easy to focus on the bad news all the time and forget the good news that's happening! Joshua and Caleb saw the same scary stuff as the other spies, but they trusted God. When have you heard bad news?

How can you trust God instead of getting scared?

DAY 2

Read Numbers 13:17-20

"Moses sent the 12 men to check out Canaan. He said, 'Go up through the Negev Desert. Go on into the central hill country. See what the land is like. See whether the people who live there are strong or weak. See whether they are few or many. What kind of land do they live in? Is it good or bad? What kind of towns do they live in? Do the towns have high walls around them or not? 20 How is the soil? Is it rich land or poor land? Are there trees in it or not? Do your best to bring back some of the fruit of the land.'" It was the season for the first ripe grapes" (NIRV).

The spies had to be careful and brave. Joshua and Caleb kept their faith-eyes open—they didn't just see the scary giants, they remembered God's promises! When we look at life with faith-eyes, we see what God can do instead of what we fear. It changes how we live!

SPY BINOCULARS

Today, make your own "Spy Binoculars" to remember that God helps you see with courage!

- Get two empty toilet paper rolls and tape or glue them side by side.
- Decorate with markers, paper, or stickers.
- Tie a string to them to wear them around your neck!

Now go on a "God's Creation Hunt" around your house or yard. Look for five amazing things God made. Share them with someone in your family!

DAY 3

Read Numbers 14:6–9

Go and get a glass and fill it halfway with water. Now go around and ask people what they think it is. You can ask them, “Are you a Glass Half Empty or a Glass Full Person?” This is a good example of how people look at things differently!

In life, some people always see the bad first. Some people see the good first!

When the spies returned, most focused on the giants and the scary cities. But Joshua and Caleb focused on God’s promise.

Are you a person who sees problems? Or a person who sees what God can do?

See these two glasses of water? Color the water to make it blue! Then, on top of one cup, write the word “Fear.” On top of the other cup, write the word “Faith.” This shows that we can look at things with fear or faith.



PRAY TODAY, ASKING GOD TO HELP YOU

You can pray something like this: “Dear God, help me not just see what’s wrong. Help me see what You can do! You do amazing things; I want to focus on your promises and all the things you do. I love You so much, Amen.”



DAY 4

Read Hebrews 11:7

“But my servant Caleb has a different spirit. He follows me with his whole heart. So I will bring him into the land he went to. And his children after him will receive land there.” (NirV)

Everyone gets scared sometimes, of the dark, of not doing well, or of being left out. But Caleb was different. He trusted God even when others were scared!

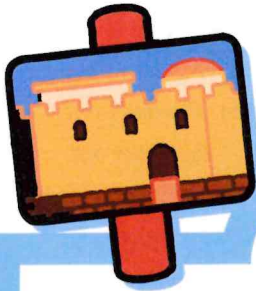
God can help you be different, too. You don’t have to let fear tell you what to do. You can listen to God’s voice instead of fear’s voice. When others are scared, you can be brave. When others give up, you can keep trusting. When fear whispers “you can’t,” you can shout, “God can and God will!” You can be strong because God is always with you. Fear is strong, but faith is stronger when you have God’s Spirit in you!

FEAR TO FAITH LIST

- Fold a paper in half.
- On one side, write “Things I’m Afraid Of.”
- On the other side, write “How God Helps.”
- Talk with a family member or friend about these and pray together that God will help you!

God can give you courage when others are afraid.

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DAY 1

Read Joshua 2:1

"Joshua, the son of Nun, sent two spies from Shittim. He sent them in secret. He said to them, 'Go and look over the land. Most of all, check out Jericho' " (NIRV).

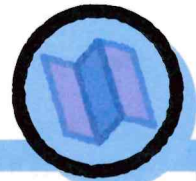
It was time to enter the place God had promised to His people! Joshua sent two spies to check out Jericho; they needed a safe place to hide. They stayed at the house of a woman named Rahab.

Rahab was brave and chose to help them, even though it was dangerous. She trusted that God was big enough to take care of her. She decided to do what was right, even when it was hard. God honored her courage, and Rahab's choice helped save her whole family later!

Sometimes, helping others takes courage, and it's not always easy. You might wonder, "What if it's scary?" or "What if I don't know what to do?"

But just like Rahab, you can ask God for courage to do the right thing!

When has someone helped you when you needed it? How did it make you feel?



DAY 2

Read Joshua 2:17-18

"The men said to her, 'You made us give our word. But we won't keep our promise unless you do what we say. When we enter the land, you must tie this bright red rope in the window. Bring your father and mother into your house. Also bring in your brothers and everyone else in your house' " (NIRV).

Rahab showed courage when she helped the spies. So then the spies told her to put a red rope in the window of her house. She did this, and her family was safe because she trusted God!

COURAGE DOOR HANGER

Today's craft is to make a Courage Door Hanger to remind you to be brave and help others!

- Cut a piece of cardstock or thick paper into a rectangle.
- Cut a hole at the top to hang it on a doorknob.
- Decorate it with markers, stickers, and bright colors.
- Write a message like: "Be Brave!" ; "God Gives Courage!"; "Help Others!"
- You can even add a red ribbon or a red heart to remember Rahab's red rope!

Every time you see your door hanger, remember that God makes you brave to help people who need you!

God can give you courage to help someone in need!



DAY 3



Read 1 Thessalonians 5:11

"So encourage one another with the hope you have. Build each other up" (NIRV).

How does it make you feel when someone helps you? Does it make you feel happy? Does it make you feel like you aren't by yourself? I'm sure it makes you feel so good! We should make sure others feel like that, too!

Our scripture verse today says to encourage and build each other up. Helping others isn't always about something big. Sometimes it's a kind word, a hug, sharing your toys, or just sitting with someone who feels lonely.

Rahab's courage made a HUGE difference.

You can make a big difference too — even in small ways!

FEAR TO FAITH LIST

Think of a time someone helped you, and a time you helped someone else! Now draw or write the things you thought of in the boxes.

SOMEONE HELPED
ME WHEN...

I HELPED SOMEONE
WHEN...

When you help others, you are sharing
God's love and courage!



DAY 4

Read Joshua 6:22-23

"Then Joshua spoke to the two men who had gone in to check out the land. He said ... 'Bring her out. Also bring out everyone with her. That's what you promised her you would do.' So the young men who had checked out the land went into Rahab's house. They brought her out along with her parents and brothers and sisters. They brought out everyone else there with her. They put them in a place outside the camp of Israel" (NIRV).

God kept His promise to Rahab! Because she helped the spies, her family was safe when Jericho's walls fell down. One small act of kindness can be part of a much bigger story! Just like Rahab was kind to the spies, helping God's people get to their new home. A smile, a kind word, or standing up for someone really matters. God works through your big and small acts of courage every single day!

RESCUE PLAN

- Talk with a family member or friend: If you could help someone in your town (like giving food, clothes, or praying for someone), what would you do?
- Write down or draw the ideas you chose with your family member or friend. God notices every time you help someone in need — and He is proud of you!

God notices every time you help someone in need — and He is proud of you!

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DAY 1

Read Ruth 1:16

"But Ruth replied, 'Don't try to make me leave you and go back. Where you go I'll go. Where you stay I'll stay. Your people will be my people. Your God will be my God'" (NIRV).

Some sad things had happened in Ruth and Naomi's family! Ruth's husband died, and she had a choice: go back to her home, Moab, or stay with Naomi and follow God into a new land. Ruth didn't know what was going to happen next, but she loved Naomi and trusted God.

Choosing to stay took a lot of courage! Ruth gave up her old life and trusted that God had a plan, even though she couldn't see it yet.

We might face big choices too—like trying something new, helping a friend, or stepping into something unknown. God can give you courage just like He gave it to Ruth!

When you trust God, He gives you courage for what's next!

What is the bravest thing you have done? How did you feel after?

Give those things over to God. Get out of the net and trust and remember that God is with you.



DAY 2

Read Psalm 56:3

"When I'm afraid, I put my trust in you" (NIRV).

Ruth didn't know where the road with Naomi would lead. She didn't know where they would live, how they would find food, or what would happen. But Ruth trusted God!

Today's craft reminds us that each step we take in courage matters!

BRAVE STEPS FOOTPRINT ART

- Trace your foot (or shoe) on paper.
- Cut it out and decorate it with colors, stickers, and words like "Trust," "Courage," or "God is with me."
- Write one brave step you want to take this week inside your footprint.
- Hang it somewhere you'll see it every day!

Every step of faith matters to God – even when you don't know what's coming next. What brave step do you need God's help with?

DAY 3

Read Romans 8:28

"We know that in all things God works for the good of those who love him" (NIRV).

When Ruth left everything behind, she couldn't see the future. But God was working behind the scenes to take care of her.

We may not always see what God is doing right away. It might feel like everything is changing or not making sense. But we can trust that God is making a good plan—even if it's not clear yet. God's promises are true, even when the road looks confusing. Ruth kept going because she trusted God one step at a time—and you can too!

Sometimes the bravest thing you can do is simply take the next step, even when you feel unsure. God is with you at every step, guiding you, loving you, and preparing something good for you. You are never walking alone!

Color in the path and think about trusting God even when you can't see everything yet!



DAY 4



Read Ruth 1:18

"Naomi realized Ruth had made up her mind to go with her. So she stopped trying to make her go back" (NIRV).

Ruth's bravery wasn't just about her. Because Ruth stayed, Naomi wasn't alone. Ruth's decision to be brave brought hope and encouragement to someone else. When you choose to be brave and trust God, it can help others, too! When you are brave, you show people that God is good and that He is always with us. Even a small act of courage, like sharing, helping, or saying kind words, can make someone's whole day better. You don't have to do something huge to make a big difference. God uses small, brave choices to do great things!

COURAGE CHALLENGE

- Come up with brave things you can do this week.
- Write them on slips of paper and then put them in a box or cup.
- Pull one slip each day and do the challenge!

**God can give you courage
when you don't know
what's next.**