

Lesson Plan

September 14th, 2025

This Month's Truth: I Am Known

Bible Story: Jesus healed a woman (Mark 5:21-34)

Theme Verse: Humans see what is visible, but the Lord sees the heart. (1 Samuel 16:7b)

Teachers rally with your team a few minutes before kids start to arrive: Rally is a pre-service time for you to be expectant and equipped before the kids start arriving. Go over the lesson and any ideas for the day! Pray over your space and for the kids that will be coming that they will be connected to the person of Jesus!

Celebrate: Share a story of seeing God work in your ministry, in the life of a child, or through a volunteer.

Connect: What are some ways we can show our friends and neighbors that they are seen and loved this week? (Share your own story, or invite volunteers to share.)

Read: Mark 5:30-34

Share: We get to teach kids today that in a world where they may feel overlooked or unknown, God knows them and loves them. Jesus promised that He even knows the number of the hairs on our heads! (Read Mark 5:30-34.) Kids can know that Jesus knows everyone, just like the woman in this story. He knew her need before she asked, and He healed her! Jesus loves us, knows us, and wants us to share His love with others today.

Pray: Lead the group in prayer, thanking God for the team and inviting Him to work in big ways in the hearts of kids today.

Pre Service

Arrival time, please use either one of these options as kids arrive for the morning to build relationships with kids and encourage them to build relationships with one another.

Option # 1: Connection Questions

Use these questions to help you get to know kids as they arrive. Ministry happens best through relationships. By spending this time with kids at the beginning of the session, you will be able to make stronger connections as you begin teaching about how God knows them!

- What was the best part of your week?

- What candy would you want to buy at the movie theater?
- If you had to choose between candy or popcorn, which one would you choose?
- If you had a “Yes Day,” where you could do anything you wanted, who would you choose to spend it with?
- If you could fly like a plane or float across the ocean like a boat, which would you be, and why?

Service

What To Do:

- **Teacher** Start 5-minute countdown **5 minutes prior to service start time**. The Countdown Video is meant to be played as a signal to transition to Large Group. The video is fun and interactive with opportunities for the kids to respond and cheer. Help kids engage and interact with the video by calling out what's happening, asking for their guesses, and cheering with them.

Teacher Opener: Hey, everyone! My name is ____, and I am so glad you are here today! Jump up and say, “Aha!” then sit back down in 3-2-1! (Allow responses.) Today we will say, “Aha!” as we learn the truth that we are known by God. If you are ready, let me hear you say, “I’m ready!” (I’m ready!)

City or Silly

Game Rules:

1. Read the name on the slide.
2. Direct kids to determine if the name is a real city, or if it is a silly name that is not real. Instruct kids to follow the prompt and move to the place that corresponds to their chosen answer.

What You Say: We are going to play a game called “City or Silly?” Let me hear you say this in your best announcer voice, “City or Silly?” (City or Silly?) In this game, I am going to ask you all to stand, and we are going to read a city name and state. I will say, “If you think this is a city, then I want you to ____!” Then I will give you a task to do and point you in a direction. I’ll then say, “If you think it is silly—meaning it is a name that is not a real city—then I want you to ____!” Then I will give you a different motion and direction to go in. Think you have got it? Let’s get started!

Community Big Kids

Leader Tip: Use your best sports-announcer voice to encourage the kids to be excited and have fun during the game.

First one, here we go! Bean Station, Tennessee! If you think it is a city, bunny hop to the left side of the room. If you think it is just silly, clap your hands as you move to the right side of the room. (Allow time for kids to respond.)

Looks like it is a city! Great job! All right, moving on to the next one!

Rooster, Alaska! If you think it is a city, hop to the front of the room. But I want you to stomp to the back if you think it is just silly. (Allow time for kids to respond.)

Yup! That one was just silly! Ready to go again?

Cookietown, Oklahoma! Now, let's see you bunny hop to the left side of the room if you think it is a city, and clap to the right of the room if you think it is plain silly. (Allow time for kids to respond.)

It is a city! Wow! What a fun place to live! OK, let's all try again!

Popcorn, Indiana. All right, jump to the front of the room if you think it's a city, and jump to the back if you think it is just silly. (Allow time for kids to respond.)

What?! Another city!? Let's see what's next.

Watermelon Creek, South Dakota. Let's see you walk like you are holding a watermelon all the way to the left side of the room if you think it is a city, and wave your arms in the air while skipping to the right of the room if you think it is really just silly. (Allow time for kids to respond.)

Yup! This is just silly! Although watermelons do grow in South Dakota, Watermelon Creek is not a city there! But who wouldn't want to live in a town called Watermelon Creek? That's awesome! Ready for our last, and final, one?

Tortilla Flat, Arizona. Let's see you hold your hands flat like a pancake as you walk to the front of the room if you think it is a city, and stomp to the back if you think it is silly.

Absolutely! This is a real city! And it's not flat at all, it is actually in the middle of a mountain range! Great job!

Woah! How fun was that? An aha moment is when someone discovers something amazing. That means you had some aha moments as you discovered these funny city names! Today we will have aha moments, too, as we discover the truth that we are known by God! Everyone, say, "I am known!" (I am known!) Let's keep going so we can have even more aha moments together!

Transition Script to go into the Intro Video: Repeat after me! "Aha!" (Aha!) "Science!" (Science!) "Show!" (Show!) Put it together and say, "Aha! Science Show!" (Aha! Science Show!) That's the name of the epic lab show we get to watch, so say, "Let's science!" to get our video started in 3-2-1! (Let's science!)

Play Intro Video

What You Say: It was cool to watch Grace and Chase discover that balloons and static electricity can work like a magnet for paper. But the better discovery is knowing that God knows everyone! Point to yourself and say, "Who, me?" (Who, me?) Yes, you! Everyone in this room, everyone in our community, and everyone in the whole world! Say, "God knows everyone!" (God knows everyone!)

Worship

What You Say: I am so excited to worship together this morning! Come on and stand up front with me!

What To Do:

- Turn lights off
- 2-3 songs of worship
- **Teachers and Small Group Leaders worship with the kids, modeling what it looks like to give God our praise. Stand in the front of the room, or next to the kids- but not in the back.**
- Dismiss the kids back to their seats when the songs are over

Bible Story Video

Transition script Teachers please use this to set-up the Bible Story and to encourage the use of Bibles in the classroom with the Kids: (Open the Bible to Mark 5:21-34.) Let's learn from the Bible. The Bible is God's true message to us about Himself. You can have lots of aha moments as you discover the truth about God, yourself, and the world! Today our Bible story is found in the book of Mark, chapter 5. We are going to hear a story about Jesus healing a woman. If you are ready, let me hear you say, "Aha!" (Aha!)

What To Do:

- Play the Bible Story
- When it's over, turn lights back on and ask what the Bible story was about (as well as the questions below), have kids respond, take some answers from the **small group leaders** and share some yours as well, use the script below to help make the connection for the kids.

Questions to consider asking after the video:

- What is something that you learned about God from the video?
- What is something that you learned about people?
- What can you take away from the video?
 - How can you apply the lesson from today into your life?

Making The Connection Script: What a Bible story! The woman had never met Jesus, nor had Jesus met her. When she heard that Jesus was coming, she had an aha moment with Jesus and realized He is the Son of God. When the woman touched Jesus' clothing, she was immediately healed. Even though Jesus had never met the woman, Jesus knew exactly who she was. In fact, He called her "daughter" and told her that her faith in Jesus was what healed her. God knew her because God knows everyone! Say, "God knows everyone!" (God knows everyone!)

Offering

What To Do:

- Play video explaining offering to kids
- Play offering time video while kids pass the bucket
- Ask a student(s) to come up and pray over the offering

Theme Verse Review:

Choose between the Video-Led Theme Verse option or the Host-Led Theme Verse option.

Theme Verse Motions: Humans see what is visible, (Hold one hand above your eyes and move your head, looking from left to right.)

but the LORD sees the heart. (Starting with your hands up facing inward, bring your hands to your heart.)

1 Samuel 16:7b (Hold both hands out like a book.)

Option #1: Put the memory verse slide on the screen.

What You Say: We have a Theme verse that helps us know that we are known by God. Say, “I am known!” (I am known!) Let’s stand up and learn our Theme verse together.

Repeat after me: (Use the motions above.)

Humans see what is visible, (Humans see what is visible,)

but the LORD sees the heart. (but the LORD sees the heart.)

1 Samuel 16:7b (1 Samuel 16:7b)

Good job, everyone! Now, let’s try that again. But this time, I want you to turn and face a friend while you say the verse with the motions.

Humans see what is visible, (Humans see what is visible,)

but the LORD sees the heart. (but the LORD sees the heart.)

1 Samuel 16:7b (1 Samuel 16:7b)

What a good reminder that we see what is on the outside—the visible things—but that God sees our hearts! He knows the heart of everyone everywhere. Repeat after me:

“God knows everyone!” (God knows everyone!)

Option #2: Play Memory verse video

What You Say: We have a Theme verse that helps us know that we are known by God. Say, “I am known!” (I am known!) Let’s learn our Theme verse together.

Play Memory Verse Video

What You Say: What a good reminder that we see what is on the outside—the visible things—but that God sees our hearts! He knows the heart of everyone everywhere. Repeat after me: “God knows everyone!” (God knows everyone!)

Large Group Closing:

What You Say: Everyone, let me hear you say, “Aha!” (Aha!) It is a real aha moment to know that we are known by God! And we know that because God knows everyone! Say, “God knows everyone!” (God knows everyone!) God knows us, loves us, and made the way for us to have a relationship with Him. We can trust and follow Him no matter what. Let’s pray and talk with God in 3-2-1.

Closing Prayer: God, thank You for the truth that we are known and that You love us. In times when we feel lonely, help us to remember that You see us, know us, and love us. You know and love everyone, and You know and love us. Amen.

Transition to Small Group Time: Split the kids into small groups. This can be done either by age, grade, or gender.

Small Group Time:

Option #1: Connection Questions

What You Say: Let’s discuss and discover the truth that God knows us because God knows everyone!

1. When have you learned something new, and what did you learn? (Allow kids to answer, and share your own answer.)
2. When we look at online maps, we see how detailed they are. How can this help you remember that God knows and sees not just every detail but every detail of every person? (Allow kids to answer, and share your own answer. Guide kids to answers that point out how God is in all places at all times, so God knows everyone, and He knows our hearts.)
3. The Bible tells us God knows everyone and that means that we are known by God! Let’s open our Bibles to Mark 5:30-34 and read about it together. (Invite kids to open their Bibles. Read the passage aloud, or invite a kid who volunteers to read the passage aloud. Be sure to have Bibles available for kids who need one. Help kids find the passage so everyone can follow along together.) Jesus told the woman who touched His clothes that her faith healed her. How do you think the woman felt when Jesus stopped to talk to

her? (Allow kids to answer, and share your own answer. Answers may include singled out, scared, embarrassed but relieved that she was healed, and so forth.)

4. Jesus Himself fully healed the woman in our Bible story, and she experienced an incredible miracle. Today we also talked about an even better miracle—the miracle of us being forgiven of our sin. How is being forgiven of our sin an even better miracle than being healed from a disease? (Healing helps us now, but forgiveness means we can have a relationship with God forever.)
5. The Bible tells us that we are known by God. God knowing everyone is one of the best aha moments that we can have. What is something you learned today? Is there anything you have questions about? (Allow kids to answer, and share your own answer.)

Option #2: Flip Map

What To Do: Let's say our Simple Truth together, "I Am Known!" Now, say, "Flip Map"? (Flip Map!) What's a "Flip Map," you say? Well, today we are going to find out! Let's create a flip map of where we live—our homes, our cities, our states, and our world! If you are ready, let me hear you say, "I'm ready!" (I'm ready!)

First, fold your paper with long sides together. Then, fold it again with short sides together. Now, unfold your paper to reveal four rectangle sections of your paper. I want you to draw four circles on your construction paper, one in each rectangle. Make one small-size circle, one medium-size circle, one large-size circle, and one extra large-size circle. (Allow time for kids to draw circles.)

Next, we will get started on drawing things in those circles! In our small circles, let's draw a picture of our home, and write My Home inside the circle. (Allow time.)

Then in our medium-size circle, let's draw a picture of our city, and write My City inside the circle. (Allow time.)

In the large-size circle, let's draw an outline picture of our state, and write—you guessed it!—My State inside the circle. (Allow time.)

Last, in our extra large-size circle, draw a picture of earth, and write My World inside the circle. (Allow time for kids to finish.)

Finally, cut out each circle. Let's punch a hole through the top of all the circles, and then tie them together with a piece of yarn. Now you have your very own "Flip Map" to share with others!

Leader Tip: Allow kids to write out and color specific places to add detail to their homes, cities, states, or the world. Use this time as a time for encouragement as they decorate their maps. Precut circles beforehand to save time.

Loud And Clear: Great job making your flip maps! Do you ever stop to think about just how many people are in the world? That just makes our “Aha” truth that God knows us even more special. God is good, and He loves us so much!

Option #3: Activity Page

What To Do: This activity page helps us remember some big things we have learned about today. As you color and work on activities, talk to a friend about some of your favorite parts of our time together.

Leader Tip: Use this time to get to know the kids better. Ask them what they remember about the Bible story, or remind them of when Jesus was surrounded by a large crowd, He still noticed the woman who touched His coat. Be reminded today that God knows everyone. We are known by God, so we never need to worry if we are alone.

Loud And Clear: It is incredible to see and know that we are seen and known by God. No matter who we are, God knows everyone, and He loves us so much! Whenever you feel lost, alone, or misunderstood, know that God sees you, knows you, and loves you.

Close out in prayer:

What To Do:

- Ask for any specific prayer requests
- Pray with the group
- Lead the group in the prayer below.

What You Say: God, thank You for this time today! We love hearing from the Bible, and we have loved learning that You know everyone! Thank You for seeing us, knowing us, and loving us. Help us remember the truth that we are fully known by You. Amen.

Dismissal:

Community Big Kids

Leader Tip: Work with your team to dismiss the kids in a fun, manageable, and safe way. As kids leave, make sure they have all of the crafts and papers. Share with the person picking them up something positive you observed today. Invite them back next week.