

Game Plan—A Devotional about Commitment



DAY 1

Read Luke 2:52 NlrV

“Jesus became wiser and stronger. He also became more and more pleasing to God and to people.”

Jesus stayed behind because He loved talking about His Father, God. Jesus listened, asked questions, and shared answers. You can follow Jesus’ example in the same way! Start with Listen. When someone reads the Bible, pay attention and wonder, “What does God want to teach me or want me to know?” Next is Pray. Whisper or say your thoughts to God like you would to a friend. Then comes Remember. Think of something God has done for you or someone you know. After that, Ask. Find a trusted adult and ask one question about God. Finally, Share. Tell a friend one true thing you believe.

Each time you complete a step, color its bubble and thank God for helping you speak. When all five bubbles are bright, look at them and celebrate! You practiced talking about God!



DAY 2

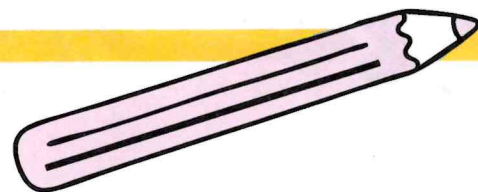
Read Psalm 105:2 NlrV

“Sing to him, sing praise to him. Tell about all the wonderful things he has done.”

This week, find a sticky note and write one word that tells something about God (LOVE, STRONG, KIND, SAVIOR). Stick it where everyone will see it in your home, like the fridge. Ask family members to add their own notes below throughout the week. At dinner, read the list aloud and thank God. Words can be tiny, yet huge. When you choose just one word about God and post it, you start a conversation. Maybe your sister writes HELPER. Maybe Dad writes FAITHFUL. Soon, a bright tower of notes reminds everyone that God is amazing.

Talking about God doesn’t always mean giving a long speech. Sometimes it starts with a single brave word. King David sang, “Tell about all the wonderful things he has done.” Your sticky note is your song today! When you walk by the notes, whisper a quick prayer: “God, thank You for being _____.”

Keep adding words all month. Watch how a note grows your faith and your own courage to speak up!



DAY 3

Read 1 Peter 3:15 NlrV

"But make sure that in your hearts you honor Christ as Lord. Always be ready to give an answer to anyone who asks you about the hope you have. Be ready to give the reason for it. But do it gently and with respect."

Grab a notebook or a blank piece of paper. At the top, write the word HOPE. Underneath, list three places you go each week, like school, soccer, or Grandma's house. Beside each place, write one way you could tell someone about the hope Jesus gives. Maybe it's a sentence, maybe it's a drawing. When you finish, circle the example that you will start with first. Think about why hope matters to you. Has God ever helped you when you felt sad, worried, or alone? Remember that moment. How would you describe it to a friend? First Peter 3:15 reminds us to be ready, but also gentle. You don't have to shout or argue. You can share by listening, smiling, or telling a simple story. The Holy Spirit can help you guide your words.

Write one sentence to finish: "I can talk about God because He _____." Read it out loud and thank Him for making you brave. Keep the page somewhere you will see it daily.

DAY 4

Read Colossians 4:6 NlrV

"Let the words you speak always be full of grace. Learn how to make your words what people want to hear. Then you will know how to answer everyone."

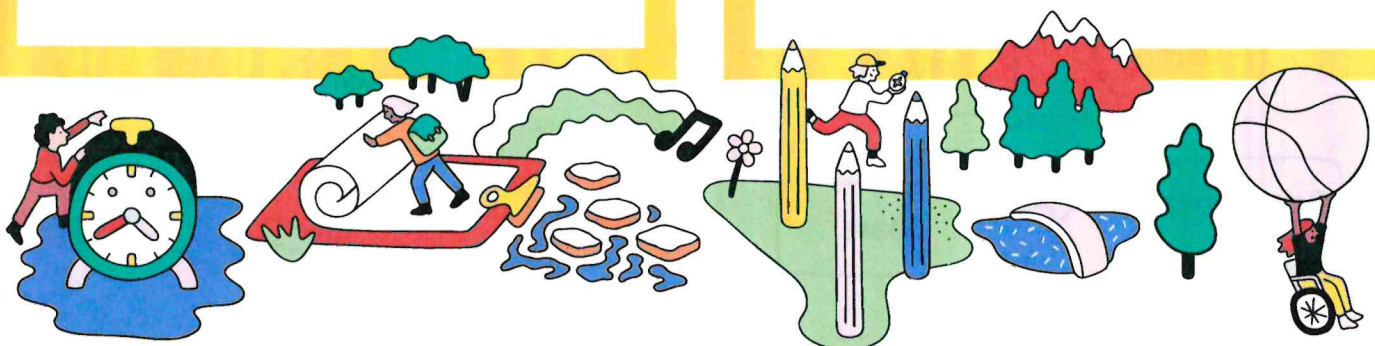
Have you ever sprinkled salt on popcorn? A tiny shake can make every kernel taste better. The Bible says our words should be like that, little bits of grace that make what we talk about good. Practice talking about God every day. Try the three-step POP plan: Pause, Open, Pass.

Pause. Before you speak, take one breath and think, "Will this help someone see God?"

Open. Open your mouth and share a short truth you know: God loves us, God forgives, or God listens.

Pass. After you speak, pass the conversation by asking, "What do you think?" Listening shows respect and keeps the talk going.

Pick one person, a classmate, neighbor, or sibling. Use the POP plan to drop a sentence about God. If you feel nervous, remember the Holy Spirit is right beside you. The more you practice, the easier it becomes, like learning to ride a bike or tie your shoes.



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DAY 1

Read Jeremiah 29:12 NIV

"Then you will call out to me. You will come and pray to me. And I will listen to you."

Prayer is like sending a letter or postcard to someone who loves you so much. Letters start with "Dear ..." and tell what's happening.

Look at this postcard outline. On the first blank, write one feeling: happy, worried, excited, tired. God wants to know how you feel. On the next blank, add something you're thankful for, maybe pancakes or a sunny day. Gratitude makes your heart lighter. On the last blank, write one thing you need help with: a math test, a sick pet, or patience with a sibling. When you finish, sign your name.



"Dear God, Today I feel _____.
Thank You for _____.
Please help _____.
I love You, In Jesus' name I pray. Amen."

DAY 2

Read Ephesians 6:18 NIV

"At all times, pray by the power of the Spirit. Pray all kinds of prayers. Be watchful, so that you can pray. Always keep on praying for all the Lord's people."

Imagine sitting beside your best friend at lunch. You say hello, share what happened during math, ask a question, and laugh together. Praying is that simple.

Start by greeting God: "Hi, God."

Next, honor Him: "You are strong and good."

Then share what's on your heart. Tell Him about the science project, the sick puppy, or the fight with a friend. Ask for help where you need it.

Finally, say, "Thank You" or "I worship You, God."

The Bible says, "Pray ... at all times ... with all kinds of prayers." That means you can pray before the test, during kickball, or while brushing your teeth. When you practice praying, you train your heart to notice God near you all day long. Tonight, when it's quiet, tell God one good thing and one hard thing from today, then say, "I trust You." Sleep knowing God heard. Tomorrow, start talking to Him again!

DAY 3

Read Psalm 139:9–10 Nlrv

“Suppose I were to rise with the sun in the east. Suppose I travel to the west where it sinks into the ocean. Your hand would always be there to guide me. Your right hand would still be holding me close.”

God is everywhere, so you can talk to Him everywhere. King David wrote that even if he were to rise with the sun really far away, God’s hand would still guide him. Think about that! Whether you are hiding in a blanket fort, hanging upside-down on the monkey bars, or buckled in the back seat, God is there! So where can you pray? Anywhere!

Right after you wake up, you can say, “Good morning, God.” In the bathroom mirror: “Thank You for making me.” At the breakfast table: “Please help Mom at work.” On the sidewalk: “Keep us safe.” Between math problems: “Help me focus.” Under the big tree at recess: “Wow God, Your world is amazing!” While picking up toys: “Forgive my cranky attitude.” Under the covers: “I trust You as I sleep.”

The more places you pray, the more you truly notice God’s presence wherever you go every day.

DAY 4

Read Philippians 4:6 Nlrv

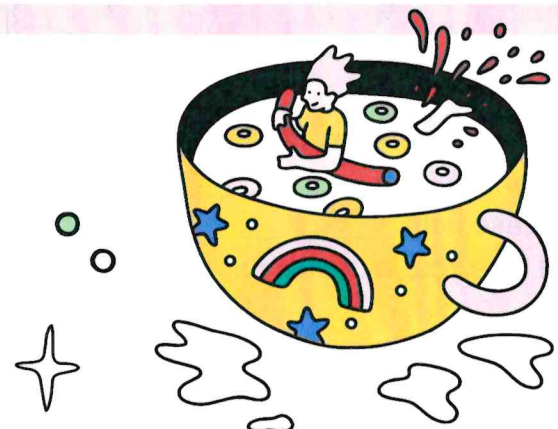
“Don’t worry about anything. No matter what happens, tell God about everything. Ask and pray, and give thanks to him.”

Have you ever carried a heavy backpack all day? By afternoon, your shoulders ache. Worry feels like that weight inside your mind. God doesn’t want you to carry it around. When you pray, you hand the heavy bag to Him.

When we tell God everything, His peace guards our hearts like a strong shield. Peace doesn’t mean all problems disappear. It means you remember God is bigger than the problems.

Name what is making you tense. Say it out loud to God. Next, believe God can take the worry from you. Even if nothing around you changes, something inside you does; your heart feels lighter, and your thoughts slow down. That is God’s promise working.

Keep practicing. Every time worry shows up, treat it like a signal saying, “It’s prayer time!” The more you give your worries to Jesus, more and more peace will come.



Game Plan—A Devotional About Commitment

DAY 1

Read Matthew 7:24 NlrV

“So then, everyone who hears my words and puts them into practice is like a wise man. He builds his house on the rock.”

Jesus said a wise builder hears His words and puts them into practice. It's like building a house on solid rock, ready for any storm. But if we hear His words and don't do them, it's like building on sand, shaky, weak, and easy to knock down.

When you read the Bible, hear a story at church, or know the Holy Spirit is guiding you, you have two options: Hear & Do or Hear & Ignore. Hear & Do means listening carefully and then acting on what God says, showing kindness, telling the truth, and forgiving quickly. Hear & Ignore means walking away and doing nothing. Today, decide which builder you want to be. Ask God to help you hear His words and follow them.

Under the strong house write, “Hear & Do,” and under the sinking house write, “Hear & Ignore.”



DAY 2

Read John 10:27 NlrV

“My sheep listen to my voice. I know them, and they follow me.”

Sheep learn a voice by staying close and listening often. That is how we learn to hear God, too. You can start practicing to hear from God each day. Start with the Bible. God's words on the page are His steady voice to you. Read a verse slowly and ask, “God, what are You showing me?”

You may not hear sentences, but God can give peace, courage, or a nudge to do what is right. Listen to people who follow Jesus. Parents, small group leaders, and friends who follow Jesus can help you notice what God is saying. Pay attention to the Holy Spirit. Inside, you may feel reminded to forgive, to tell the truth, or to help. Then do what you heard. Keep getting to know God, keep reading your Bible, and over time, you will start hearing God speak to you.



DAY 3

Read Proverbs 19:20 NlrV

"Listen to advice and accept correction. In the end you will be counted among those who are wise."

One way God speaks is through people who follow Him. It might be a parent, small group leader, teacher, Pastor, or friend who loves Jesus. Sometimes you may not feel like listening, but God can use their words to guide you, warn you, or encourage you in ways you didn't expect. When you hear advice, pause and ask, "Does this match what the Bible says?" If it does, thank God for speaking to you through that person. The Holy Spirit often uses people's words to help us know the next step to take and give us courage to follow through.

You can also be someone God uses to speak to others. Share what you've learned about Him and encourage friends to follow His way.

DAY 4

Read James 1:22 NlrV

"Don't just listen to the word. You fool yourselves if you do that. You must do what it says."

When we hear from God, He wants us to follow through. Listening without action is like hearing your coach call a play and then standing still on the field. James reminds us that real faith means doing what God says, not just knowing it. Obeying God shows that we trust Him. Even when it feels hard, God gives us courage and strength through the Holy Spirit. Each time we obey, it becomes easier to hear His voice and respond quickly the next time.

Follow-Through Chart

Grab a piece of paper and draw three columns: What God Says, What I Did, and the Date. This week, each time you feel God speaking, through the Bible, a leader, or your heart, write it in the first column. When you do it, fill in the second and add the date. At the end of the week, look back and celebrate how you practiced hearing and obeying.



Game Plan—A Devotional About Commitment!

DAY 1

Read Luke 5:28 NlrV

"Levi got up, left everything and followed him."

Living for God means giving Him every part of our lives—what we say, think, and do. It is choosing God's way even when it's not easy. Sometimes it means letting go of something that distracts us. Other times it means adding something that helps us grow, like reading the Bible, praying, or helping others.

Which path will you choose today?

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Color the path and circle which one shows "living for God."



### DAY 2

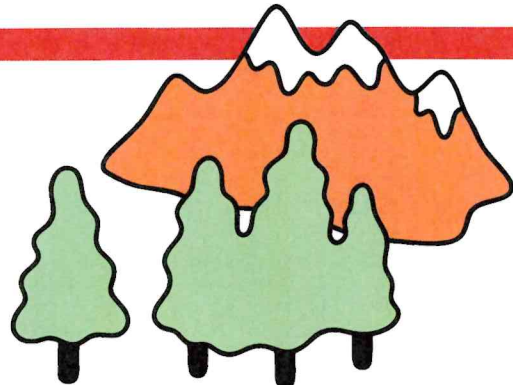
#### Read Romans 12:1 NlrV

*"Brothers and sisters, God has shown you his mercy. So I am asking you to offer up your bodies to him while you are still alive. Your bodies are a holy sacrifice that is pleasing to God. When you offer your bodies to God, you are worshiping him in the right way"*

How can you start living for God in everyday moments? At home, you could help without being asked. Try to speak gently when you get upset. Share the last cookie. At school, tell the truth. Include someone who sits alone. Do your work with your best effort. On the field, play fair. Encourage teammates. Celebrate others. When you mess up, tell God you are sorry. Ask Him to help you try again.

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Make a "Living for God" list with your family. Choose one action for home, one for school, and one for friends. Hang the list where you will see it. Pray over it daily. Check off a box when you do one. Add a line for next week.



DAY 3

Read Luke 5:32 NIrV

"I have not come to get those who think they are right with God to follow me. I have come to get sinners to turn away from their sins."

Our choices show what we care about most. We can choose selfish habits, or we can choose Jesus and grow strong on His path. How do we practice living for God today? Start small. Tell the truth when it's hard. Share your turn. Help without being asked. Forgive after a hurt. Thank God aloud.

These simple daily choices train your heart to follow Jesus. When you mess up, talk to God, say you are sorry, and start again. And know He is right there with you, walking with you every step, ready to guide and help you grow closer to Him. Remember, Jesus loves you. You can always ask Him for help, anytime, anywhere, about anything, with courage.

DAY 4

Read 1 Corinthians 10:31

"So eat and drink and do everything else for the glory of God."

When you live for God with your whole heart, you invite Him into every part of your day. Even simple choices can honor God when you do them for Him. Living for God is not about being perfect. It's about making a daily choice to follow Jesus, trust Him, and let Him shape your actions and thoughts. Every moment is a chance to say, "God, this is for You."

"Dear God, thank You for giving me life. I want to live each part of my day for You. Help me remember that my words, actions, and thoughts can bring You glory. Give me courage to choose what pleases You when it's hard. Fill my heart with love, and use me to bless others."

